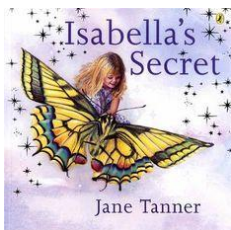
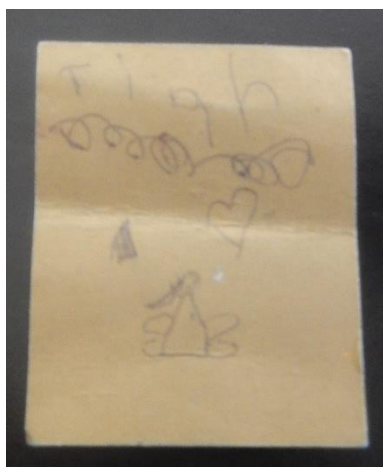


PRESCHOOL NEWS

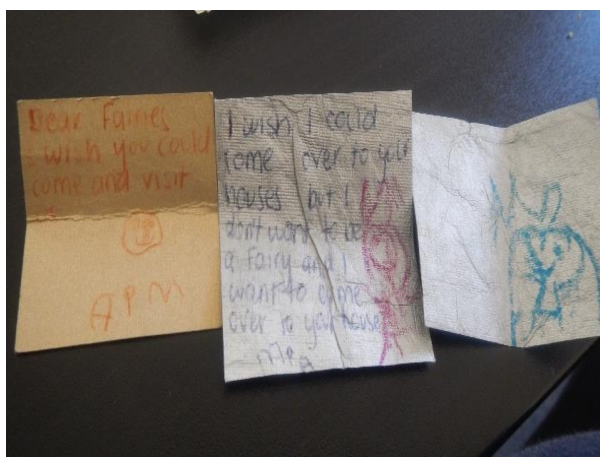


Fairies

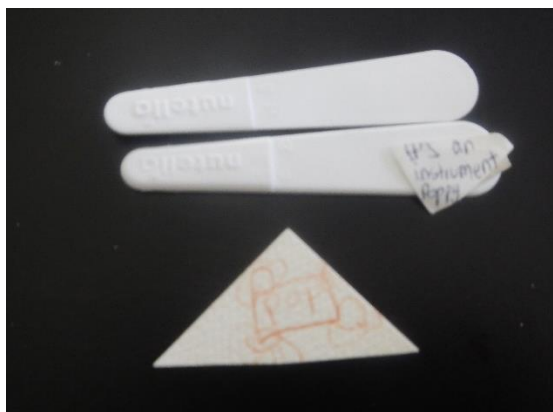
After reading *Isabella's Secret*, a story about a girl with fairies in her garden, Tiah, Claudia, Poppy and Mia were told about the fairies near group 1. They were introduced to the occasion of Group 1 having mail correspondence with the fairies and wanted to do the same.



Tiah's letter to the fairies



Mia's messages to the fairies 'I wish I could come over to your houses but I don't want to be a fairy and I want to come over to your house'



Poppy's letter and fairy musical instruments 'It's an instrument'



Claudia's letters to the fairies 'Dear Fairy, Claudia'

Poppy, Tiah, Mia, Beatrix and Elly S all wanted to deliver the mail to the fairy letter box. Claudia decided to stay at preschool and play. We left preschool and headed down to primary where we met with Aleena and Piper from Group 1. Lots of hugs were exchanged.

"We're coming to see the fairies!" Mia and Beatrix both called

"Do you know where they are?" asked Aleena

"The fairy houses are that way but the fairies are not real." said Piper

"Do you want me to show you?" Aleena

Aleena walked us past the classroom showed us the fairy letter box in the veggie patch. Aleena told us that Zoe had decorated the letter box. We deposited the letters one by one into the minute letter box.

Poppy announced, "It's full!"



Aleena then gave us a tour of the fairy village. Some houses were near the stream of water and others hidden away behind branches and bushes.



Back at preschool the adventures. Mia and Poppy both partook in this task. Both wanted to write a story and with the day coming to an end, they were asked if it would be ok to create the story together. Mia, Poppy both contributed.

Mia : Once upon a time there was a little fairy house and there was five girls – Tiah, Poppy, Beatrix, Elly (S) and Mia.

Poppy: And then there was some stomping. It was a bear!

Mia: And Mia walked up to the bear and asked "Are you lost?"

Poppy: Lucky Poppy could whistle because this bear didn't like birds.

children were offered the opportunity of writing a story either about the fairies or about our

EMERGENCY EVACUATION PRACTICE

The children and staff have been involved in emergency evacuation practices recently. When the bell was rung, children stopped what they were doing and went to the gate. Then children and teachers walked to the hall. There, a roll was taken and children answered "Hello" or "I'm here" when their name was called. We talked about there not really being an emergency today – we were practising. Some of the children were keen to tell the firefighters when they visited about our emergency practices.



From Kay, Felicity, Nina, Lizzie, Pat and Christine



Snack attack is a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 2 Snack Attack.

PLEASE REMEMBER – We do not use nuts or nut products anywhere at Kinma.

Sep 21st

Liz & Sally G

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

parenting Programs Child & Adolescent Parenting

WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (2/11 - 30/11, 7.00-9.30pm)

Triple P (Positive Parenting Program) Seminars (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children
Chatswood (21/11, 28/11 & 5/12, 7.00 - 9.00pm)

Communicating with Kids Workshop (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.
Chatswood (24/11, 7.00-9.30pm)

Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (1/11 - 29/11, 7.00-9.30pm), Brookvale 5 wks (2/11 - 30/11, 6.30-9.00pm)

Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood (3/11, 10/11 & 17/11), 3 wks/2.5hrs each, 7.00-9.30pm)

Helping Your 3-6 Year Old Child with Anxiety

Series of 2 workshops for parents to assist with young children showing signs of anxiety
Chatswood 24/10 & 7/11 (2.5hrs each, 7.00-9.30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (26/10, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (25/10, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 8877 5152 (2-2.5 hours)

- ★ Understanding Your Toddler/Discipline & Tantrums
- ★ Tucker without Tantrums/Toilet Training
- ★ Speech & Language Development/Sleep
- ★ Older Sibling - New Baby
- ★ Dealing with Teen's Back Chat
- ★ Resilient Kids
- ★ Transition to School
- ★ Transition to High School
- ★ Triple P Seminar Series 1-12 yrs & Teens
- ★ Communicating with Kids
- ★ Grand Parenting

Enquiries: Child & Adolescent Parenting 8877 5152
www.nslhd.health.nsw.gov.au/services/CAP