

Kinma Newsletter T2 Week 6, Friday 29th May, 2015

"The depth of knowledge about your child that the teachers have is truly astonishing, and as a parent that's a wonderful thing."

WHAT'S ON	
04.06.15	3.15pm, Preschool Parent
	Information Session
08.06.15	Public Holiday
09.06.15	9.30am School Tour
12.06.15	2-5pm - Clothing Sale
20.06.13	Disco Night – CHANGE OF DATE
26.06.15	Last day Term 2
22.07.15	First day Term 3
15.08.15	Kinma Care Day (1.30-4.30pm)
18.09.15	Last day Term 3
07.10.15	First day Term 4
16.12.15	Last day Term 4



Kinma Board

Pam Webster, Chairperson T: 9451 9669 E: <u>pamwebs@gmail.com</u>

Nick Georges, Deputy Chair T: 0412 106 633 E: <u>nick.georges@gmail.com</u>

Ginny Neighbour, Governance (Community Rep.) T: 9880 2492 E: ginny.neighbour@gmail.com

Lisa Grauaug, Fundraising T: 0409 924 630 E: lisa@yogainstitute.com.au

Bea Pierce, Marketing T: 0405 346 018 E: <u>ninianlif@gmail.com</u>

Stephen Cole, Treasurer T: 0432 032 343 E: <u>stephen.cole1910@gmail.com</u>

Jonathan Kelt, Education Committee T: 0425 225 174 E: jonathankelt@mac.com

Dylan Forbes, Environment & Maintenance T: 0404 812 854 E: <u>dylan.forbes@yahoo.com.au</u>

Fundraising Report 2014

Fundraising Items

- Snack attack \$6112.00
- Building fund donation \$19,057
- Bush dance \$650.00
- Auction \$22,321
- Miscellaneous \$3,636

*Miscellaneous fundraising events for 2014 included Mad Hatters Tea Party and Bunnings BBQ

Kinma Limited, Annual General Meeting, 12th May, 2015

FUNDRAISING Total \$51,776

For 2014 the School Auction remained a significant revenue raising event for Kinma fundraising. This fundraising event requires concerted community effort and each year the School Auction has been managed by a core team of parents and its overall success requires support, participation and contributions from the whole school community.

It is wonderful to reflect on the 2014 and the total Fundraising dollars earned, a successful year. I would like to acknowledge and extend thanks to all in our community who in some way have been involved in Fundraising for our school.

In recent years the question is raised - can we change the annual fundraising event to a School Fair or a Trivia night? At our initial Fundraising meeting in 2014 we explored many alternatives. However, after some discussion we unanimously decided that the Auction fundraising template would remain for 2014, especially given that each year a small school community were able to consistently raise between \$18,000- \$25,000.

For 2015 we are again examining alternative Fundraising activities. So please stay tuned, while the Fundraising plan for 2015 is finalised.

If you have any questions or suggestions regarding Fundraising please contact me.

Thanks,

Lisa Grauaug

Fundraising Coordinator, Kinma School Board. Kinma Primary parent to Giacomo and Ali

Administration

Alumni evening

" I was never taught to conform and the idea of conforming is abhorrent to me. I love to question everything " (ex Kinma student 70's - 80's)

" Struggled with some teachers in high school. More about the teachers I feel than myself" (ex Kinma student 70's – 80's)

"I have a logical approach and am an open person and have the ability to communicate well " (ex Kinma student 2000's)

" I learnt from Kinma not to be afraid, to ask questions and still follow my own interest " (ex Kinma student 2000's) " I have a beautiful life and I am profoundly grateful to Kinma for providing the foundation for that "(ex Kinma student 70's – 80's)

"We created Kinma for our children but also to model progressive ideas for other mainstream schools – to influence. We have done that. Ideas of the 70's such as recycling are well placed ideas that today are part of the mainstream. Kinma is needed more than ever, with our current conservatism" (Founding parent 1972)

" I left Kinma and thought I had not learnt anything, but had a lot of fun. Thought I would completely fail, but I didn't I did really well academically " ex Kinma student 2000's)

" Kinma became my family and I'll be forever grateful for that. The fact that my kids got an excellent education too was a bonus" (Founding Parent 1972)

These events are UNSCRIPTED, and each time I sit and listen to ex students and family members talk about the School, I swell with emotion that together we have created a community that educates and supports us all. Stay tuned we will have another night like this next year !

