

Kinma

Kinma Newsletter T4 Week 5, Friday 6th November, 2015

Working Bee: Sunday 8th 11am -2pm

Are you coming to start to help us rediscover The beautiful bush corridor between Preschool and Primary? We would love your support.

Can you help preschool?

We have a Christmas market project going on and we need as many banksia seeds as possible – so if you have a banksia tree in your garden please collect the seeds and bring them up to Preschool. Many thanks

WHAT'S ON

06.11.15	8am - Warriewood Market
08.11.15	Whole school working bee 11am – 2pm
10.11.15	3.15 pm Preschool Parent Discussion Afternoon
12.11.15	9.30am - School Tour
13.11.15	Clothing and toy bazaar 3-7pm
17.11.15	5.30pm - Board Meeting
26.11.15	Tinkering Day
28.11.15	7pm - Trivia Fundraising Night
01.12.15	Preschool Steps Vision Screening
01.12.15	Last day Primary Swimming
06.12.15	4.30PM - Gratitude Gathering
08.12.15	9am - Kids Christmas Market
10.12.15	Group 3 Play
15.12.15	7pm - Board meeting
16.12.15	Farewell Final Year and Last day Term 4



Kinma Board

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Kinma Care Day, 8 November:

Fantastic Kinma Bush Regeneration Project!

Dear All

The next Kinma Care Day (working bee) is Sunday, 8 November from 11am to 2pm, with a sausage sizzle at the end for the hungry!

If you have not yet seen the controlled burn area between the hall and the pre-school, please do go and have a look! This will be the most extensive bush regeneration project Kinma has ever undertaken. It is a real commitment to our care for our school's environment and our children. It is a wonderful opportunity to show our children how we can work together to look after our environment and the native plants and animals who live amongst us.

The whole area is still very delicate and we will be setting up special marked areas to ensure that we don't trample the new seedlings as we work to support the regeneration of the native species.

During Kinma Care Day, we be working on this very special project as well as our regular maintenance of the school and grounds. Bring your cleaning and gardening equipment and your desire to make a difference for all!

If you are not able to attend, contact Julie C. or Claire at the office to find special tasks that you can complete in your own time (and so that you don't have to pay the E&M levy).

I look forward to seeing you there!

Best wishes

Dylan Forbes

E&M Coordinator



Administration

Bus Transport 2016

Primary families

If your child is currently catching the bus to travel home you are required to have a bus pass. These are issued by the Forest Coach lines and application forms are held in the office. If your child has a bus pass all is good for 2016.

However, if you have not applied for a card and your child just hops on and off because the drivers are wonderful – you need to collect an application form and complete it in the next 2 weeks so that we can register your child.

If you live within a 5 k radius you are not entitled to apply for a bus pass.

As from 2016 a new system will be in place and students will require a card.

Any questions chat with Claire or Julie in office.

Gratitude Celebrations

Just letting everyone know that we have moved the celebration from Saturday to the Sunday of same week end.

So come along for a relaxing nibble and some great singing on Sunday 6th December from 4.30pm.

Gardening Assistance

If you cannot make it to this week ends care day and you are handy with a whipper snipper – WE NEED YOU ! Please. Contact Julie C in the office if you can lend some time.

Kitchen cupboards – (primary)

Next time you are in the School have a look in the cupboards in the kitchen under the window (especially) and see if any of these plastic containers belong I your house. If they do, or you think they do, or you wished that they did – PLEASE TAKE THEM. On a Friday afternoon staff are regularly seen scrubbing our plastic mouldy lunch containers (they are not named or identifiable) so we just pop them away. Soon we may need a separate kitchen fo4r all the stuff we pop away !

Same thing, slightly different we do not take second hand electrical equipment into the school (as a general rule). Reason being is that each year we have every electrical item tested to make sure (as best we can) things are in good working order. This is part of the School's (also government) risk assessment initiative. So thank you but no thank you – unless we have requested particular items and then we will take them through the process before placing them in classrooms or kitchens.

