

# Preschool

This is a busy time of year for many people. At the moment we have some casual places available on a Monday and Thursday. See Kay if you would like to arrange for an

What a busy few weeks we have had. There has been so much going on that it was difficult to choose what to expand on for this newsletter. Some of the activities we have been doing are having a tea party, dancing, bushwalking, playing music on the key boards, cooking cookies, investigating silk worms, making fragrant playdough using rosemary and lavender as well as lots of painting, blocks, running, swinging and so much more.



Welcome to Mabel who started recently and to her parents Sam and Ed. Mabel knows a little bit about the preschool because her older sister Willow used to come here. She also knows some of the other children and she has enjoyed her first couple of days playing with duplo, painting and sandpit games.



Welcome also to Ava. Also welcome to her parents Melanie and David. Ava is playing with all sorts of activities and she has been happily chatting with many new friends.

Over the past couple of months many children have been interested in dinosaurs. You may have noticed a clay skull that the children made at the end of last term. There is a story book with photos of how this was made, so please have a look with your child. In this activity there was a lot of discussion about dinosaurs and we wanted to draw out what the children collectively knew about dinosaurs. So we started the process of making a 3D mind map.

The mini dinosaur world that Gus, Lucas, Tom and Louie gathered things from around the garden which may have been around in the dinosaur times. Gus was interested in building a volcano and have it erupt. We will look into making this happen. This activity led into the 3D mind map.



Over a couple of sessions with different children we asked generally what they knew about dinosaurs. The focus was on what they knew already, not to give answers. The areas that came up were that dinosaurs eat meat or vegetables, they lay eggs, there are fossils from dinosaurs, they lived in deserts, sky and sea, there are many different types, dinosaurs died a long time ago.



Catherine, a teaching student from Curtin University, scribed what the children were saying and Felicity tried to delve deeper into their understandings by asking clarifying questions. These snippets of knowledge were related to a 3D object like a plastic T-Rex, a tree for the vegetable eaters, a fossil of a shell, a picture of the sea/sky, an obscure bone.

We laid out these comments on the floor with the children to demonstrate how the different comments would be grouped into similar topics like all the egg comments were together, all the comments about what they eat were together.



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Once this was put up as a display we could see that the area of fossils was an area that could be easily extended and followed up. So on another day the children made their own ice fossils. They put a toy dinosaur in a balloon and filled it up with water and then put them in the freezer.

There was a lot of discussions about how paleontologists would find frozen or calcified parts of dinosaurs and would dig them out. So the digging and chipping began. They used some small utensils to chip away at the ice and some warm water was dripped on to the ice eggs to help with the process. There are still some frozen eggs to be excavated next week.

What else will we find out about dinosaurs?



On Friday 28<sup>th</sup> October we had Tinkering. Preschool usually has a ‘pod’. The primary school has 3 sessions throughout the day. On Friday there were things like Lego making, drawing classes run by one of the Group 3 students, ..... Preschools pod was t-shirt drawing.

In the morning the preschoolers had a turn. They drew quite intricate drawings on paper and then did them onto the t-shirts with the special crayons. They were ironed so that the drawing would be steadfast.



In the afternoon, some children from primary came and did some t-shirts. They too did a design on paper first and then transferred this to the t-shirt. Isobel, Elly S’s mum, helped with the pod and ironed all of the t-shirts ready for collection at the end of the day. Thanks Isobel.





We have a Pre School  
Morning Tea  
on  
Wednesday 16<sup>th</sup> November,  
9.15am-11.15am.  
All Welcome!  
Bring something healthy to share.



Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 73 children in the Primary and 26 in Preschool, approx. 10 adults on Wednesdays.

We have 21 gluten-free, 17 dairy-free children, and 12 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 4 Snack Attack.

**PLEASE REMEMBER – We do not use nuts or nut products anywhere at Kinma.**

Nov 16	
Nov 23	Rachel, Sally M, <b>&amp; 1 helper needed</b>
Nov 30	Preschool
Dec 7	
Dec 14	

If you have any questions or want to contribute  
please email me at [hayleyjl@tpg.com.au](mailto:hayleyjl@tpg.com.au)  
or call 0435 145 486.

Thanks,  
*Hayley Lewis* (Turiee's mum)

*Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.*

*All expenses for ingredients are reimbursable.*

# Extras

## Honouring the Feminine

**+ Ma Ma Na**  
*A Celebration of Sisterhood*  
Gai-mariagal

Women,  
 Mothers & Daughter  
 Weekend Retreat



December 9<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup>, 2016

### Retreat Rundown

#### Friday

- 6pm Arrive
- 7pm Welcome Dinner

#### Saturday

- Women & women's business.
- Relationships with self, mother and child
- Totems of Gaimaragal
- Totem Flag Make
- Story Stick Make

#### Sunday

- Ochre Ceremony
- Letting Go Fire
- Blessing Ceremony
- Closing Celebration

4 pm Goodbyes

**+ Teachings of Australia's First Peoples**

Ancient Knowledge and Wisdoms for Modern Day Wellbeing Practices

## Nourish and Nurture Weekend

Join us for a weekend of Women's Business at Currawong Cottages, nestled in the ancient lands and waterways of Pittwater and Kuringai Chase National Park, Gai-mariagal Country. This area is known for its peace and tranquility. It's a place to nurture your mind, body & spirit and find absolute seclusion from an increasingly busy world.



more on **2**



### Getting there by:

#### Ferry

Ferries depart from Palm Beach Wharf (Barrenjoey Road) on the hour and take 25 minutes. Please call Palm Beach Ferry Service on 9974 2411 or visit

Join us in the secluded bush land setting above the beach, at Currawong where the cottages have filtered views of Pittwater.



