



### Term Dates:

Term 3: Wed 1 Aug – Fri 28 Sep

Term 4: Tues 16 Oct – Fri 14 Dec

## Term 3

Date	Time	What's On
<b>Next Week</b>		
03/09/18	9.30am	Education Committee Meeting
04/09/18	9.15am	Preschool Morning Tea – all welcome
07/09/18	9.30-10.30am	Group 1 Parent Morning Tea - hall
<b>Week 7 onwards</b>		
10/09/18	10.15-11.00am	'Intro to Preschool' talk at Play Group with Kay
10/09/18	7.00pm	Board Meeting
11/09/18	9.30am	Musica Viva Incursion
12/09/18	AM	Bushlink
13/09/18	3.15pm	Preschool Information Session 'Gender Identity and Gender Expression'
21/09/18	1.15pm	Group 3 plays – hall
24/09/18	AM	Healthy Harold – part 1
25/09/18	AM	Healthy Harold – part 2
28/09/18		Term 3 finishes
<b>Term 4</b>		
16/10/18		First day Term 4
30/10/18	9.30 – 11.30am	Preschool Open Morning
31/10/18	All day	Friendship Seed Day
05/11/18	9.30am	Tinkering *helpers needed
11/11/18	tba	Kinma Care Day
01/12/18	4pm	Gratitude Gathering – all welcome
06/12/18	9am-10.30am	Kids Christmas Market
14/12/18		Farewells - Term 4 finishes

## After School Care

After school care is coming to Kinma: Green Umbrella OSHC is coming soon! Initially we hope to offer 3 days a week of care between 3 and 6 pm at Kinma for primary school students. New government funding means that this service will be partially subsidised for many parents working, volunteering or studying.

Stay tuned for more detailed information in the coming weeks  
and contact Sam Hall or Amy Webster with any questions.

Sam: [gledhall@icloud.com](mailto:gledhall@icloud.com) Amy: [amywebster149@gmail.com](mailto:amywebster149@gmail.com)

# A taste of Kinma this week...



# Snack Attack

## How it works

On Wednesday, Snack Attack lunches are a valued part of the Kinma week. The money collected is set aside to be used for kitchen supplies like tea and coffee. Each term a roster is prepared to ensure that there are three or four parents to hold Snack Attack each week. Parents and grandparents are encouraged to be involved in Snack Attack either by preparing a sweet or savoury dish to be sold, or by helping to prepare and serve. Meals are either prepared at home, brought in to school then heated and served, or the kitchen is open from 9am to start cooking.

The Snack Attack co-ordinator is Hayley Lewis and she is happy to support parents who wish to join in with such things as menu design and quantities required. She can be contacted at [hayleyjl@tpg.com.au](mailto:hayleyjl@tpg.com.au).

We ask that meals be nut-free and shell fish free school, due to severe allergies.

### How to set up

The following needs to be put out on a table just outside the kitchen door:

- Tray of sorted cutlery

For outside on the sink under the window:

- Blue/pink draining boards
- Sinks filled with warm soapy water

Collect the preschool meal order numbers after morning tea time. Preschool meals are to be taken up by 12pm.

Primary comes out in 3 separate groups, starting at 12.30pm, followed by the next at 12.35pm and the next at 12.40pm.

Money is collected in classrooms so you don't need to take money from anyone.

Kids will wash up their own plates and cutlery and leave them in the draining board. They may need a second wash or rinse inside by parents, with hot water.

Please leave the kitchen neat and tidy.

Thanks!

#### Dates for this term are:

15/8	Cat, Maya, Clorinda, Joe, Nic W
29/8	Preschool and Group 2
5/9	Bethan, Amanda, Stephany dessert
12/9	Monique & Melissa P
19/9	Michelle McPh, Micha, Deepika
26/9	Gemma & Manolo

If you can help in any way, please contact Hayley (Turiee's mum, group 3) [hayleyjl@tpg.com.au](mailto:hayleyjl@tpg.com.au) or see the post in our Community Facebook page.

# Admin

## Pat Nugent Preschool

We would like to let everyone know that our lovely Pat (from Preschool) is unable to be at Preschool for the remainder of this year.