Carin, Claire and Julie

Education Co-ordinator

“My 8 year old son is in college and at the top of his math class”

Hi Mr. Gatto, I hope you will excuse the brashness of my title but I was hoping to catch your attention. I am sure you get thousands of emails a day, and hence my flashy email to try and grab your attention about my son.

Before I begin, may I say that it is an honor to be able to communicate with one of the greatest minds on education. I attribute a lot of my current situation with my son to your teachings. I have read most of your books and hence our reason for homeschooling.

As I write this email we sit at a crossroads. My son entered junior college at age eight and has now successfully completed intermediate algebra and geology, both with 4.0 GPA. He also received the highest marks in the math class. His average for geology was 106% before he wrote his final exam.

That being said, my husband has decided that we should leave this route because my son is getting too caught up in his grades. The argument is that if we put him in 3rd grade, he would still stress about his grades. I could go into so much more detail.

I simply would love your take on where to go from here? His math professor, while disappointed that he won't be pursuing college, has agreed to tutor him privately. My husband wants us to focus on a Socratic teaching style which is what I will be trying to delve into this year. Your insight would be so greatly appreciated! All this being said, we have kept his identity under wraps as much as possible. Being in college, we have TV shows and newspapers approach us but we have reneged on all. I would appreciate your privacy on this issue.

Please don't feel as if you have to return an email. I realize you have extremely important issues to address. To the world he is just a boy but to me this boy is my world. Best Regards, Concerned Mama

JOHN'S RESPONSE: Dear Concerned Mama,

On the 10th reading of your letter, I detected the piece I suspected was missing on the first nine reads. Your husband and you disagree a bit about whether the road which took your precocious eight year old to college over a decade earlier than nature would have seen him there is the right path to continue upon.

Let me start by asking you a semi-rhetorical question: *Does an education for the little bookworm matter as much, or more, to you than success in schooling?* Think for a minute before answering, because the triumph of the little fellow against much older kids, and its attendant media attention must be very satisfying—as you say, “Making my world.” But, what of *his* world? Has he any other accomplishments besides grades? Skill at sports? Endless curiosity about the natural world or the built environment? Does he understand why Muslims behead us? Can he play a musical instrument? Is he outstandingly compassionate? Courageous or cowardly? What are his ambitions; not yours, *his*? Does he speak a second or third language?



If you think of success in school as being good at doing the WILL OF OTHERS, then hasn't he already mastered that trick, and what would it prove or gain him if he duplicated the same trick over and over?

Very little. For the balance of his life almost none of the challenges he will face will yield to paper/pencil tests. I don't mean to be cruel, but the missing piece in this presentation is, where you, your hubby, and an anonymous math teacher have a say, where does the nameless eight year old get to speak? *What does he want to do?*

Unless he is sexually precocious, socially bold, confident, and adventurous, it is highly dubious if college has anything of worth to offer him; he would be preyed upon, exploited, and marginalized by older students, perhaps dangerously; what self-respecting co-ed would respect the attention of an eight year old boy?

Without knowing you, I think your son has had enough of SCHOOL—of doing what others expect; he is ready for an EDUCATION, for setting his own goals and devising methodologies to achieve them, for evaluating his own work, for competing with himself, not others.

Doing well in school, Concerned Mama, is not the way first class universities decide to admit; accomplishments, not grades earned by being obedient, are the standard of excellence in the real world. Ask your kid what road HE wants to follow; you can help, so can dad, by analyzing candidly his weakest points and advising strategies to confront those weaknesses; conversely, inventory his strengths (ignore test-taking success) and imagine strategies to make them stronger.

It would help him, too, I think, if he saw his mom pursue ambitions of her own and not live totally through him. You are proud of him, fine; make him proud of you—he needs an inspiration from his mom, not a fan. Respectfully, John Taylor Gatto

State Teacher of the Year, New York, 1991, City Teacher of the Year, New York City, 1989-91
 "The World's Most Courageous Teacher", follow John at: <https://www.Twitter.com/RealJohnGatto>
 Watch his videos at: <https://www.YouTube.com/JohnTaylorGatto>

Preschool

WELCOME



.....to Anica and family.

