



## Term Dates 2019

Term 1: Thu 31 Jan – Fri 12 April

Term 2: Wed 1 May - Fri 5 July

Term 3: Wed 31 July – Fri 27 Sep

Term 4: Tues 15 Oct – Wed 18 Dec

## Term 1

Date	Time	What's On
<b>This week</b>		
Sat 2 March	10am – 1pm	Community Day
<b>Next week</b>		
Tues 5 Mar	2.15pm	Swimming for Groups 1 & 4, pick up 3pm
Wed 6 Mar	9.30am	Open Morning – all welcome
Thu 7 Mar	2.15pm	Swimming for Groups 2 & 3, pick up 3pm
<b>Week 7 onwards</b>		
Tues 12 Mar	2.15pm	Swimming for Groups 1 & 4, pick up 3pm
Wed 13 Mar	AM	Bushlink
Thu 14 Mar	2.15pm	Swimming for Groups 2 & 3, pick up 3pm
Tues 19 Mar	2.15pm	Swimming for Groups 1 & 4, pick up 3pm
Wed 20- Fri 22 Mar		Primary Camp - Yurt Farm
Tues 26 Mar	2.15pm	Last swimming Groups 1 & 4
Wed 27 Mar	Am	Preschool Morning Tea
Thu 28 Apr	2.15pm	Last swimming Groups 2&3
Tues 2 Apr	TBA	Tinkering
Tues 2 Apr	PM	Preschool Alumni Afternoon Tea
Fri 12 Apr	PM	Poetry Festival



**If you value the Kinma community** don't miss this opportunity to come together to strengthen our school through looking forward together and finding ways to contribute to our success.

**Preschool is open for children over 3 years old.**

## Tomorrow, Saturday March 2, 10am – 1pm

Want to know more about Kinma? Community day provides an opportunity to come together and take a peek under the hood. Our morning together will include:

- The board sharing our vision and new strategic direction with the community.
- Our Educational Leader, Fran talking about educational directions.
- A panel discussion with Kinma parents.
- Loads of opportunities to discuss your ideas and see how they fit into the plan for 2019 and beyond.
- Lunch will be provided, and preschool will be open for children to play.

*Proudly brought to you by the Kinma Board*

# Admin

## Ratings and Assessment at Preschool

Well the day was set for Term 3 2018. Staff and families worked through the holidays to remove, repair, clean, re-organise, relabel, the world of Kinma Preschool. We also reviewed our policies, purchased new folders, printed everything twice over!

The day booked was unfortunately postponed! Agh! (???!!!). Term 4, when will it happen? Do we need to keep all the towels in a neat row every day?

Term 4 vacation ... off we go, no assessment.

Term 1 2019 and we are given a date for the assessment visit. Great, we needed to know. We receive five day's notice – we are in good order as it is the beginning of the school year. Staff give up their weekend and stay much later during the coming week to make sure as much as we can offer on display is ready.

Our officer comes at 8.30am – a senior professional in the field of early childhood education. The inspector is interested, and spends the vast majority of time observing the daily interaction between students, family, staff and the environment. Some questions are posed to staff during this time.

After lunch the inspector, along with Kay joins Julie C in the office to tick more formal administrative boxes (child protection, qualifications, policy documents). Julie C does not swear, not even once.

The inspector joins the Preschool team for reflection and comes back to admin to finish off any other bits and pieces.

