

Group 3 News

Group 3's excursion to West Head



Looking for representations of animals in the rocks.



An outdoor classroom: Learning about traditional Aboriginal lore.




A group shot with Uncle Les at a scenic lookout point.



Listening to stories with Les and learning about some of the traditional weapons, tools and customs of Australia's First People.



25th of August 2016 Thursday

Thank you for showing us the plants  glue

I liked the nectar it was Really tasty and as Sweet as a lollipop.

I am now liking In fear of my dad making a punishment spear and testing it on me! 😬

from Isabella

P.S thank you for showing us your spears and letting us have a go on your didgeridoo

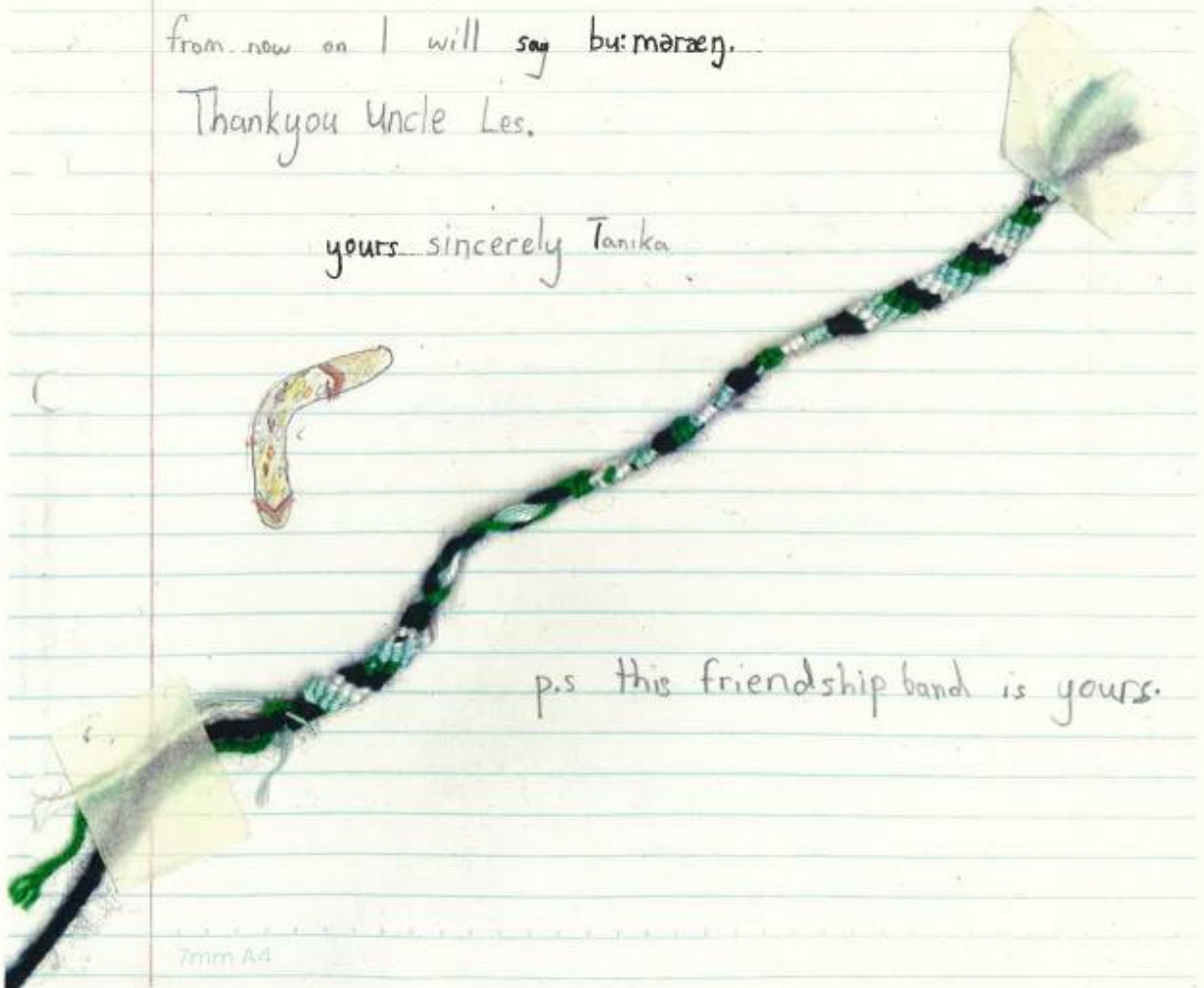
Dear Uncle Les

I really enjoyed Tuesday the 23rd of August with you.
I found it interesting when you told us about the black
Cockatoos and I am very grateful that I was allowed
to go in the Women's area.

Thank you for letting us play your didgeridu and thank
you for telling me boomerang is pronounced bu:maraeng.
from now on I will say bu:maraeng.

Thankyou Uncle Les.

yours sincerely Tanika



p.s this friendship band is yours.

My excursion

At West head, after we looked and learnt in the Guringui land, we went to the picnic area. We ate lunch then learnt about and saw some tools and weapons, like Boomerang. Boomerang is not said how it's spelt, it's said as if it has a U instead of two os! The story was that a white man once saw aboriginals throwing sticks. The white man came over and asked what the sticks were called. None of them could speak English. Some of them ran away because they were scared, but one of them stepped forward and said: "Boomerang". The white man wrote it down, and went away. The white man wanted to tell

P2

everyone, by putting the name in the Sydney gazette. When people read the name they thought it was said how it's spelt, I also liked the ochre ceremony that we did with Uncle Les. It was white ochre.

I really enjoyed being in the Womens area. The view was beautiful. You could see mountains and trees. I learnt that if you get wattle bush leaves, scrunch them up, add water and rub them together you'll get soap. You can rinse your hands and feet under water with the soap.

I had lots of fun!

Hannah

7min A4



Snack attack is a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 2 Snack Attack.

PLEASE REMEMBER – We do not use nuts or nut products anywhere at Kinma.

Sep 7 th	Isobel, Sona & Tan
Sep 14 th	Sam, Sam, Stephany & Georgie
Sep 21 st	Liz & Sally G

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.