

A Message from our Pre-Highs

Dear Kinma Community,

We (pre-highs) know that we are all blessed with a warm house, food and a wonderful family, but there are some without.

This term we have decided we want to help youth on the street of the Northern Beaches so they can possibly have it a little bit easier. We are going to hijack the tinkering day in November to create gifts like bags, cards, cookies, ginger bread and friendship bands and anything else we can think.

However, we need your help!!!!

There are 108 families at Kinma. There are 6 weeks till the Kinma gratitude celebrations (3.12.16) so we are hoping that together we may be able to get a whole lot more.

Things that we think young teenagers doing it tough may want:

- Deodorants
- Wipes
- Make up
- Hair brush / comb
- Opal cards
- Movie tickets
- Books
- Tooth brush
- Toothpaste
- Sun screen
- Hand balls
- Gift vouchers
- Insect repellent
- Stationery – nice pencils and paper

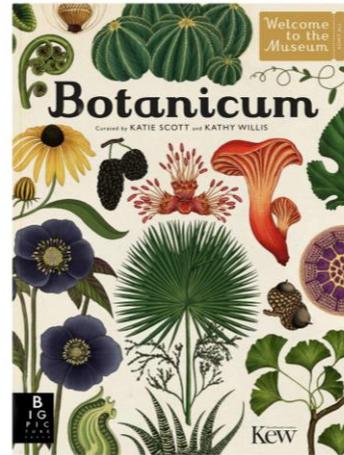
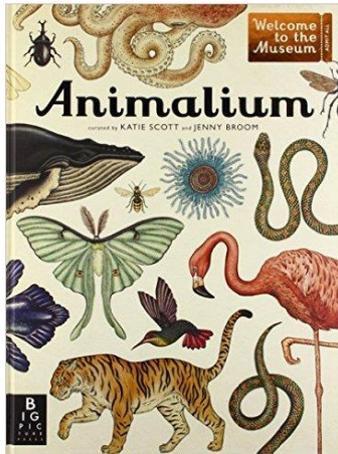
We think that it may be possible to get lots of these things if you would help. We will be talking with the other kids and seeing if they can offer to do extra work around the house so you could buy one thing extra each time you go shopping. From next week we will place some graphs around to see what we need and mark off as we receive them.

Donations can be dropped off to group 3 classroom, the Office and Preschool.

Thanks

Pre-highs Mia, Maia, Kade and Dan





Group 1 Overview Term 4, 2016

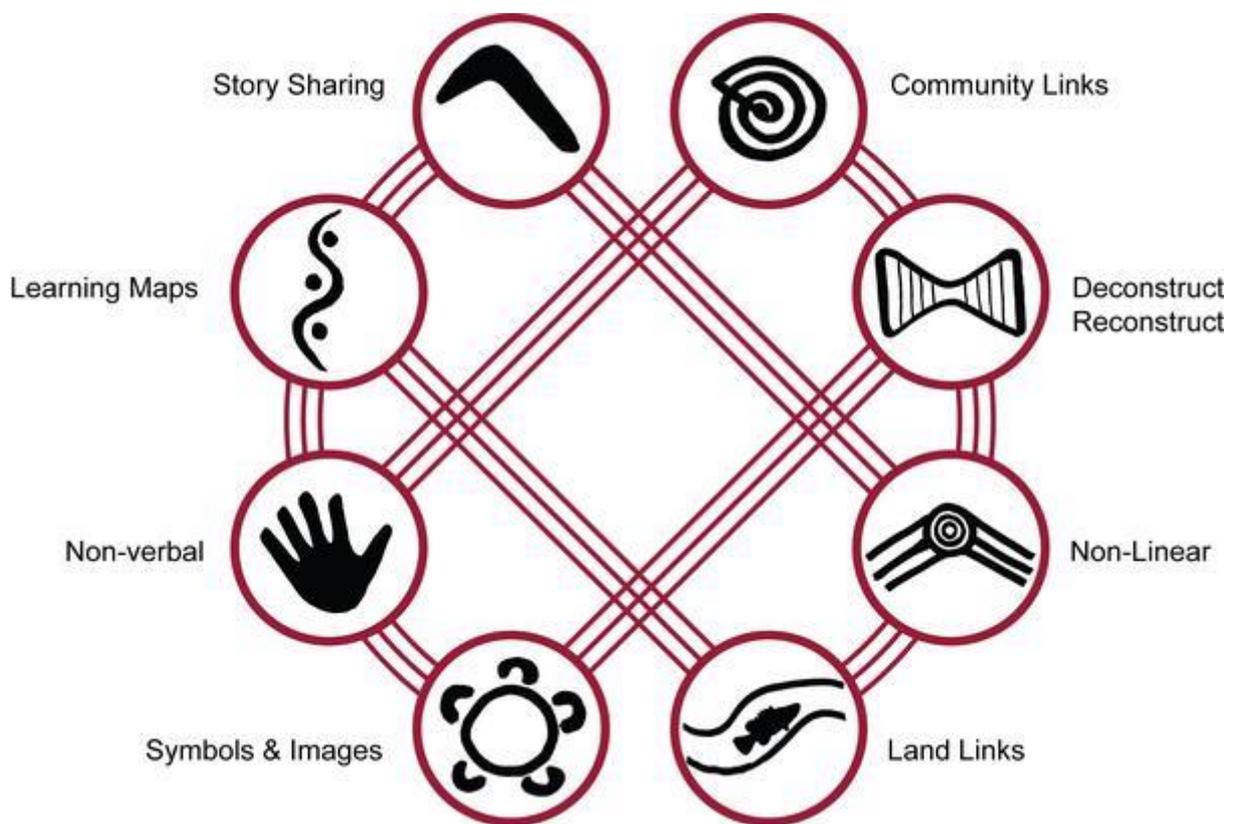
Welcome back to Term 4 (How on earth are we writing these words already?!) We hope you had a joyful break and are ready for adventures anew.