Anica went on a bushwalk with her mum.



.... and to Charlie, Harry's brother.

He is holding a silk moth in his hand.

TINKERING

Preschool ran two planned and prepared tinkering pods last week and one impromptu pod. Read on to find out what happened.

Our first pod was decorating hands and forearms with henna. Nina sourced some natural henna and had a book of patterns. Many children looked at the book, some gaining inspiration and then designed their own patterns whilst waiting for a henna cone and a henna painter to become available. The pod was very popular with both Primary and Preschool children.



After making some beautiful tablecloths for us over the holidays, Georgie, Rafferty's mum, suggested we use some of the left over material to sew a picture. Space was decided upon as the theme. Children cut out shooting stars, moons, rockets and more. Then they attached their shapes to the background, either with the sewing machine or sewing by hand with a needle.



Willow, Georgie, Darcy, Amos and George working on the Space project.

As the Space project was getting underway, another group of children came up from Primary School. "We want to make the mural" they said. (Some communication wires had obviously got crossed). "We aren't making a mural, we are sewing a Space picture, come and have a look" The group looked at the activity

"No, we still want to make a mural"

"Well, we've got a large roll of paper, paint and brushes, so if you want to help get set up, you can make a mural"



Kayden, Aleena, Emily, Astrid, Shala, Bodhi and Willow worked on a colourful mural together. They developed their depictions, patterns and designs over a period of 45 minutes working and reworking each part. The mural took a long time to dry. We are waiting for the rain to stop to find a suitable wall for it to be hung.



While Amos was here at Preschool, he went to check on the passionfruit plant he gave us in June when he went to Group 1. It was looking very healthy and growing well.

PARENT INFORMATION AFTERNOON

Next Tuesday, November 10th at 3.15pm.

"Offering choice to children – who makes the decisions?"

We have a Christmas market project going on and we need as many **banksia seeds** as possible – so if you have a banksia tree in your garden please collect the seeds and bring them up to Preschool. Many thanks – in anticipation.

From Pat, Nina, Felicity, Kay, Christine and Felicity

Group 2

We have had a very exciting and productive couple of weeks in Group 2. We completed building the underlying structure of our parcels of land and have now sculpted them with papier mâché, modelling them on actual properties around Australia. The children have done this using photos, topographic maps, satellite imagery and graphs showing a cross section of the land. We had a fantastic excursion to New Leaf nursery and, later, an exciting excursion to Sculpture By the Sea with the whole school.

We all had great fun slopping the papier mâché onto the structures we had created. Some groups were able to see good spots to construct a dam when observing where the papier mâché goo collected in puddles on the model. This would be where the water would collect after rain. As you might imagine, there has been a lot of planning, discussion and analysis around particular ideas for how to best use the land to support the community of fifty people.

Tabulam, New South Wales: designed by Fitch, Toby, Tiahna, Tanika and Hunter



Questions we are considering:

Should the houses be put on the hills or the lowlands?

In what ways can we use the dam water?

How large should the houses be?

Should we live in tree houses connected by walkways?

Broome, Western Australia: designed by Noah, Tom, Ellie and Fifi



Questions we are considering:

Where do we get water from in the dry season?

Should we graze cattle?

Could we make money from keeping camels for tourists to ride along the beach?

What plants grow well in the dry and the wet seasons?

Glen Allyn, Queensland: designed by Aidan, Bodhi, Sol and Ali



Questions we are considering:

Should we live separately or communally?

Should we make an artificial-snow terrain park?

Should we create a pond with fish to feed the ducks and also let chickens scratch around the base of the fruit and nut trees that line the pond?

Tinderbox, Tasmania: designed by Mika, Reuben, Turiee, Izzy and Will



Questions we are considering:

Could we run a wildlife park for Tasmanian devils and other endangered animals?