School boundaries

A post was placed on the community website about a person possibly taking photos of children in Terrey Hills and this prompted a few questions about general safety. It is good for all of us to be vigilant and keeping a look out for anything that does not seem 'normal'. Buzz the office with anything that looks not quite right please.

We do not actively walk around the school grounds to see what mischief the students are up to, however as staff we do walk in different spaces during out time. The children will come and report any issues that are not OK.

The Primary students are well aware that they are not permitted to go beyond the school boundaries, especially near the Aumuna and Coolowie Road intersection (off basketball courts). We need to gain the families support in ensuring that children are escorted from school to their cars with an adult. Staff watched last week as two children ran ahead of their parent along Aumuna Road and darted in and out of the cars. One of these cars was reversing ! At the end of the day in Primary all students are to be on the basketball court waiting to be collected. It is not OK for them to head out and meet the car or take the keys from a parent and take themselves to the car while the adults remain on the basketball court chatting.

If you see students walking off the grounds we would love you to support the staff and be eyes as well and let them know that they need to go back and wait for an adult.

In Preschool the students are required to be signed in and signed out by an approved adult. Can we ask that families are mindful when they are arriving and departing that other little ones do not enter or exit at the same time as you.

Claire, Carin and Julie C

Kinma

Education Co-ordinator

Kinma means awake

If there is one overarching goal of Kinma, it is the very meaning of the word Kinma itself- namely 'awake'. The 17 core principles, the land herself and the staff's energy combine to ensure that your child stays awake. We say 'stays' awake as you would be well aware that the vast majority of healthy children are created and born very much awake. They are engaged, alert, aware and hugely curious about themselves, you (their primary carer/s), their other 'people' and the ever growing world in which they move.

So our job at Kinma is not to make students awake but rather to keep them awake; as richly as possible in their full mind, body and spirit. As staff, we do not wish to add to the pool of passive, sleeping humans who operate often out of habit or to the beat of the agenda of others. We see around us many who have been trained through mass schooling and/ or training to obey and compete for a few bobbing doughnuts that someone else has deemed valuable. At Kinma, being 'kinma' (awake) means each child believing in his or her own value and so working out what each one deems valuable for themselves. For one of our ex Kinma students, Maja, now a year 7 student at Barrenjoey, one of these values is listening. She won the award for topping her science exam in year 7 this week and when asked about it, told her mum that she can do it because she knows how to listen and sadly most others do not.

So how do Kinma staff do it? How do they approach wakefulness? Surely we cannot unravel it in a few paragraphs ... and we often say among ourselves as staff , that part of the magic is that it is not completely unravellable at all, no matter how much time we have... but we can share our ideas and the resource base we use.

And so at School on Sunday, we played with some ideas and introduced our resource base. The ideas ;

- Questioning.
- Observation
- Ways of knowing
- Fused and relevant learning experience
- And of course, and always, relationship. Of which, Maja would tell you, listening is a key!

The resource bases we touched on were:

- Of course the children themselves and their families
- Teachers life experiences
 - o including specific teaching and learning with children aged 3-13
- Kinma land and surrounding areas
- KInma Core Principles
- Kinma Learning / Teaching cycle
- NSW Board of Studies curricula

Over the coming weeks, I will dip into these and share some of the thinking behind them. Should you have any direct questions about them, do not hesitate in dropping me a line. If you were at the talk, I would appreciate any feedback.



