

Term Dates 2019

Term 1: Thu 31 Jan - Fri 12 April

Term 2: Wed 1 May - Fri 5 July

Term 3: Wed 31 July – Fri 27 Sep

Term 4: Tues 15 Oct – Wed 18 Dec

Term 1

Date	Time	What's On
Next week		
Tues 2 Apr	9.30-10.45am 11.15am-12.45pm	Tinkering 1 st session Tinkering middle session
Tues 2 Apr	pm	Preschool Alumni Afternoon Tea
Week 10 onwards		
Fri 12 Apr	12.30pm-3pm	Poetry Festival 12.30pm BYO picnic lunch 1.15pm seated in hall for 1.30pm start
BEYOND TERM !		
Fri 10 May	2.00 – 4.00pm	Kinma Bazaar (helpers needed please)
Tues 13 May	7pm	AGM
Sun 26 May	10.00am – 1.00pm	Kinma Maintenance Day
Thur 23 May	9.30am	Open Mornings (helpers needed please)
Sat 15 June	Afternoon, TBA	Bush Dance (helpers needed please)
Sat 7 September	Pm	Trivia Night Fundraiser (helpers needed please)



A huge **THANK YOU** to all the staff and parents who helped make the Yurt Farm camp such a fun and successful experience for all our Primary students.

We've thanked Mike and Judit on everyone's behalf. In reply, this came from Judit:

"I just had an epiphany, been wondering why children kept asking me why Nina the horse got whipped and how that story would come about. Then I just realised she has horizontal line marks on her bum because she has been itching her butt by rubbing on the wires and the penny dropped. I would like to clear that up as I would hate to think that anybody imagines horses get whipped here!"

Mystery solved!



Yurt Farm



Tinkering

Tinkering is just around the corner... next Tuesday 2nd April!

Calling all helpers who can spare a couple of hours to come and explore, discover, make and play with the Kinma kids next Tuesday 2nd April.

We need builders and crafters, bouncers and rafters, something mechanical and something unexplainable!

All have a place on the Tinkering program and we would love to have you here in one of our sessions.

We aim to weave a theme of sustainability through our Tinkering program, so particularly with crafty and creative activities please think to reuse and recycle resources where possible. We are often very kindly gifted boxes of treasures (beads, fabric, embellishments, nice cardboard etc.) that are no longer needed by others. Please let me know if you need something along these lines and we will try our best to rustle something up.

Please contact Bea beatrice@kinma.nsw.edu.au with the idea for your pod and your preferred time.

The options are:

Session 1: 9.30-10.45am

Session 2: 11.15am-12.45pm

Thanks

Bea



Board

Community Day Follow Up - Environment/Sustainability Group

Would you like to come along and be a part of a group who are looking at Kinma environment and practices? At our Community Day one of the core areas that we looked at was the environment.

On behalf of the Board I have offered to co-ordinate some dialogue sessions, the first one is **next Friday 5th April** at 3.15pm, outside the Primary kitchen.

If by chance this time doesn't work for you please let me know by email (sonahuberova@yahoo.com), as we may be able to organise some evening sessions as well.

We look forward to seeing you there.

Sona

Kinma Board Member

Admin

AGM

This will take place on Tuesday 14th May at 7pm in the hall. Nominations for Parent Directors of the Board of Kinma Limited are due in by 1st April 2019.

SCHOOL FEES

School fees are now outstanding. If you have forgotten, please drop in to office or direct debit this week please.

SNACK ATTACK

When you find a quiet moment over the weekend could you ask your children to see if they are paying for Snack Attack? We also have a few IOU's, if this is for your family could you please come and pay in the office.

POETRY FESTIVAL

The Kinma Poetry Festival is on the last day of term, Friday 12th April, starting at 1.30pm in the hall. All are welcome.

12.30pm - BYO picnic lunch

1.15pm - seating in hall

1.30pm - Festival starts.

If you would like to read or recite a poem please let Admin know so we can include you on the list.

LOST PROPERTY

Please have a look through the items to see if they belong to your family before the end of this term. Any leftovers at the end of the term will be lovingly washed and donated to local charity.

TOWEL WASHING

Does washing and putting things on the line - do it for you? If so, we are looking for a bit of help to keep the washing in primary under control. When I chat to my colleague at Shore, she cannot believe that Admin do the washing for the primary school (we are also going to see if group 3 would like to support us) and that the kids and staff do it for Preschool. Let's look at it

We could send it out to be washed and dried commercially:

- we would be adding to electricity costs for the community as all commercial washing is dried artificially
- chemicals used commercially may not sit well with us at Kinma (we use sulphate free, no petrochemicals and products not tested on animals, with our containers either cardboard or 50% with recycled product)
- We also add a touch of essential oils (OnGuard to each wash)

If you would like to or could commit to one morning placing a load on the line and another to be washed this would be great – please let us know in the office.