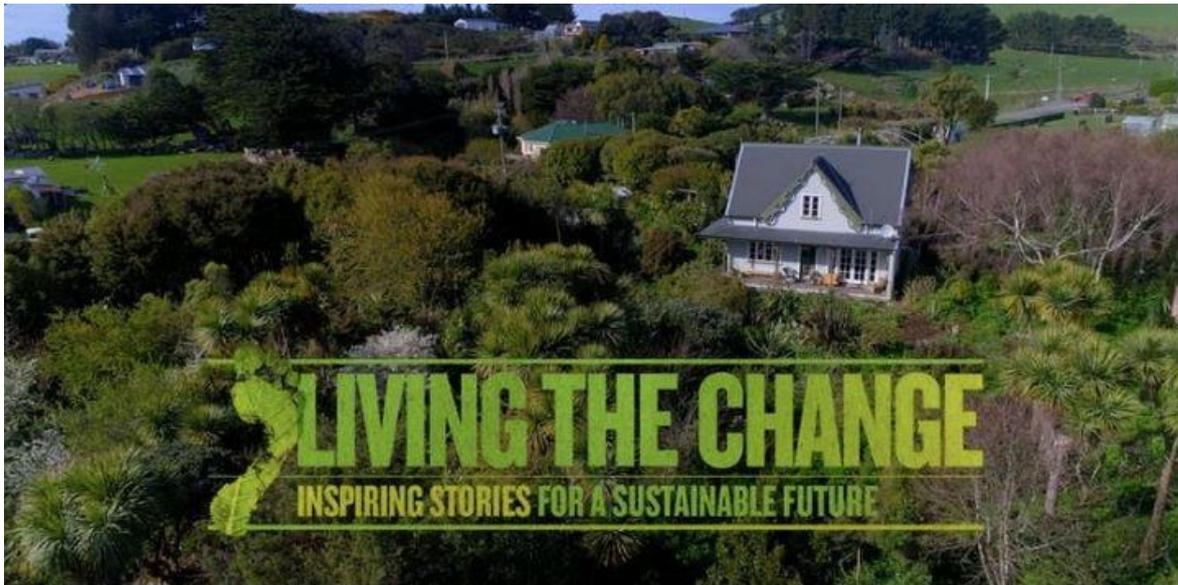
6.30pm the inspector leaves, tired but comfortable that she has all the information that is required to undertake the next step in the assessment process.

Staff debrief.

Julie C and Kay gently unfold the day with the staff, continually giving heartfelt feedback. Some giggles and a bit of swearing.

**NOW THE IMPORANT PIECE** – Julie C states very clearly to the staff that we have no concerns about if we achieve a 'meeting' or 'exceeding' rating. These assessments classify you into a number of categories. They also publish these ratings on a website comparing centres against each other. We do not support competition. If we meet the standard that the government identifies by visiting for one day in 1,825 days, we have ticked that box.

Again, Julie C reiterates that there is no issue that we received exceeding 5 years earlier. We, our community and the external education community (TAFE and UNI's) are proud of what we practice. We do not do competition, within our School, so we do not need to worry about competing elsewhere.



## FUND RAISING, THOUGHT PROVOKING, DELICIOUS NOURISHMENT ALL IN ONE EVENING

What a gentle evening was had last Saturday at Kinma. A group of like- minded and inquisitive adults came to share some wonderful Indian supper (made by our own Karthi Sirviajian), watch a thought provoking screening, and my favourite, listen to three amazing humans supporting the world, one day at a time.

Katika Funnell (mother of Tasman) suggested the idea as a fundraiser for the Primary kitchen, organised the advertising, set up the hall, engaged Karthi's new venture to sponsor the meal, cleaned and locked the doors at the end of the night.

Katika handed over \$1,420.00 to go towards the kitchen refurbishment. T H A N K Y O U.



Wisdom from 4 gentle unassuming ex- families of Kinma. **Geraldene** and her daughter spoke about learning through indigenous, all things are possible. Local government are ripe for change – as she discusses environment with them.

**Pete** Rutherford agrees that the world is at a difficult time. However, he was clear to say that the makeup of the land, air and sea will survive and regenerate. But, humans may not. Start with small - compost, grow seedlings on your window sill and appreciate the earth we walk on.

Write, write and write again to your local governments.

Conny Harris spoke about the increasing number of Mental Health issues she sees as a general practitioner. Nature has healing properties, we need to nurture not destroy it.

Julie, Claire, Carin and Narelle

# School Buses

Hello Kinma families.

Last year we tried to persuade Forest Coaches to provide some more school buses to Kinma, with little success.

I'm planning to give it another go this year and need to hear updates from the community regarding interest.

This is for families travelling in the **south-north direction along Forest Way (and further)**. Those of you who travel that way and are interested in the school bus, please check the options below and consider whether or not you would use any of the services, and get back to me.

The current school bus services in Kinma are listed here:

<https://forestcoachlines.com.au/school-runs/school/kinma-school/>

but the 268 service at 3.40pm does not exist; the students have to take the 3.15 bus to go to the NBCS where they need to change (and wait). I personally think that they should remove this option from the website as it is misleading (now it looks like they provide a direct connection from Kinma to Chatswood, which is not true).