Pat's mum is very sick and she is supporting her in the UK. We are sending our love and good wishes to her.

During this absence we have Lizzie and Karthi supporting the team in Preschool.

## Words ....

We can use words in such different ways and contexts. Words can be so healing and thoughtful, thought provoking and powerful, soft and gentle. They can fill a small hole inside us and they can tear it into bigger pieces.

As I write, I am reflecting on my adult child not letting me know that he was not coming home!! He certainly has the right to do whatever he chooses – BUT, his quick message to his parent would have helped her heart.

OK, so back to Kinma. We are hearing language from children in all groups –

## **Silly, Stupid, ReeEEEEealllly, Loooooser,**

Let's get together and switch our ears on, and with 70 families and 140 ears we can make a difference.

Please, let's pick up each child when they use a word that is derogatory and help them find the real word, or help them unpack the feeling that they have behind the word they used. Or, it may be they are not conscious at that moment about the ramification to their own heart and the other person's.

We are talking a lot at the moment about how words can create such hurt. We are also talking about feelings being incredibly important and not to push them down, but work out ways to deal with them in a manner that does not hurt others.

## EASY STUFF!!

### Rubbish Warriors

Last week Group 2 went for a triangle walk, to blow away the cob webs and get the body moving. Two thirds around the walk there was so much rubbish strewn on the side of the road. What did we do?

We collected:

Beer bottles (one with an ants nest inside and Julie C had to get another child to hold it because they were much more comfortable to keep them at bay)

Plastics

Wrappers and paper

Nuts and bolts

Soft drink bottles

Cans

Even a huge plastic container we could put the stuff into

Cigarette packets but no butts – we figured too much saliva!

What a wonder.

Claire, Carin, Narelle, Julie

# Group 2

Group 2 had a fantastic excursion to Taronga Zoo this week. We had a little rain and a lot of wind when we were there but it didn't dampen our spirits!



Many of us have been writing about a number of the animals found at the zoo through our work connected with the animal themed magazine, soon to be published. We prepared for our day carefully examining the zoo map planning our ideal day, partly based on the enclosures and animals we had to see. This was quite hard, trying to get our head around the scale of the map and trying to anticipate how long it would take to walk between the different exhibits. This was further complicated when we knew the times of the different animal shows and zoo keeper talks but we got here in the end and had some great plans for the day.



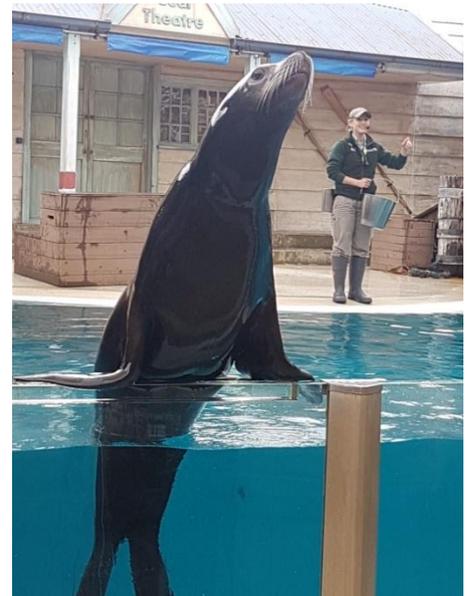
When we were there we had a booklet to get us thinking about not only what our favourite animal was but also things like: What is most important to you when you visit a zoo?

- a) It is clear that the zoo helps with animal conservation
- b) There is a wide range of animals
- c) Enclosures/exhibits are like the animals' natural habitat
- d) The animals are active/moving around
- e) Interesting talks from keepers
- f) Animal displays/shows
- g) It is clear that the animals are well looked after

We also discussed with our group what it might mean to have a cage that is good (or not so good) for an animal and gave some examples of good ones and some disappointing ones. For example, many of us thought the Sumatran tiger's cage was lovely and compared with many zoos in the world it really is. However, for others in the class, we thought that the tiger would know or feel that its freedom was now very much limited, and compared to its range in the wild, this was nowhere near big enough.