Towards the end of Term 3, we gathered as a class and reflected on our 'Making Shed' time and also began to look forward, thinking of where our learning might go next. There was a plethora of ideas including: potions, science, woodwork, penguins, nature, chess, exchange game, stories, animals, making a 'vets' and more.

This got us thinking. We may be able to interweave these ideas into an animal/nature theme linking to science.

To ignite the term, we have invited the NSW Fire Service in to inform the children of fire safety such as: prevention of fire, what to do in the event of a fire and bushfire safety. Linked to this we will learn the 'Natalie' poem (<http://www.fire.nsw.gov.au/page.php?id=681>) and write a collaborative descriptive poem using personification.

We are delighted to have an elder of this land, Dennis, joining Group 1 during week 3 to tell us a creation story linked to the land. We will explore links to science in this (how do our observations of nature inform us about the world) and we will collaboratively create a retelling of the story through illustrations and words. Where possible, we will link to the Talk4writing model of storytelling and the Aboriginal 8 ways of Learning:



We plan to explore the beautiful bush that we have on our doorstep by going on long walks. Using the 'Botanicum' book and some of our families' knowhow we hope to investigate the trees and flowers of our 'backyard', taking surveys of the land to count and compare different species. What does this tell us? How would indigenous people use this information?

Depending on the path our pickles take, we may design a National Park looking at area, perimeter and considering our wildlife.

In other news:

*Transition visits will begin in week 6(ish) More info to follow.

* Swimming starts on Tuesday of week 2 and runs for 6 weeks. A few points to note:

- The children will be walking in the heat- please ensure that they have a hat and shoes and that shirts cover their shoulders.
- Swimmers (no bikinis please), towel, goggles and swimming hat in a separate bag to main school bag as this is easier to carry.
- We are not allowed on the Swim Schools play equipment.
- We ask that after swim treats are bought and eaten elsewhere so as to avoid feelings of jealousy and to avoid 'pester power' down the line.

*Hats! Please everyday a hat!

*Please help us to get the most out of our day with your child by being here before or by 9am and also to collect your child at 3pm. Staff use the time thereafter to dialogue, download all of the day's observations and reflections and plan tomorrow!

*Sculptures by the Sea excursion - Monday 31st October

*Tinkering is Friday 28th Oct (Week 3), please join us to lead or help with a pod, let Juli G know if you can.

*Farewell for our Pre-highs is Friday 16th. This is a wonderful day; a shared lunch and the ritual farewell following. Please join us from midday.



Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 73 children in the Primary and 26 in Preschool, approx. 10 adults on Wednesdays.

We have 21 gluten-free, 17 dairy-free children, and 12 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 4 Snack Attack.

PLEASE REMEMBER – We do not use nuts or nut products anywhere at Kinma.