To check all the school bus options, go to <https://transportnsw.info/trip#/> and under Options - Modes of transport select 'School bus' only.

## MORNING

There is a morning bus from Belrose that some of the families use regularly:

**143 from Blackbutts Rd, Belrose** (leaving at 8.05)

Other morning connections that might possibly be rerouted are not many, in fact it looks like the only other option is the Mosman bus

**110 Mosman to Sydney Japanese International School**, but it leaves Mosman quite early (7.21am) and arrives to Myoora Rd before Aumuna Rd, Terrey Hills at 08:04 already. Please let me know if you are interested in rerouting this connection to Kinma (it would arrive around 08.06am I think)

## AFTERNOON

The afternoon options are better, although late.

**268** is listed as a connection from **Kinma to Chatswood at 3.40pm leaving from Kinma**; in reality it starts at NBCS at 3.50pm and does not come to Kinma at all. From NBCS it goes on Booralie Rd and then onto Mona Vale Rd. To me, the easiest way would be to ask Forest Coaches to provide the connection that they claim at their website, so that they would start the bus in Kinma at/around 3.40pm (it would be empty so Kinma children could get a seat before it fills with the teenagers), it would then continue to NBCS and then its usual route. It goes through Belrose and Glen St. Please have a look at the route and let me know if you are interested in this.

**265 Japanese school to Neutral Bay** is at Myoora Rd after Aumuna Rd, Terrey Hills at 3.42 pm (so if rerouted, it could be in Kinma around 3.40 - 3.50pm?)

**275 Japanese school to Chatswood** is at Myoora Rd after Aumuna Rd, Terrey Hills at 3.52pm

**288 Japanese school to Cammeray** is at Myoora Rd after Aumuna Rd, Terrey Hills at 3.55pm

None of the three (265, 275 and 288) go to Belrose shops though.

I think that the best chance we have is at connections that would be most used.

If you are interested in any of the above, please send the following details to [sonahuberova@yahoo.com](mailto:sonahuberova@yahoo.com) **before Friday 1<sup>st</sup> March.**

- names of the children
- your name, email and phone number
- approximate frequency of travel per week
- your suburb
- where would your children be getting on / off (other than the Kinma end)

Families with interest will be ask to send the submission on their own too to help build up the pressure (submission text will be provided).

Thanks,

Sona Huberova  
(Teo and Nina's mum)

# Preschool



A couple of house keeping things before we enter into what has been going at Kinma Preschool over the past fortnight.... If you have any thick feathers that you are willing to part with, please bring them in and give them to Nina.

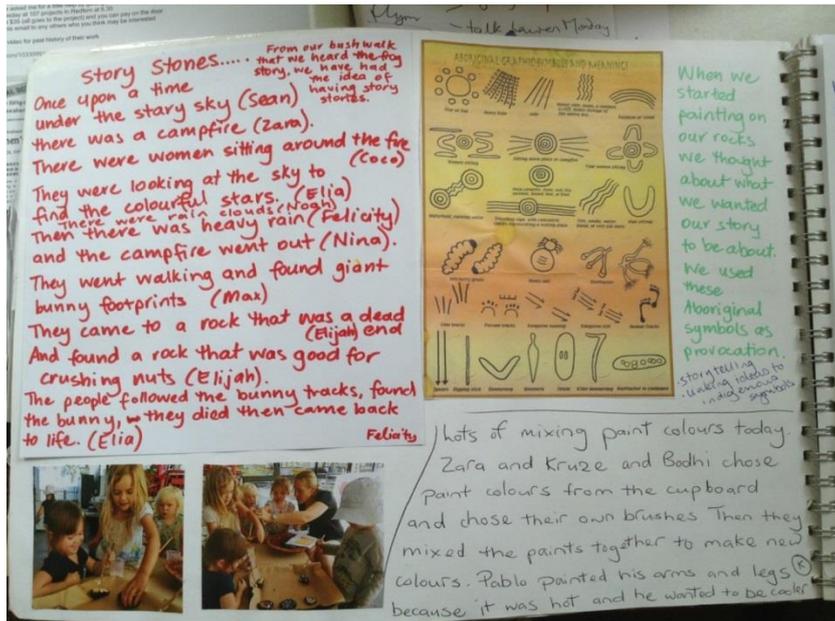


If you have any loose wood of various sizes which is untreated and soft please bring it in for our wood work area.