**Can you see the Sumatran Tiger in the background?**



**Is this a good life for the seal?**

Later in class, we also discussed how human food choices, concerning products containing palm oil, affect the Sumatran tiger's natural habitat. It's hard to believe that buying commercial biscuits, lipstick, ice cream, shampoo and instant noodles can support the destruction of rainforests that are so important in so many ways - not just to us but for tigers, orang-utans and the other creatures that live there too.



***It's hard to believe that penguins can be so big!***

Back in class, in our nuzzles (Number Puzzles) lessons, we are going to use at the data we collected when we were at the zoo and make a variety of graphs that show a whole bunch of interesting information, in ways that are easy to read.

Stay tuned for the next instalment.

*Love, Tristan and Deepika*

# Group 3



On Monday Group 2 and 3 enjoyed a blustery day at Taronga Zoo. Group 3 had a particular focus; to observe and note the enclosure designs provided for the animals at the Zoo and analyse their adequacy in terms of the animals' welfare.



They focused on dietary provisions, enclosure size, vegetation, shelter, privacy and socialisation and enjoyment provisions. The children took notes, photographs and drawings to use for further investigation and discovery back in the classroom. This excursion and experiences complements their individual inquiries, whereby they have chosen an animal on the endangered animal continuum and have conducted research - summarising key points through reading texts and extracting relevant and current information. This provides a contextual opportunity for children to practise their note taking and critical questioning skills along the way.

Some interesting facts discovered and shared by the children -

**Katherine:** The Bluefin tuna -380kg

**Billy:** The Arctic fox fur withstands temperatures of minus 70 degrees

**Chirag:** Orangutans are endangered because they are displaced during deforestation.

**Ali:** The Corroboree frog acquires its yellow colour during hibernation.

**Mika:** Turtles have 4 collective nouns- dole, nest, bale and turn.

**Seb:** A Javan rhino can block its nose and stay underwater for 5 minutes.

**Galen:** The pink dolphin becomes pinker with age.

**Tiahna:** The Przewalskii's Horse is the only wild horse never to have been ridden.

**Turiee:** A sloth can stay underwater for 40 minutes.

**Will:** Gorillas use their knuckles to help them walk

**Ella:** The panda can run faster (32 km/h) than a Tasmanian devil (13km/h).

**Freddie:** The Tasmanian devil is becoming extinct because of a facial tumour disease.

**Aidan:** The Amur leopard can vertically jump 3 metres high.

**Fitch:** Great White sharks can travel up to 60 km/h.

**Nate:** Polar bears spend 50% of their time hunting but only catch 2 seals out of 10.

**Tanika:** Some people deep fry axolotls and eat them for their supper.

**Reuben:** Numbats can sense termite movement through the ground.

**Mati:** Sea otters are eaten mostly by great white sharks.

**Toby:** The Adélie penguin has been sighted in Australia and it lives in Antarctica.

**Ivy:** Red pandas are pregnant for 132 days.



This week, Group 3 were fortunate to have a visit from Dr Connie Harris (an ex-Kinma Parent) who shared with us her extensive knowledge of the flora and fauna belonging to our local environment. The children learnt about how the local ecosystem supports animals; native shrubs and trees providing food and habitat for many endangered Australian animals. In particular, our allocasuarina provides food for the glossy black cockatoo which are listed as vulnerable in NSW. The Group 3 children had already been investigating the causes of animal endangerment and extinction on a global scale, and it was invaluable for them to recognise that they are already actively engaged in helping and supporting the local endangered fauna through the Kinma bush regeneration programs. *“Thank you Connie.”*

We’d also like to say a huge *“Thank you”* to Dr Bernie Tuck for sharing his expertise earlier in the term. The children had a great time watching their petri dishes grow and seeing the contrast in bacteria before and after washing hands.

Ella and Tiahna observed that, “Now it seems normal to wash your hands whereas before it wasn’t considered necessary and lots of people were dying from diseases that could have been prevented.”

We used Dr Semmelweiss’ research and analysed his findings to investigate the mode, mean and median of lives that have been saved due to hand washing practices. This was our segue into collecting and analysing different types of data, for example, lengths of sharks and speeds of animals to graph in a variety of ways – column graph, dot plot and line graphs.