The Ma Ma Na Retreat explores what it means to be women in this modern age and to Honour the Feminine.

Commencing on Friday afternoon December 9<sup>th</sup> concluding Sunday 11<sup>th</sup>, 2016  
Be part of Women's Business and Young Girls Rites of Passage to womanhood.

#### Investment

Women \$550

Teenagers \$200

Inclusive of accommodation, all meals, materials and teachings.

#### What to bring

- Clothes
- Bed linen & towels
- Costume & towel
- All toiletries
- Insect repellent

#### Please note

There are no shops, television, radios or telephones on Currawong, however you can get mobile phone coverage.



Further information:

Susan Moylan-Coombs  
Mia Dalby-Ball

Mb: 0458205399  
Mb: 0488 481929

email: [susan@gaimaragal.com.au](mailto:susan@gaimaragal.com.au)



Northern Beaches Council presents

# KU-RING-GAI pH: ART + SCIENCE > PROJECT

## Public Programs

### Art + Science Forum

Sun 11 Dec, 2 - 4pm

Join in a discussion chaired by Professor William Gladstone, Head of School of Life Sciences, UTS, about the vital and fascinating relationship between science and art, and new ways of thinking about the relationship between them. Speakers include exhibition curators Susan Milne and Katherine Roberts, artists Lisa Roberts and Sarah Robson, scientist Dr Asheeta Prasad, and curator and writer Bec Dean. Members of the community are invited to register their interest in presenting a two-minute talk on their own experience of an art+science collaboration (by Mon, 28 Nov 2016) to katherine.roberts@manly.nsw.gov.au

Venue: Manly Art Gallery & Museum

Cost: Free

### Ku-ring-gai Chase National Park

#### Guided Tour

Sun 22 Jan, 9 - 12pm

Join Karen Smith from the Aboriginal Heritage Office on a guided walk in Ku-ring-gai Chase National Park, a landscape where traditional owners lived and flourished for thousands of years.

Venue: Ku-ring-gai Chase National Park (specific meet-up details provided upon booking)

Cost: Free (lunch at own cost)

### 'In Conversation': Artists & Scientists

Sun 19 Feb 2017, 2 - 4pm

Four of the collaborative groups talk with the curators about their ideas, processes and installations: Julia Davis, Sarah Robson & Dr Asheeta Prasad; Kassandra Bossell & Garry Daly; Dr Bonita Ely & Dr Karen Privat; and Megan Cope & Roberta Johnson.

Venue: Manly Art Gallery & Museum

Cost: Free

### Masterclass with Shane Fahey

Sat 11 Feb, 10am - 3pm

Acoustic engineer, Shane Fahey, presents a masterclass exploring the art of sound + vibration which will appeal to visual artists working with or wanting to work with sound, and to musicians exploring sound visualisation and multi-disciplinary applications for their work. It will explore the history and development of sound as a conceptual idea, a tool for activating & preserving knowledge, a practical means of communication, an artistic expression through rhythm, medium-ship & music technology and an ecomap showing the shift from a human based 'centre of the universe' model of sound & music culture to a planetary based model.

Venue: Eramboo Artist Environment, Terrey Hills

Cost: \$60 (BYO lunch) materials provided

## Workshops

### Oceanic Bliss: Seagrass Dreaming

Wed 18 Jan, 10am - 12pm

Marine biologist William Gladstone and artist Lisa Roberts will introduce their seagrass installation to workshop participants. Working together, by doing science and making art, the group will explore why seagrass is important and what it means to us.

Ages: 7-12 years. 15pp max.

Venue: Manly Art Gallery & Museum

Cost: \$30 (includes materials & refreshments)

### World Between Tides

Tues 24 Jan, 10am - 12pm or 2 - 4pm

Working with artist Joshua Yeldham and scientist Mia Dalby-Ball, the group will explore the wonderful world between the tides. To bring art and science together, the group will create mandalas with the natural treasures they have collected.

Ages: 7-12 years. 20pp max each session.

*Parents are encouraged to be part of the session.*

Venue: Meet at McCarrs Creek Reserve, Church Point.

Cost: \$30 (bring morning or afternoon tea)

### Oceanic Bliss: Data Choreography

Tue 7 Feb, 7 - 9pm

Marine biologist William Gladstone and artist Lisa Roberts will lead a workshop for adults on experimental ways of combining art with science. This will be an immersive experience responding to and generating art and data. Drawing, photography, movement and sound will be used to make visible what we know from the scientific data, and how we feel about an environment whose changes we are constantly measuring.

Ages: 16+. 15pp max.

Venue: Manly Art Gallery & Museum

Cost: \$10 (refreshments included)

## Partners



## Supporters



**For all event bookings:** [kuringgaieramboo.com.au](http://kuringgaieramboo.com.au)

### Manly Art Gallery & Museum

West Esplanade Reserve, Manly NSW 2095

9976 1421 | [artgallery@manly.nsw.gov.au](mailto:artgallery@manly.nsw.gov.au)

10am-5pm Tues-Sun | Free entry | [magam.com.au](http://magam.com.au)

Image: Sally Howe. An exhibition catalogue accompanies this exhibition.

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