Preschool

KINMA PRESCHOOL ON THE MOVE

We are so fortunate to have so much space at Kinma – both inside and outside. This both enables and encourages children to move. Walking from the sandpit to the deck, back to the sandpit, across to the swings and then from one pod to another is a journey many children do lots of times a day. The very design of the Preschool area means movement is necessary and built into every day. The Preschool team also build into the curriculum opportunities for exercise. It is wonderful to see children challenging themselves, exploring climbing equipment and the swings, dancing, playing basketball and running in so many of their role playing games



Felicity leads a stretching session

Rosie develops the children's running into a game





Rafferty and Harry challenge themselves to jump off the wooden trestles.

kinma



William, Josh, Jasmine and Nate involved in basketball – a perennial favourite



Expression to music

The swings are always popular











Joe, Harry, Zoe Rafferty and Sigrid running and climbing up "the mountain path"

Parachute games QUIET, CONTEMPLATIVE KINMA

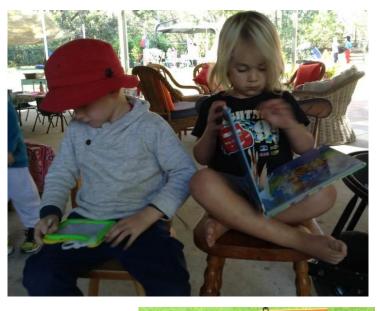


With all this action going on, there are still many places for children to go to have quiet times and moments. Children often express that they would like to have some "quiet time" or "alone time"



Argy repotting plants

Diesel and Leon - in the entrance area at home time





Willow and Astrid cuddle the chickens

Kalila in her own world as she stomps in the

puddle





Aleena, Qiana, Jasmine, Kalila and Sigrid quietly sharing stories

kinma



Deco and Chris quietly resting in the garden

We have area for all types of play to happen at the same time. We encourage the children to have control and to make decisions about how they spend their time. They can recognise their own rhythms, energy levels and needs in relation to activity and rest.

These two types of activity can go on at the same time, which is the true beauty of our space at Kinma. Children lying on a couch or doing quiet drawing are not interrupted by other children choosing to run, jump, spin or sing! This is really important for the children to make these choices as it shapes who they are. They can experiment and feel what it's like to be in the different areas and therefore are getting to know what sort of things they enjoy. This is building a strong sense of self.

<u>Welcome to Astrid</u> who has been waiting a long time to come to preschool, as her two older sisters have already been preschool people.



Upcoming Dates

Parent Information Afternoon – 4th June 3.15pm

Preschool Snack Attack – 17th June, if you can help on the day or prepare food at home and bring it in, please see the teachers.

From Christine, Felicity, Kay, Nina, Pat and Rosie

The latest news from the Group 2s!

Tinkering day

Electric circuits, fresh pasta, a pillow with embroidered initials, French knitting, a unique artwork... What would you have made??



Feeling a little green (with envy!)?! We have another Tinkering Day this term, Tuesday 23rd June and we're always on the look-out for something, or someone, new to join the team! Come and have some fun!

Wheels' Day

As teachers and parents we may hold our breath at the sight of our kids riding headlong down the dirt track, but the children are clearly not saving any breath as they whoop and cheer their way over bumps and jumps! What a glorious day! The sun was out and everyone found a way to get in involved, most took to the track on wheels but sensibly, those who weren't sure yet pelted up and down the course on foot, getting a taste of the action and excitement.





Winter veges

With the last of our spring and summer veges harvested in the last few weeks (we've been eating roast potatoes and some tinkerers made rhubarb crumble with Grace!) we have been having fun digging up the garden and starting a-fresh with some winter veg.

So far Fifi, Caitlin and Isabella, with help from Callum, Shala and Ella from Group 1 have planted brussel sprouts, sugar snap peas, onions, carrots, leek and cauliflower. With a few borrowed pumpkins, sounds like there might be a nice hearty soup on the menu soon!