**Please put Friday 21<sup>st</sup> September, 1:15 in your diaries for Group 3 plays.**

Love Group 3, Katie and Michelle xxx



Inspiring a passion for learning, for life

PRIMARY • PRESCHOOL • PLAYGROUP

# **PRESCHOOL MORNING TEA**

**TUESDAY 4TH SEPTEMBER 2018  
9.15 - 11.00AM**

**PLEASE BRING A  
HEALTHY PLATE  
TO SHARE**

**ALL WELCOME**

# Extras



**Total Wellness Market**

## TERREY Hills Public School

**4TH SUNDAY OF EACH MONTH**  
**8.30AM TO 1.00PM**

With the growing need for healthier options  
Total Wellness Market came to life

Organic Meat	Organic Eggs	Organic Fruit & Vegetables
Organic Muesli	Raw Honey	Speciality Bread
Heath Treats	Refreshments	Coffee and Roaster
Gozleme's	Chemical Free Living	Coaching
Acupuncture	Meditation	Declutter
Bees Wax Wraps	Body Balance	Dried Fruit and Nuts
Birth Support	Homeopath	Naturopath
Home Healing	Spices	Home-made Butters
Speciality Water	Art Therapy	Thermomix
Equine Therapy	Crystal Healing	and more
Yoga	Equine	

\*Stalls may vary each month

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Enquiries welcome:  
[admin@totalwellnessmarket.com.au](mailto:admin@totalwellnessmarket.com.au)

## Friends of Narrabeen Lagoon Catchment

### Next Forum:

### Catchment Transport Issues

7pm November 26

### Coastal Environment Centre

Jim Boyce of Manly/Warringah/Pittwater Historical society will outline transport in the catchment from past times to present day.

Malcolm Raymond will discuss the Implications for this area of future transport options.



1920s bus transport

### Outdoor activities

### Eco Paddle on Narrabeen Lagoon - Sun October 21 from 1pm

This paddle will visit the Western Basin, Deep and Middle Creeks. Beautiful Deep Creek attracts migratory birds from as far away as Russia. A relaxing 2 to 3 hour afternoon paddle. No previous kayaking experience required, tuition given. BYO boat or a hire kayak can be arranged for you at cost.

Bookings essential. Phone 0417 502 056 or email Tony Carr <tonycarr@ozemail.com.au>

### Sat 6 Oct 8-12:30 Mona Vale Rd to Narrabeen Lagoon

with plant ID and some weeding. Please bring gloves. Allow 4.5 hrs. Grade medium. Bookings: 0432643295

### Sat 15 Sep 8-11:30 Cromer to Oxford Falls bushwalk

with plant ID. 3.5hrs. Grade medium. Bookings: 0432643295

### Sun 18 Nov 8am -11:30am Explorative walk from Garigal National Park to Morgan Rd.

Plant ID and weeding at end of track. Please bring gloves. Allow 3.5 hrs. Bookings: 0432643295

### Sat 15 Sep 8am -11:30am Cromer to Oxford Falls

with plant ID. 3.5hrs.

Grade medium.

Bookings: 0432643295

Happy bushwalkers in Narrabeen Lagoon Catchment





# EVOLVE TENNIS ACADEMY

## Multi-Sport Holiday Camps

### ✓ CAMP DATES

Week 1: 2nd - 5th October | Week 2: 8th - 12th October

### ✓ CAMP PRICING

#### Full Week - 5 Day Camp

Full Week Full Days \$175  
Full Week Half Days \$145

#### Full Week - 4 Day Camp

Full Week Full Days \$140  
Full Week Half Days \$115

#### Single Day Pricing

Full Day \$60 (9-3pm)  
Half Day \$45 (9-12pm)



### ✓ HOW TO BOOK

By email : [evolvetennis@evolvetennisacademy.com](mailto:evolvetennis@evolvetennisacademy.com)

By Phone: 9971-0644

ONLINE : [www.evolvetennisacademy.com](http://www.evolvetennisacademy.com)

### ✓ WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

### ✓ DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

### ✓ Collaroy Tennis Club, Careel Bay Tennis Club, & Wyatt Park Tennis Centre

10%  
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FOR MORE  
DETAILS