Welcome to some more new children and their families.



## Story Stones and Indigenous Dancing



The other day we painted story stones as part of our ongoing theme about stories. As the children painted their stones they chose what it represented and we created a progressive story. We used Aboriginal symbols as provocations for our stones, some people used these symbols and others chose their own. Above is the story that we made up which is in the floor book. We will continue to use these stones and other symbols to write stories as well as extending on our creative storytelling.



Towards the end of the day Christine invited the children to make a design for their face paint and to write their names on a waiting list. They had been doing face painting for the past couple of weeks and they continued this day.

Coco, Holly, Nina, Bodhi and Yvie, wanted to be a unicorns.



Flynn and Jeal wanted to be snakes. Flynn also didn't get a turn so it will be on offer next week again. Max and Elijah chose to be Aboriginals. They told Christine what kind of stripes they wanted on their faces and their arms. Max: 'I only want black and white'. Sean: 'You are a Zebra, that's black and white'. Sean: 'I can't have face paint, can I have nail polish?' (Christine promised him a nail painting session and natural face paint soon.)

When the friends walked away from the table Max said: 'I wanna do Aboriginal dancing now.' That is what happened in group time to finish off the day. Felicity played indigenous music and the children, made up stories, danced and moved to the music. They had already found musical instruments that we added to.... For example tapping sticks and rain sticks.

A crowd gathered and we talked about the sound of the didgeridoos and pretended to play while dancing. At the end of the songs we came back to the centre which was our pretend campfire. When the music started again, we went hunting for the giant bunny tracks (which related to the story stone story earlier in the day). Another time we moved like birds and we hunted the (soft toy) crocodile and speared it to eat later.

There was a lot of interest in the didgeridoo sounds, we would like to invite someone to come and play for us.

Also following on from the children's interest in sensory play, mixing 'potions' and decorating their bodies Christine looked for a recipe to make face paint.

Here is the recipe:

- 1 tbs of sorbolene cream
- 2 tbs of cornflour
- 1 tbs of water
- Turmeric for colour
- Lavender to make it smell nice

Thursday: Stanley, Mila, Ivy, Elijah and Pablo each had their own container and spoon and mixed their own portion. Pablo was happy to share his with Elia. Yvie and Gretel would like to have a go next time.

Ivy and Mila were cats. Elijah: 'You need whiskers'. Stanley was a cheetah and Pablo became pikachu again. Elia: 'I am a zebra not a leopard.' Mila didn't like the smell!



From these face painting experiences the children have been exploring, feeling, measuring, leading, being messy, counting, initiating, including, being part of a small group, pretending, extending, dancing and movement, imaginary games, being patient, and having fun...



During Yoga the group explored Yoga stories. At the beginning of the session Luca demonstrated butterfly pose, Sean demonstrated 3 legged dog and Mila did a lunge. We then did "Dance for the Sun" by Kira Whiley which is a song that guides us through Sun Salutations. Aliya, Bowie, Chilli, Aidan, Noah, Luca, Sean, Lilas, Mila, Elia and Bodhi all joined in.

## Yoga Stories

Lizzie did a yoga story (as part of the ongoing story theme in a different context). We used 'Hairy Maclary from Donaldson's Dairy' where each dog from the book had a different yoga pose. Lizzie wondered if the children will remember them all next time. For relaxation, the children were rolled up as Yoga Sushi, where the children were invited to be rolled up in their mats while they listened to a Sarvasana Song and some fairy dust was sprinkled and a magic mist was sprayed. The children finished with a sense of calm which is so good for their emotional regulation not to mention their coordination.



Thanks for reading, we hope you have a great week.

From Felicity, Christine, Lizzie, Kay, Nina and Pat.

# Andy's Group

While the rest of the school is locked into a debate over the naming of classes, our little group have come to be known as Andy's Group. Whilst this will change when we find the perfect name, we feel that our little family culture is growing.

The children have been settling in nicely and are starting to explore the school grounds. Through pairing up with older children in buddy reading or from walking through each classroom as we add to our family tree, we are getting to know lots of faces and names. Our first attempt at the Kinma Family Tree turned out a little hard to see, so stay tuned for our next attempt!