Powerhouse excursion

On our excursion we entered into the Powerhouse world of "Marvellous machines". We got to see "The Boutlon and Watt" steam engine in action, the children (and adults!) explored with their hands smaller versions of the parts that made up the whole, they sketched and labelled the flywheel and the sun and planet gear. Over in the steam revolution exhibition we saw hooks and pulleys, cranes, trains, water pumps and a hand pumped "electric arcade". We operated robots: some for dancing and some (rovers) made for Mars. And lots more... A busy day!!

Our drawing books supplied by the museum opened with the quote "by drawing the world around us, we learn to see it", the children embraced this concept whole heartedly and took time to sit in silence, observe closely and puzzle over how to draw a machine in motion. Before long, the stream of questions began to flow...

How powerful is this machine?

What was it used for?

Is that tool used to measure the pressure of the steam?

What happens if the pressure builds up too much?

Our museum helpers were well equipped to provide us with explanations and smaller models that we could manipulate ourselves.

This experience will flow on for the tail end of this term where our scientific and technical explorations will focus in on designing and making useful inventions for Stig's cave (a project initiated by the children and inspired by our class novel, *Stig of the dump*).

To give you a snapshot of our day we have included comments from the children, some diagrams and photos.

Izzy: The Mars exhibition was amazing and the water pump was really interesting.

Tom: I loved operating the 'live' rover on the ipad.

Mika: I liked the dancing robot.

Fifi; It was amazing because we got to do a lot of things

Tanika: I think the Powerhouse is inspiring because I learnt what it would be like to be in Space.

Will: I liked the firework making and I made two. I managed to launch one.

Allesandro: I loved the dancing robot and the rocket simulator and I liked seeing the moon rock.

Ellie: Today was the most exciting day with Group 2. I loved the dancing robot.

Turiee: I liked the Mars exhibition because you could see the Rover moving around.

Hunter: I loved seeing the robot dance



Felix: The dancing robot was funky. I learnt how they used steam to stir beer and it was fun.

Tiahna: I liked the dancing robot because you could control it.

Kati: I liked the Mars exhibition because it looked like Mars.

Toby: The dancing robot was very funny.

Ivy: I liked the Mars exhibition because it was interesting.

Aidan: I liked the Mars rover computer.

Jadyen: The dancing robot was funny!

Reuben: The electric arcade was my favourite because I nearly got all the lights on.

Bodhi: It was fun because it has lots of machines like a water pump and engines.

And to sum it up

Fitch: Everything was awesome!

We have many big thank yous to send out to the world!!

To Morgan for sharing his knowledge about trees with us.

To so many of you for coming to our Term 2 information afternoon.

To making School on Sunday an enjoyable day!

Smiles,

Bea, Michelle, Sam and Kate





Snack Attack:		
Main Course	\$3.00	
Dessert	\$1.50	
Drink	50¢ (usually juice)	

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 68 children in the Primary and 19 in Preschool on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

SNACK ATTACK TERM 2, 2015

Calling for helpers!

- May 6 Amanda, Lisa and Claire
- May 13 Gemma, Nic, Rachelle
- May 20 No Snack Attack Wheels Day
- May 27 Helena and Anne (help needed)
- June 3 Beck and Trudy (help needed)
- June 10 Rachel and Mel (help needed)
- June 17 Preschool (help needed, plus help needed to serve in Primary)
- June 24 Katerina, Renee and Kathleen

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks, *Hayley Lewis* (Turiee's mum)



kinma

Bazaar Update!

Friday 12th June, 2:00-5:00pm (new time!)

Please drop off all items in the hall, up in the loft. Good quality clothes, accessories, shoes, toys, books!

We also need coat hangers, and clothing racks

Help needed!

