Tinkering

As tinkering grows into a culture at our school, changes are unfolding. More children are offering pods and feeling increasingly comfortable doing so. They are pairing up with friends, family members and staff to explore a broad variety of options.

Families are in many stages of their tinkering journey: those who come to check it out, those who play, those who join with another tinkerer and watch and learn as they do so, those who offer that which they are passionate about, those who offer a particular interest of the children.

A huge thanks to families who helped contribute to the largest array of tinkering activities we've thus far offered. This is just so exciting for the children. The photos speak loudly, enjoy!

If you would like to be part of the Nov 29 Tinker day, please contact Juli g.





kinma



















Kinna







Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 73 children in the Primary and 26 in Preschool, approx. 10 adults on Wednesdays.

We have 21 gluten-free, 17 dairy-free children, and 12 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 4 Snack Attack.

PLEASE REMEMBER – We do not use nuts or nut products anywhere at Kinma.

Nov 9	Alix, Katerina and Tan
Nov 16	
Nov 23	Rachel, Sally M, & 1 helper needed
Nov 30	Preschool
Dec 7	
Dec 14	

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

Thanks, Hayley Lewis (Turiee's mum)

kinma

Extras



HIGH SCHOOL

You are cordially invited to

Meet our Principal

Ms Jann Pattinson on **Friday 18th November** at **9.15am** in the Jan Jones Room.

Following a Q&A session, school tours will be run.

To secure your place at this event, please go to www.schoolinterviews.com.au and enter the code hgqu9

Mimosa Street, Frenchs Forest Phone: 9451 0022 www.davidson-h.schools.nsw.edu.au







JANUARY SCHOOL HOLIDAY PROGRAM 2017

To Mums, Dads and Carers: help over the holidays is near :] SYDNEY ART SPACE will be offering a fabulous school holiday art program in January covering workshops in painting, drawing, collage, printing, stitching, illustration, clay handbuilding, ephemeral sculptures, 3D sculpting, origami, jewellery making and photography!! Stay tuned and go to our website 6 weeks before Term 4 finishes to see what is on during January.

www.sydneyartspace.com info@sydneyartspace.com

Bookings essential 0402 532 957





Rorenting Programs Child & Adolescent Parenting

WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict. Chatswood 5wks/2.5hrs (2/11 - 30/11, 7.00-9.30pm)

Triple P (Positive Parenting Program) Seminars (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children Chatswood (21/11, 28/11 & 5/12, 7.00 – 9.00pm)

Communicating with Kids Workshop (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family. Chatswood (24/11, 7.00-9.30pm)

Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour. Chatswood 5 wks (1/11 - 29/11, 7.00-9.30pm), Brookvale 5 wks (2/11 - 30/11, 6.30-9.00pm)

Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep Chatswood (3/11, 10/11 & 17/11), 3 wks/2.5hrs each, 7.00-9.30pm)

Helping Your 3-6 Year Old Child with Anxiety

Series of 2 workshops for parents to assist with young children showing signs of anxiety Chatswood 24/10 & 7/11 (2.5hrs each, 7.00-9.30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills Chatswood (26/10, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager Chatswood (25/10, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 8877 5152 (2-2.5 hours)

- * Understanding Your Toddler/Discipline & Tantrums * Transition to School
- * Tucker without Tantrums/Toilet Training
- * Speech & Language Development/Sleep
- * Older Sibling New Baby
- * Dealing with Teen's Back Chat

*Resilient Kids

- * Transition to High School
- * Triple P Seminar Series 1-12 yrs & Teens
- * Communicating with Kids
- ★ Grand Parenting

Enquiries: Child & Adolescent Parenting 8877 5152 www.nslhd.health.nsw.gov.au/services/CAP

Northern Sydney Local Health District