Oct 26	Gemma, Lisa and Karthi
Nov 2	Elisha and Nic
Nov 9	Alix, Katerina and Tan
Nov 16	
Nov 23	Rachel, Sally M, & 1 helper needed
Nov 30	Preschool
Dec 7	
Dec 14	

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Extras

Davidson

HIGH SCHOOL

You are cordially invited to

Meet our Principal

Ms Jann Pattinson
on **Friday 18th November**
at **9.15am**
in the Jan Jones Room.

Following a Q&A session, school
tours will be run.

To secure your place at this event, please go
to www.schoolinterviews.com.au and enter
the code hgqu9

Mimosa Street, Frenchs Forest
Phone: 9451 0022
www.davidson-h.schools.nsw.edu.au



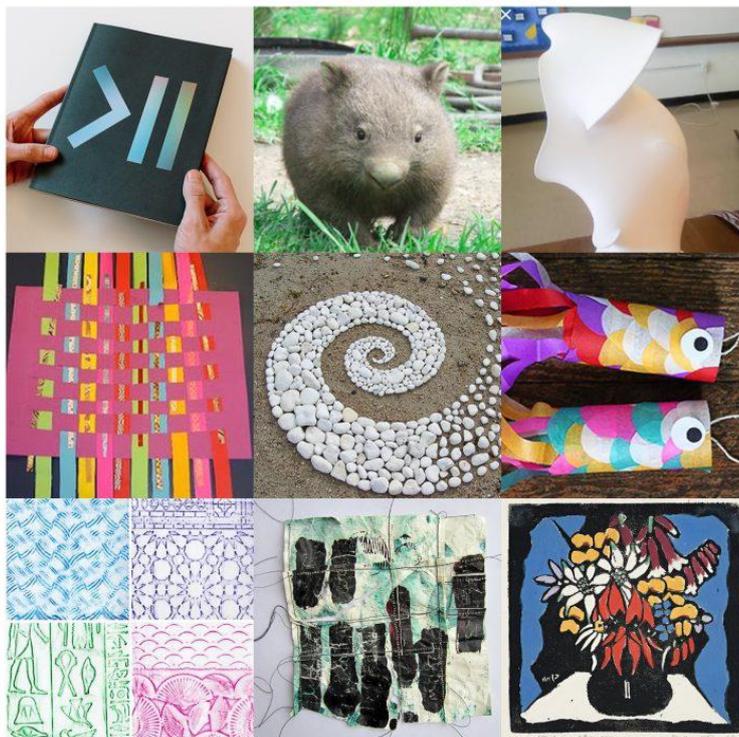


JANUARY SCHOOL HOLIDAY PROGRAM 2017

To Mums, Dads and Carers: help over the holidays is near :]
 SYDNEY ART SPACE will be offering a fabulous school holiday art program in January covering workshops in painting, drawing, collage, printing, stitching, illustration, clay handbuilding, ephemeral sculptures, 3D sculpting, origami, jewellery making and photography!! Stay tuned and go to our website 6 weeks before Term 4 finishes to see what is on during January.

www.sydneyartspace.com info@sydneyartspace.com

Bookings essential 0402 532 957



parenting Programs Child & Adolescent Parenting

WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (2/11 -30/11, 7.00-9.30pm)

Triple P (Positive Parenting Program) Seminars (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children
Chatswood (21/11, 28/11 & 5/12, 7.00 - 9.00pm)

Communicating with Kids Workshop (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.
Chatswood (24/11, 7.00-9.30pm)

Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (1/11 - 29/11, 7.00-9.30pm), Brookvale 5 wks (2/11 - 30/11, 6.30-9.00pm)

Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood (3/11, 10/11 & 17/11), 3 wks/2.5hrs each, 7.00-9.30pm)

Helping Your 3-6 Year Old Child with Anxiety

Series of 2 workshops for parents to assist with young children showing signs of anxiety
Chatswood 24/10 & 7/11 (2.5hrs each, 7.00-9.30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (26/10, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (25/10, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 8877 5152 (2-2.5 hours)

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| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School |
| ★ Tucker without Tantrums/Toilet Training | ★ Transition to High School |
| ★ Speech & Language Development/Sleep | ★ Triple P Seminar Series 1-12 yrs & Teens |
| ★ Older Sibling - New Baby | ★ Communicating with Kids |
| ★ Dealing with Teen's Back Chat | ★ Grand Parenting |
| ★ Resilient Kids | |

Enquiries: Child & Adolescent Parenting 8877 5152
www.nslhd.health.nsw.gov.au/services/CAP