Can you help with any of the following? Help sort through donations Ironing clothes before the sale Help put items on display ready for the sale Bake cakes/slices to sell on our cake stall and at our Kinma Café Help out on the day Donate to our raffle & hampers Sell raffle tickets

If you can help in any way please contact the Clothing Sale team below. Big thanks, Rachel, Renee, Amy and Claire



Extras

2015 Northern Beaches Strings Festival @ Pittwater High School - Saturday 13 June 2015

The Festival has been running for a couple of years as an alternative to the competitive Eisteddfod scene in Sydney - this festival is a celebration of local young musicians rather than a competition. Its aim is to provide a formal, non-competitive performance opportunity for ensembles that is a positive and encouraging experience.

The festival is hosted by the Northern Beaches Symphonic Wind Ensemble, which is a non for profit co-operative and all proceeds from the festival go back into community music. Performances are held in small blocks of ensembles so that the students have the opportunity to listen to other groups. The intention is for students and their families to have the opportunity to listen to groups from different schools. Within each block there will be varied levels of ensembles to avoid direct comparisons. While professional feedback is provided this is not a competition but a festival celebrating our music making on the Northern Beaches and beyond.

Each ensemble will perform 3 pieces at an appropriate grade. Their performance will be recorded for their future use and a short workshop by an experienced appraiser will be held on stage at the conclusion of their performance. The appraiser also makes comment on the recording.

Perhaps one day some of the Kinma violinists may choose to be part of the festival. I encourage anyone who is interested to come along and listen to one of the sessions. The Strings run for three 1.5 hour sessions on Saturday 15 June and if you are interested in seeing Bands perform, these run on a number of days around that time, just check out the website for details.

I will be conducting two ensembles in the first session, which I believe starts at 11.00 am, but this is yet to be confirmed. Watch this space!

Love Holly xx



Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD via regular meetings. The group aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

SPEAKER EVENING: BLACK DOG INSTITUTE "Navigating Teenage Depression"

For Parents, teachers and people working with young people.

A 60-minute presentation delivered by a trained presenter, who has themselves experienced a mood disorder as a young person, or who has cared for a young person with a mood disorder.

The presentation covers:

- The pressures faced by teenagers today
- Signs and symptoms of depression and bipolar disorder in young people
 - Identification of early warning signs
 - When and where to seek help

Practical strategies for offering support and communicating with a young person you are worried about
Strategies for building resilience

Monday 15th June 2015 @ 7.00-9.00pm The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

Ticket reservations essential via http://www.eventbrite.com.au/org/4222746751

Register on Eventbrite



Facebook: https://www.facebook.com/BeachesADHDSupport Facebook Forum: https://www.facebook.com/groups/BeachesADHDSupportGroup/ Email: nbadhdsupportgroup@hotmail.com Website: www.northernbeachesadhdsupportgroup.com.au We sell the Entertainment Book online via our website



Your guide to ADHD information, services & resources in the Northern Sydney region. www.adhdguide.com.au



Vacation Care – Warringah Council

Our school holiday program for the Winter 2015 holidays is now available for download from Council's website and bookings for this holiday period are open from next Monday morning (1st June 2015).

The brochure and interactive Booking Request Form are available on our webpage: http://www.warringah.nsw.gov.au/live/community-support-services/family-and-child-care/vacation-care



Some of the excursions programmed for these Winter holidays include:

- Flip Out
- Maritime Museum
- Big Blast
- Marian Street Theatre
- Sydney Observatory
- Putt Putt Golf
- Featherdale Wildlife Park
- Berry Island
- Movies
- Disney on Ice

Printed copies of our brochure will be in the office later this term, and will also be available from Warringah Council Civic Centre, Council Libraries and Community Centres.

Should you require any further information please feel free to contact our office on 9942 2312.

Many thanks

NICKY HAYNES

VACATION CARE SUPPORT OFFICER

Warringah Council – Childrens Services

T 02 9942 2111 **D** 02 9942 2312

nicky.haynes@warringah.nsw.gov.au

WARRINGAH.NSW.GOV.AU