Is the best place to put a dam at the highest point on the property, the lowest point or somewhere else?

What happens if we cut the trees down?

Will Bananas grow in Tasmania? If not, what will?

Koornalla, Victoria: designed by Felix, Jayden, Caitlin and Ivy



Questions we are considering:

Should we collect drinking water upstream of the abandoned coal-mine?

How can we use the fertiliser that will run downhill from the animal pens?

Should we graze mountain goats on the steep slopes?

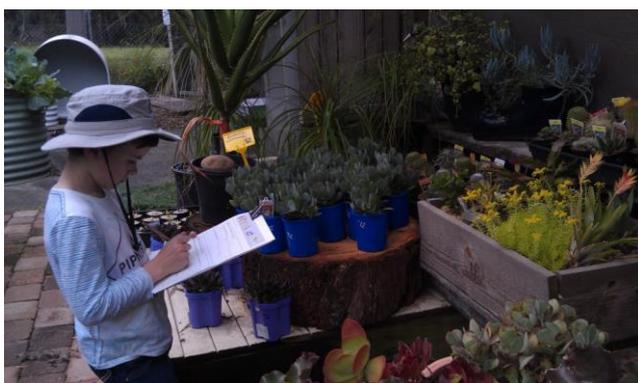
Could we live in houses on stilts by the river to avoid flooding?

New Leaf Nursery Excursion

The excursion to New Leaf nursery left us exhausted but full of ideas for how to organise any fruit and veges we might plant on our model properties.



We saw some great ways to use second hand materials to create new buildings, furniture, and play areas...

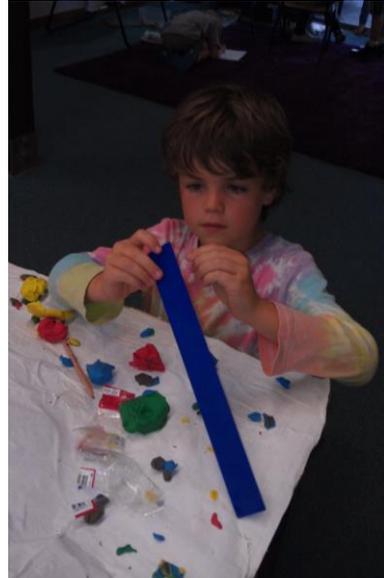


...plants that like dry and others that like wet soil conditions... and unusual animals that can be used for meat, and eggs and are also cute.



We also discovered a plant called the ice-cream bean tree, a water plant called azolla that grows really quickly and that ducks and chickens love to eat and we learned that animal manure can be great food and mulch for plants and soils.

Back at school we continued our work to understand the 1:100 scale that the models have been built to, measuring buildings and covering metres to centimetres. We built model houses to particular sizes and converted centimetres back to metres and also constructed miniature adults and children, all to the right height, to help us better understand the space we are designing for.



Sculptures by the Sea



We were all so pleased that the rain held off for the excursion to Sculpture by the Sea. We saw incredible artworks that filled our senses, made us laugh, questioned who we are and why we do things, and teased our understanding of the world.

Thank you to all those parents who helped us on both excursions and have visited us in class to share their design expertise. Without the continued help of all our wonderful Kinma parents, the school would cease to be Kinma.

Love from Tristan, Bea and all of Group 2


Snack Attack:

Main Course	\$3.00
Dessert	\$1.50
Drink	50¢ (usually juice)

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

SNACK ATTACK TERM 4, 2015
CALLING FOR HELPERS

Oct 7	No Snack Attack
Oct 14	Karen & Amanda & Liz
Oct 21	Claire & Julie
Oct 28	Preschool, Amy, Sam H, Amelia
Nov 4	No snack atack
Nov 11	Sona & Liz B
Nov 18	Beck & Renee D
Nov 25	Gemma & Nic
Dec 2	Michelle D + help needed
Dec 9	Pre-high mums
Dec 16	No Snack Attack – picnic lunch before Farewells

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Snack Attack last week, as you read in Pre-school's newsletter was an Indian extravaganza followed by a pumpkin cake. Requests for recipes of all were overflowing so here they are. Thanks to Josh's and Max's families for the fine fare!