Julie, Claire, Carin, Narelle

Preschool

We have been doing some great things at preschool, so please keep reading to find out more. We also have some fabulous things coming up.... They are....

- Tuesday 2nd April – Tinkering and Preschool Alumni gathering
- Tuesday 9th April – Excursion to Avalon Nursing Home
- Friday 12th April – Poetry festival with the whole school

Nature Patterns

We are constantly collecting bits of nature like feathers, rocks, sticks, pods, pine cones, flowers and buds to name a few. Well as these have been building up in our collections we realised that there are enough to make a collage. It is often hard to use these pieces for sticking with glue and we want to keep our collection, so we decided to use them to make patterns, nature patterns, some people also refer to this as loose parts play. Elijah described his pattern as the "Aboriginal trail to the wild." And Jael said "All the way up Huphead." Max described it as "It's like where Aboriginals lie down to have a rest." Elijah added "and look at the beautiful stars".

Another part to this experience was turn taking, collaboration and mindfulness we practiced this by choosing one bowl of nature each and placing one piece down at a time and then the next person put one piece down. After a couple of rounds they added two pieces and then could add any pieces into the pattern. It keeps the focus on the activity and calms the mind to think about the pattern being made. The collaboration was very interesting to watch, some children made their own pattern in front of themselves and others added to patterns of others, alternating their pieces or lining them up alongside.



It will be interesting to do this activity again, now that they know that the pattern does form over time and that they can incorporate each other's pieces.

There is deepening of our understanding of how nature affects learning is being supported by research more and more. We chose this environment where every window looks out to trees and there is natural grass all around and out the gates is natural divine bush, and yet we bring more nature into our learning experiences to grow this connection with the things that grow around us and to deepen all of our respect for the nature around us. Some of the research that is supporting learning through nature is saying that nature relieves stress and rejuvenates attention, motivation and engagement is increased, nature is more supportive for learning and building relations, and also there is calmness and quiet when learning in nature. This article gives more details to these ideas.

<https://www.psychologytoday.com/us/blog/the-athletes-way/201903/8-eye-opening-ways-kids-benefit-experiences-nature>

So we will continue to delve into our love of nature and how this supports our children in so many different facets of life and development through our regular bushwalks (please sign up for one at the sign in table, and you too can relish in the beauty of nature) and our gardening efforts are continuously embedding our respect for nature. If you have other ideas of how we can interact and deepen our relationship with nature, then come and chat with the staff, we would love to expand on this further.



Sean wanted to make his own pattern, so he chose several bowls and alternated the pieces.



Making Quills and Ink



Following on from Elijah finding a feather and suggesting that it could be turned into a quill like Harry Potter uses, we made berry ink and used feather quills for drawings.

To make the ink we used mixed berries, gave them a good smash through a sieve and added vinegar and salt as preservatives. Elijah, Max and Bowie made the first batch looking at the berry juice that was being produced from their efforts. This mixture was put into little ink pots.

Next came the fun part of writing. Felicity had cut the tip off the feather with a pocket knife and put a tiny slit in it to help with the sucking up of the ink. So the children dipped the end into the pot of berry ink and could draw with it. They realised that the ink would run out pretty quickly and they would have to re-dip the tip.





Whilst we were writing and drawing some primary children – Zeon, Harley and Eli – came to visit and wrote their names in the floor book with the berry ink and quills.

Other children also made some ink and did drawings as well, like Yvie, Sean, Elia, Ava and Gracie.

By making their own ink and quills I encouraged the children to think about using items for



different reasons – being creative with our ideas. As well as transferring our knowledge from other experiences into our current ones. Many children knew about the quills in Harry Potter, and we also discussed that quills were used in the ‘olden days’. So they were contemplating different times and thinking about the differences of our writing utensils. Sean said, ‘this is more fun than a pen’ showing his understanding of the different tools.

From this experience, children are actively constructing their own learning with a dynamic and interesting activity (Educator’s guide to EYLF). This experience is very hands-on, ‘learning by doing’ as John Dewey suggests makes learning more memorable. John Dewey is a theorist that aligns very well with Kinma philosophy. The children showed perseverance and eagerness throughout this learning experience.



And finally some yurt farm shenanigans.... For those new to the term “Yurt Farm”, it is not a farm that grows yurts (as my brother-in-law joked) it is a working sheep farm with about 15 yurts as hand-made hexagonal shaped accommodation. It is a yearly school camp that Kinma children and parents have been going to for about 20 years. Some of the preschool children go along with their primary aged siblings.



