

# A Message from our Pre-Highs

Dear Kinma Community,

We (pre-highs) know that we are all blessed with a warm house, food and a wonderful family, but there are some without.

This term we have decided we want to help youth on the street of the Northern Beaches so they can possibly have it a little bit easier. We are going to hijack the tinkering day in November to create gifts like bags, cards, cookies, ginger bread and friendship bands and anything else we can think.

However, we need your help!!!!!

There are 108 families at Kinma. There are 6 weeks till the Kinma gratitude celebrations (3.12.16) so we are hoping that together we may be able to get a whole lot more.

Things that we think young teenagers doing it tough may want:

- Deodorants
- Wipes
- Make up
- Hair brush / comb
- Opal cards
- Movie tickets
- Books

- Tooth brush
- Toothpaste
- Sun screen
- Hand balls
- Gift vouchers
- Insect repellent
- Stationery nice pencils and paper

We think that it may be possible to get lots of these things if you would help. We will be talking with the other kids and seeing if they can offer to do extra work around the house so you could buy one thing extra each time you go shopping. From next week we will place some graphs around to see what we need and mark off as we receive them.

Donations can be dropped off to group 3 classroom, the Office and Preschool.

Thanks

Pre-highs Mia, Maia, Kade and Dan











# **Group 3 Overview - Term 4**

Welcome back to Term 4! On behalf of Group 3 and Kinma community, we would like to extend a special welcome to Chirag and his parents Murali and Karthi.

This term our main theme will focus on the plight of refugees. The theme arose from a class brainstorm on 'rights'. To facilitate our understanding we will be studying an array of texts which will be complemented by newspaper articles, poetry (*Inside out and back again*) art works and relevant videos and audio. The aim is to expose children to a variety of perspectives and stories.

Our main novel will be *Boy Overboard* by Morris Gleitzmann. We will further develop our comprehension skills through character studies, identifying themes, comparing and contrasting key ideas, summarising main ideas and more!

Another focus is Nadia Wheatley's book *My Place*. Along with studying the 'snapshots' of children's lives in the book, we will be conducting an inquiry into the places and spaces which we belong to personally, historically and physically. The children will be involved in writing and constructing a Group 3 *Our Place* book. Narrative themes in *My Place* will be identified, as well as using it as a springboard to explicitly study the grammatical features salient to this text.

We are in the midst of looking into some special programs including, 'Befriend a child in detention'. This program involves children writing letters to children in detention centres. We are hoping that the Group 3 children might like to share their stories with these children. We are also in the process of organising a guest speaker from the Asylum Seekers Centre in Newtown. If you know of any resources or people that would further help us to understand and learn about refugees, please let us know.

Number work and the four operations will be a priority in Mathematics this term. Contextual learning will involve delving into 2 dimensional and 3 dimensional spaces, coordinates and position. Some of the older children will be focusing on algebra and number patterns. The theme also lends itself to large numbers, percentages, data and how this is represented and interpreted.



#### In other news:

\* Swimming started this week and runs for 6 weeks.

Last swimming -Tuesday 29th November.

#### A few points to note:

- The children will be walking in the heat- please ensure that they have a hat and shoes and that shirts cover their shoulders.
- Swimmers (no bikinis please), towel, goggles and swimming hat in a separate bag to main school bag as easier to carry.
- We are not allowed on the Swim School's play equipment.
- We ask that after-swim treats are bought and eaten elsewhere so as to avoid feelings of jealousy and to avoid 'pester power' down the line.
- \*Hats! Please everyday a hat! Children are welcome to leave a hat in their locker.
- \*Violin starts week 3.
- \*French on Friday.
- \*Please ensure your child/ren are at school before or by 9am.
- \*Sculptures by the Sea excursion Monday 31st October. If you would like to come along as a helper please let Michelle or Katie know.
- \*Xmas markets Tuesday 6th December.
- \*Pre-high dinner. Date and venue TBC.
- \*Farewell for our Pre-highs is Friday 16th. This is a wonderful day; a shared lunch and the ritual farewell following. Please join us from midday.

Of course, as is the way of Kinma, our theme and learning adventures will grow throughout the term!

Katie and Michelle xx





Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 73 children in the Primary and 26 in Preschool, approx. 10 adults on Wednesdays.

We have 21 gluten-free, 17 dairy-free children, and 12 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 4 Snack Attack.

#### PLEASE REMEMBER – We do not use nuts or nut products anywhere at Kinma.

Oct 26	Gemma, Lisa and Karthi
Nov 2	Elisha and Nic
Nov 9	Alix, Katerina and Tan
Nov 16	
Nov 23	Rachel, Sally M, & 1 helper needed
Nov 30	Preschool
Dec 7	
Dec 14	

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,

Hayley Lewis (Turiee's mum)

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.



# **Extras**

## Davidson

HIGH SCHOOL

You are cordially invited to

### Meet our Principal

Ms Jann Pattinson on **Friday 18<sup>th</sup> November** at **9.15am** in the Jan Jones Room.

Following a Q&A session, school tours will be run.

To secure your place at this event, please go to www.schoolinterviews.com.au and enter the code hgqu9

Mimosa Street, Frenchs Forest Phone: 9451 0022

www.davidson-h.schools.nsw.edu.au







#### JANUARY SCHOOL HOLIDAY PROGRAM 2017

To Mums, Dads and Carers: help over the holidays is near: ] SYDNEY ART SPACE will be offering a fabulous school holiday art program in January covering workshops in painting, drawing, collage, printing, stitching, illustration, clay handbuilding, ephemeral sculptures, 3D sculpting, origami, jewellery making and photography!! Stay tuned and go to our website 6 weeks before Term 4 finishes to see what is on during January.

www.sydneyartspace.com info@sydneyartspace.com

Bookings essential 0402 532 957





## Parenting Programs Child & Adolescent Parenting

#### WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

#### Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict. Chatswood 5wks/2.5hrs (2/11-30/11, 7.00-9.30pm)

#### Triple P (Positive Parenting Program) Seminars (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children Chatswood (21/11, 28/11 & 5/12, 7.00 - 9.00pm)

#### Communicating with Kids Workshop (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family. Chatswood (24/11, 7.00-9.30pm)

#### Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour. Chatswood 5 wks (1/11 - 29/11, 7.00-9.30pm), Brookvale 5 wks (2/11 - 30/11, 6.30-9.00pm)

#### Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep Chatswood (3/11, 10/11 & 17/11), 3 wks/2.5hrs each, 7.00-9.30pm)

#### Helping Your 3-6 Year Old Child with Anxiety

Series of 2 workshops for parents to assist with young children showing signs of anxiety Chatswood 24/10 & 7/11 (2.5hrs each, 7.00-9.30pm)

#### Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills Chatswood (26/10, 7.00-9.30pm)

#### Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager Chatswood (25/10, 7.00-9.30pm)

#### WORKSHOPS ON REQUEST - PHONE 8877 5152 (2-2.5 hours)

- ★ Understanding Your Toddler/Discipline & Tantrums ★ Transition to School
- ★ Tucker without Tantrums/Toilet Training
- ★ Speech & Language Development/Sleep
- ★ Older Sibling New Baby
- ★ Dealing with Teen's Back Chat
- \*Resilient Kids

- \* Transition to High School
- \* Triple P Seminar Series 1-12 yrs & Teens
- \* Communicating with Kids
- **★** Grand Parenting

Enquiries: Child & Adolescent Parenting 8877 5152 www.nslhd.health.nsw.gov.au/services/CAP