Lamb Kebab:-

Take minced lamb 1 lb.
 1" ginger crushed.
 2 cloves garlic crushed.
 2 green chillies crushed.
 Little lemon juice.
 1 tab.sp. yogurt.
 1/2 a teaspoon. Cumin powder.
 1 teaspoon. Salt (according to your test).
 1/4 tea sp. Turmeric powder.
 About 3 tab.sp. chopped coriander leaves.
 Little chilli powder
 1 small chopped onion.

Method:-

Mix the above ingredients in a bowl and make small kebab.
 In a pan put some oil and shallow fry turning quite often to cook thoroughly.
 Enjoy with yogurt or on its own

Dal:-

Take masoor dal (one which is pink colour). 1 cup.
 Wash and boil with 2 to 3 cups of water. This dal does not take time to cook.
 Chop one small onion.
 1" ginger crushed.
 2 to 3 cloves garlic, crushed.
 1/2 a teaspoon. Turmeric powder.
 1 to 2 crushed green chilli
 1 tea sp. salt (according to taste)
 1 teaspoon. Cumin powder.
 2 reasons. Coriander powder
 2 sticks cinnamon.
 3--4 cloves
 1/2 teaspoon. Mustered seeds.
 1/2 a teaspoon. Cumin seeds
 2 chopped tomatoes

Method:-

In a pan put 3 to 4 tab.sp. oil.
 Add cinnamon and cloves.
 Now add mustered seeds and cumin seeds.
 Add chopped onion. Cook till very light pink.
 Add chopped tomatoes, cook for 2 to 3 minutes.
 Add ginger, garlic and all the spices.
 Cook till the tomatoes are well cooked.
 Add dal and simmer for 10 minutes on low flame.
 Enjoy with rice.

PUMPKIN FRUIT BREAD RECIPE – SERVES 14 – FROM MONIQUE



FOR GLUTEN FREE VERSION OF THIS CAKE USE 2 CUPS (200 G) ALMOND MEAL IN PLACE OF THE SPELT FLOUR

What I love about this fruit loaf is that it's so easy to make and the use of grated raw pumpkin makes this cake extremely moist and delicious.

What it's good for:

Pumpkin is a great source of carotenoid antioxidants and it's also rich in omega 3 which makes it a perfect anti-inflammatory food. A number of age-related diseases have been linked to inflammation, including obesity, cancer, type 2 diabetes, atherosclerosis, arthritis, osteoporosis, depression and dementia. Eggs contain protein that can help repair and nourish your body + immune system. Spelt is an ancient grain that is related to wheat, but has a lower gluten content so it's kinder to the digestive system with people with gastrointestinal issues and sensitivities to wheat. It's a good source of protein and has around 20 % more protein + up to 65 % more amino acids than traditional wheat flours. It's also a good source of fibre, so it can help keep you regular. I've used macadamia nut oil in my recipe that gives it a purely delicious flavour as well as being rich in heart healthy anti-inflammatory fats.

250 g grated raw pumpkin (2 cups)

2 eggs

1 teaspoon vanilla extract or paste

¼ cup macadamia nut oil or light flavored olive oil

¼ cup honey or organic maple syrup

¾ teaspoon bicarb soda (baking soda)

1 tspn ground cinnamon, ¼ tspn ground nutmeg, ¼ tspn ground ginger

1 cup (160 g) raisins

1 cup (150 g) wholemeal spelt flour (see notes for gluten free / paleo)

Garnish optional (walnuts, pecan, hazelnut)

1. Preheat your oven to 150 C fan forced or 170 C no fan.
2. Combine the raw pumpkin, eggs, vanilla, oil, honey, bicarb, cinnamon, nutmeg, ginger and raisins.
3. Add the spelt flour and mix through.
4. Spoon into a prepared baking tin lined with baking paper. The size tin I used was 10 1/2 cm wide and 26 cm long.
5. Garnish the top if you like then pop into the oven.
6. Bake for 1 hour - 1 1/4 hour or until cooked through. You may need to cover the top with a little foil if necessary. The top of your cake should spring back when touched.
7. Remove from the oven and allow to cool for 30 minutes before removing from the tin. Enjoy at room temperature alone or topped with ricotta + honey.