In the classroom we have been learning lots of songs including the 'Cucumber' song and 'Maggalena Haggalena'. The children have loved having Music on a Friday, when Holly comes in and introduces them to new instruments and songs. There is nothing quite like the sound of children dancing and screaming with delight to the sound of Chopin!



It has been so nice to see so many parents joining us on Monday and Friday for book boxes. Please don't feel bad if you are unable to make it as the teachers and other parents generally scoop up multiple children for a story.

We have been looking at shapes and number in maths and the children are enjoying the game Magic Trees. Played with two dice (one for adding, the other for taking away) they start with 3 interlocking cubes and add the first number before rolling again and taking away. After a few rounds they pair up, joining their cubes until the whole class has built one big tree. Many enjoy counting up the cubes as they stretch across the classroom.





In looking at 2D shapes we are aiming to attain the many different attributes that they share. Whether it's how many sides, length, colour or width, they try to group them in different ways. This extends to the shapes of our bodies and how we are all a little different but very much the same. Together with Fran the children drew the outlines of their own body and chatted about similarities and differences. Recently we looked at what kinds of food are good for our bodies and what kind of foods are 'sometimes' foods. The list was extensive with lots of different opinions about what is yummy and what is not. This led to some great discussions about friendships and how we can all think different things and still be good friends.

Yoga has been a barrel of laughs and the children love to have Lizzie in on Mondays and Fridays. Who knew you could do Yoga to the story of Hairy Maclary!



Recently we have been getting phone calls and a video message from the Prime Minister, revealing that a letter from the alphabet has been lost. The class has limited time to identify all the things that start with said letter. First we brainstorm, creating a poster of all the things we can think of, and then we head out and draw each one in chalk. If we don't draw everything we can think of they might be lost forever! The children now have their own Letter detective license with their very own detective name.

Enjoy 😊

# Extras

## Basketball at NBISC

### Aussie Hoops

Primary school trainings for 5-10 years On Sundays 9.30-10.30am at NBISC  
Starts Feb 10<sup>th</sup> with super skills coach Jerome Lee sign up for the eight week program at:

[https://www.aussiehoops.com.au/aussie-hoops-locator/?r=13&sr=40&type=3&exact=1&search\\_value=2101](https://www.aussiehoops.com.au/aussie-hoops-locator/?r=13&sr=40&type=3&exact=1&search_value=2101)

### Pink Ball (or could be red ball, blue ball, orange ball)

Great training program for girls aged 7-12 1.30-2.30pm Saturdays at NBISC Starts Saturday 9<sup>th</sup> February to 6<sup>th</sup> April

\$100 includes a pink basketball Female coaches to book

<https://www.trybooking.com/book/sessions?eid=448543>

### Saturday Skills

Every Saturday during school term starts this Saturday 9<sup>th</sup> February

1.30-2.30pm 7's and under 2.30-3.30pm Northern Beaches Indoor Sport Centre, Warriewood.

8's and over no booking required \$12 a session

### Potter League

Primary school basketball competition

On Tuesdays 4-6pm for ages school years 1-4 and

Saturdays 2.30-5pm for years 3-6 girls and years 3-6 boys

Individual entry and team entry.

<https://www.trybooking.com/book/sessions?eid=451744>

Alongside becoming proprietors of our own islands, we have been practicing our first aid skills. We now know what to do in case of burns, snake bites, bleeding and fractures. We even surveyed and graphed data from the kids (and teachers!) in the other groups to find out which first aid scenarios have happened to them. We've also been sharpening our skills in applying bandages. We are now skilled in applying first aid to sprains, broken arms and broken collarbones.

# Walking Basketball

## AGES 40 AND OVER



Walking Basketball is a low impact, social and fun way to improve the levels of physical activity for inactive and slightly active 40 and older player, including those recovering from injury.

The program provides optimal health benefits to all who participate, including those who might be intimidated by the pace and impact of a traditional basketball game but love the slower more social version of Walking Basketball.

*Mondays 27th Feb to 8th April, 10:30-11:30 @NBISC  
\$95 for 7 weeks or \$15 per week (pay on the day)  
To register your interest go to:  
<https://www.trubooking.com/BASSL>*

We are introducing walking basketball on Mondays at NBISC 10.30-11.30am from Monday 25th February, runs until April 8<sup>th</sup>.

Either \$15 a visit or \$95 for a seven week course

Please spread the word to those who you think might be interested.