F getting to the fishing yurt.



S hanging out in a tree.



Yurts around the dam where there is canoeing and swimming.



It was a great camp of exploring, nature, connecting and fun!

Until next time, thanks for reading,

Felicity, Christine, Kay, Karthi, Lizzie, Nina and Pat.

Kinma Bazaar – Friday 10th May

The next Kinma Bazaar (pop-up style) is happening on Friday 10th May (week 2 of Term 2) and we'd love your help.

Can you help with:

- Taking table bookings
- Setting up the day before and on the day
- Running & helping on the payment table
- Organising/helping in the café with 2 others
- Running a face-painting / temporary tattoo / nail painting table
- Cleaning up (pop-up style means everyone will be taking away their own stuff)



Would you like to book a table and pass on your good quality, pre-loved items (think “Would I buy it in the condition it’s in now?”) You’ll need to set up your table and pack it up at the end, but don’t need to be here during the Bazaar if you can’t be. All items need to be taken away that Friday.



Hamper Raffle – this has become a lovely tradition of the Bazaar – we need your donations and would love everyone to donate something, e.g. luxury toiletry items, wine, gourmet foods etc. Please bring your donations into the office.

To help or for more info contact Claire Hickson at Claire@kinma.nsw.edu.au or 0414 670 703

Thanks!

Extras



A nourishing self care community group for carers and children.

Soulful Family Yoga is a morning of yoga and craft that builds like minded connections for families.

Starting Thursday March 21, 2019

9.30am – 11.30 am

Allambie Heights Public Hall,
104 Allambie Rd, Allambie Heights

More info & to book in via Facebook / Instagram



@Soulful Family Yoga



@soulful_gatherings

email: gratefullifepr@gmail.com

IMAGINE THE
FUTURE IF WE
PREPARED
OUR KIDS
WITH SKILLS
FOR LIFE!



Leading Edge Life Skills

LEADING EDGE *Life* SKILLS SCHOOL HOLIDAY PROGRAMS

Our interactive programs offer kids the opportunity to work alongside our beautiful horse 'teachers' building self-confidence, trust, leadership, communication skills and much, much more!!!

No prior horse experience necessary - no riding - kids partner with their horse from the ground

WHY HORSES?

There is nothing like a 500kg Teacher!

- Horses don't judge us or overthink
- Horses' feedback is honest and instant
- Horses help to instill empathy and kindness
- Horses have natural "herd behaviours" that require trust, respect and teamwork from all the members of the group

Have you ever wondered what animals are saying to us?
Come and learn the basics of "horse talk"!



OUR PROGRAMS

Our unique School Holiday Programs offer a fun and interactive experience for children and young adults. In all our programs, kids have the opportunity to:

- ✓ Build strong, healthy relationships based on trust, respect and integrity
- ✓ Develop leadership and communication skills
- ✓ Grow their sense of self-confidence and self-awareness
- ✓ Find the value in working with others to achieve outcomes
- ✓ Embrace challenges through innovation and problem solving

Primary Program *min age 8 years **High School Program**

- Wednesday 17th April, 10am - 2pm

- Thursday 18th April, 10am - 2pm

\$120 pp - 10% discount for siblings or referrals
Location - 35 Laitoki Rd, Terrey Hills 2084

Our unique programs combine Team Activities & Horsemanship:

- Team Activities - kids work with horses as part of their 'team' to complete tasks designed to develop core life skills such as communication and leadership.
- Horsemanship - kids learn a variety of skills relating to horse care, developing special bonds with the horses along the way.



For more information and bookings:

Phone: Alice+61416616 300

Email: info@leadingedgelifeskills.com.au

Website: www.leadingedgelifeskills.com.au



Leading Edge Life Skills



EVOLVE TENNIS ACADEMY

Multi-Sport Holiday Camps

CAMP DATES

Week 1: 15th - 18th April 2019
 Week 2: 23rd, 24th & 26th April 2019

CAMP PRICING

Full Week - 4 Day Camp
 Full Week Full Days \$148 (EQUALS \$37 DAILY)
 Full Week Half Days \$115 (EQUALS \$29 DAILY)

Single Day Pricing
 Full Day \$60 (9-3pm)
 Half Day \$45 (9-12pm)



HOW TO BOOK

By email : evolvetennis@evolvetennisacademy.com

By Phone: 9971-0644

ONLINE : www.evolvetennisacademy.com

WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

- ✚ CAREEL BAY TENNIS CLUB - Hitchcock Park, AVALON
- ✚ COLLAROY TENNIS CLUB - Griffith Park, COLLAROY
- ✚ WYATT PARK TENNIS CENTRE - Wyatt Ave, BELROSE