Fundraising

Clothing and Toy Bazaar



Friday 13th November

3:00-7:00pm

Kinma School Hall

Clothing, Accessories, Toys, Books, DVDs

Kids Activities

Sausage Sizzle * Kinma Café * Homebaked goodies



Win a Christmas Hamper!



The Bazaar will also stay open for a week afterwards in case you miss the date ☺

See Rachel, Renee B or Claire for more info

KihMa

NEEDS YOU!

...actually we need your stuff for the Bazaar:

- *Clean good quality clothes, shoes and accessories*
- *Complete toys, games, puzzles, books, dvds*
- *Fancy food for the hamper*

Please drop items on the stage in the hall by

Tuesday November 10



THANK YOU



Kinma
TRIVIA NIGHT
FUNDRAISER

DATE:
SATURDAY 28TH NOVEMBER 2015

TIME:
7PM ARRIVAL FOR 8PM START

VENUE:
TED BLACKWOOD HALL, WARRIEWOOD

THEME:
A SPLASH OF COLOUR

DINNER:
FOOD FIGHTERS SERVING MEXICAN
YUMMINESS FROM 7PM

COST: \$50 PER PERSON OR \$400 FOR TABLE OF 8
TICKETS ON SALE NOW FROM THE OFFICE OR KEEP
AN EYE OUT FOR ORGANISERS AT THE SCHOOL GROUNDS

*Plenty of great prizes up for
grabs so bring your wallet!*



To book: <https://www.eventbrite.com.au/e/kinma-trivia-night-2015-tickets-19162169565>

Extras



Davidson
HIGH SCHOOL

Q & A

You are cordially invited to meet the Principal,
Ms Jann Pattinson,
Friday 13 November at 9.15am
in the Jan Jones Room

Mimosa Street
Frenchs Forest
Phone: 9451 0022
www.davidson-h.schools.nsw.edu.au

After a short presentation by the Principal
and a Q&A session, school tours will be run,
concluding with morning tea.

To secure your place at this event,
please go to
www.schoolinterviews.com.au
and enter the code LGTKZ

A community school, Davidson High School is committed to providing an inclusive educational environment that is supportive, innovative and engaging.

We believe that by working strategically and collaboratively we will inspire and develop future-focused students who are active and connected learners and critical and creative thinkers.



Davidson HIGH SCHOOL

Book Fair Details:



Lifeline Northern Beaches Giant Book Fair: 20th to 22nd November 2015

Venue: Balgowlah Boys Campus
Cnr Sydney Rd & Maretimo St
Balgowlah

Dates/Times: Friday 20th November 4 pm – 9 pm
Saturday 21st November 9 am – 5 pm
Sunday 22nd November 9 am – 2pm

Please note we accept Visa & Mastercard and also have EFTPOS facility available

(Entry by gold coin donation very much appreciated)

At the Book Fair there will be thousands of good quality books, at bargain prices, in many categories, including a wide range of children's books suited to all ages.

For the enthusiast/collector we have a large number of award winning and collectible books.

In addition to the above we will also have a wide selection of puzzles, games, CD, vinyls etc so there's something for everyone!

With Christmas just around the corner, here is the perfect opportunity to stock up gifts for loved ones and the Christmas stockings

All funds raised support the activities of Lifeline Northern Beaches which, in addition to the crisis line (13 11 14), provides a lot of services to our community, including 24 hour counselling (with suicide prevention a major focus), bereavement support, anger management and problem gambling to name but a few.

Your support for our Book Fairs goes a long way in generating the funds required to continue providing these services to our community

See you there!