Yours In Sport,  
Brad Dalton

# BECOME A HOST FAMILY IN JULY 2019!



REQUEST A FREE INFO PACK / SMS 'HOST' to 0428 246 633



## HOSTING AT A GLANCE:

- Hosting is voluntary
- You choose your student
- Students attend high school full time
- 24/7 support provided
- Host families come from all over the state
- Students come from all over the world and stay for a short term (8-10 weeks), a semester or a year.

## HEAR FROM A HOST MUM

*"Hosting has been one of the most rewarding and exciting experiences for our family. Romane, our student, was definitely one of the most kind and pleasant people we have met and right from the start was a perfect fit for our family. Being able to share this experience has had a positive effect on all of my young children."*

Host mum, Candice.

## CAMILLA (16) ITALY

Ciao!

The list of activities I like to do in my free time is long, so I am never bored! Singing is my biggest passion and I hope to become a singer one day. I love reading. I also really enjoy photography. When it comes to sport, swimming and basketball are on top of my list! Thank you if you are going to choose me, I promise I'll be a perfect "daughter"!



MORE PROFILES: [WEP.ORG.AU/HOST](http://WEP.ORG.AU/HOST)

[WEP.ORG.AU/HOST](http://WEP.ORG.AU/HOST) / 1300 884 733 / [INFO@WEP.ORG.AU](mailto:INFO@WEP.ORG.AU)



# SUPPORT INFORMATION EVENING FOR PARENTS OF TEENS

Come discover a wide range of programs and agencies who offer direct support to parents.

Sign up for workshops, ask questions of our panel, and learn more about supporting your young person with:

- ★ Mental health
- ★ Flexible education
- ★ Drugs and alcohol,
- ★ Youth services
- ★ Legal advice
- ★ Parenting skills and more.

**Mosman Art Gallery:**  
1 Art Gallery Way, Mosman, 2088

**28 Feb 2019**

**6:30pm - 8:30pm** Rego from 6:00pm



✉ Enquiries: [admin@phoenixhouse.org.au](mailto:admin@phoenixhouse.org.au)

☎ Enquiries: 9437 0077

📅 Bookings: **Eventbrite** click on link  
<https://bit.ly/2S4HgCx>



**LOWER NORTH SHORE YOUTH INTERAGENCY**



Services and organisations that will be present:

Youth Services from Lane Cove, Mosman, North Sydney and Willoughby Councils. Family Referral Services, headspace, Catholic Care, Phoenix House, Taldumande Youth Services, Parramatta Mission, Northern Sydney Local Health District, Mind Talk Counselling, Mission Australia, Bradfield Senior College plus more to be announced.

- ★ 6:00PM REGISTRATION
  - ★ 6:30PM WELCOME & INTRO
  - ★ 6:45PM ROUND ROBIN TABLES
  - ★ 7:30PM Q&A PANEL
  - ★ 8:00PM SERVICES MEET AND GREET
- REFRESHMENTS  
COUNSELLORS
- DISCUSSION OF TOPICS  
HAVE YOUR QUESTIONS ANSWERED  
MEET THE VARIOUS SERVICES AND FIND OUT MORE OF WHAT THEY OFFER



**Mosman Art Gallery**  
1 Art Gallery Way,  
Mosman, 2088



★ **GOOGLE MAP LINK** ★

**LOWER NORTH SHORE YOUTH INTERAGENCY**



# Crystal workshops at Kinma School, Terrey Hills

Tue 16 Apr 2019: 9.30am-12.30pm: 6 to 8 years

1.30pm-4.30pm: 9 to 12 years

Wed 17 Apr 2019: 9.30am-12.30pm: 9 to 12 years

1.30pm-4.30pm: 13 to 16 years

Crystal healer Shelley McConaghy provides an opportunity to share our love of crystals, explore their magic, experience a crystal meditation, learn about crystal formations, plus cleansing and programming crystals.

Crystals available to purchase afterwards.

FREE  
GIFTS!

**Book \$40 tickets at:**  
[www.divinebalance.com.au/workshops](http://www.divinebalance.com.au/workshops)



0412 91 91 36 | [shelley@divinebalance.com.au](mailto:shelley@divinebalance.com.au)

[www.divinebalance.com.au](http://www.divinebalance.com.au) | PO Box 109, Frenchs Forest NSW 2086