

Kinma

Kinma Newsletter T2 Week 3 Friday 13th May, 2016

TINKERING

Looking forward to sharing another tinkering day on Tuesday with everyone who can come along. You would be most welcome to come and partake in the tinkering or just sit in this amazing sunshine and watch the world go by at Kinma.

WHAT'S ON

| | |
|----------|--|
| 14.05.16 | Bush Regen meets 8 - 10 am |
| 17.05.16 | Tinkering |
| 20.05.16 | Warriewood Market, 8am |
| 23.05.16 | Grp 3 Canberra |
| 28.05.16 | Kinma Care Day 1.30-4pm |
| 29.05.16 | Frenchs Forest Market, 8am |
| 31.05.16 | Learning Forum |
| 02.06.16 | Open Morning |
| 03.06.16 | Preschool Morning Tea - all welcome |
| 11.06.16 | Bush Regen meets 8-10 am |
| 13.06.16 | Public holiday school closed |
| 15.06.16 | Friendship Day |
| 23.06.16 | Tinkering |
| 26.06.16 | 10am-2pm: Open Day, 'School on Sunday' |
| 27.06.16 | No Primary School |
| 01.07.16 | Term 2 ends |
| 27.07.16 | Term 3 starts |
| 23.09.16 | Term 3 ends |
| 11.10.16 | Term 4 starts |
| 16.12.16 | Term 4 ends |



Admin

Bush Regeneration

A big call out please to some families to come along to our next bush regeneration meet on Saturday 14th May from 8am – 10 am.

We are a small group of committed Kinma people who need a bit of help to get stuck into one particular area that needs some work. It is not difficult and is such an important project for the School. This small piece of land in the middle between preschool and primary is a natural corridor for the wallabies and native birds to utilize in our local area. If you can spare a couple hours early on Saturday 14th it would be greatly appreciated . This could be your Kinma Care for term 2, instead of coming up later in the month.

Kinma Care Day

Just a reminder that Kinma Care day is on Saturday 28th May from 1.30-4pm for Preschool and Primary families. It is a great time to come and help the school and catch up with community and the children have a great time as well.

Photos for Preschool and Primary

Kath came and spent the day last week with group 3 students chatting and taking photos. Everyone seemed to have a very relaxing and enjoyable time. Next week on Wednesday 18th we will look at doing group 2 shots.

Towels

Looking for some towels if you have any to spare to be delivered up to the office. We use dozens of towels a week and it is always good to have a good supply, so if you have overstocked in your linen press maybe you could gift some to ours. Thanks in advance.

DEFIBRILATOR

I would like to advise the school community that we have purchased a defibrillator to be permanently located on the school site. The machine will be on a shelf in the School office. We have, up until now had an arrangement with the Terrey Hills Swim School whereby we could drive up and take theirs in an emergency. After this year's annual health training we made the decision to have one at the School. Appropriate signage will be placed on the grounds.

Claire, Carin and Julie

Kinma Board

Nick Georges, Chairperson

T: 0412 106 633

E: nick.georges@gmail.com

Ginny Neighbour, Treasurer

T: 9880 2492

E: ginny.neighbour@gmail.com

Lesley Milbourne, Governance

T: 0408 409 043

E: lesleyamilbourne@gmail.com

Steve Dixon, Fundraising

T: 0412 949 441

E: stevengarrydixon@me.com

Lisa Graaug, Education Committee

T: 0409 924 630

E: lisa@yogainstitute.com.au

Jonathan Kelt, Education Committee

T: 0425 225 174

E: jonathankelt@mac.com

Amy Webster, Community Liaison,
& Marketing Co-ordinator

T: 0434 806 014

E: amywebster149@gmail.com

Pam Webster, Director Emeritus

E: pamwebs@gmail.com

The School AGM was held this week and we farewelled to amazing parents who have given collectively over 7 years to the management of our school. Bea Pierce and Stephen Cole will be sadly missed from the team.

We welcome Amy Webster and Lesley Milbourne onto the 2016 /17 Board. Amy comes to the Board with a wealth of knowledge around connections and the workings of the individual; not to mention her being one of our first Kinma families back in the 70's. Amy will support ongoing communications within the School and co-ordinate the external face for the School. Welcome and thank you Amy!

Lesley comes to the Board and has been brilliantly slotted in to support the governance and political education agenda. Lesley's expertise in Government policy, Department of Community and Family Services protocols and so more will be a great asset for the Board and management. Welcome and thank you Lesley.

Brief summations of the Board portfolios were submitted and distributed to the members earlier in the week and were spoken to at the AGM. HOWEVER, dear Steve Dixon provided his briefing and it was accidently left off. A copy is attached below. Thankfully, Steve is a forgiving kind of gent and is happy that those who would like to have a read get the opportunity.

Fund raising

2015 was another very successful year for the fundraising efforts, with two clothing stalls, a parent education evening, and trivia night. In many ways it was a year of transition - away from our annual auction and toward a trivia night. We are building on a very fruitful season of fundraising under the leadership, creativity and investment of Lisa Graaug and her team. Thank you to all who made contributions to our fundraising efforts last year - whether in organisation or donating or both.

Our trivia night at the end of last year raised a total of \$16426!!! Less than half of this is allocated to the Kinma's operating costs (a very important and necessary aspect of any budget), while \$10850 was set aside for special projects as identified by the board. The education committee has already made some decisions on spending the \$800 raised on the night for library books and we have a project plan underway for the \$8000 generously contributed for work on the bottom playground. The remaining \$2050 will be used to ignite the swing project in the top playground in 2016.

Ed. Co-ordinator

When Kinma's ideas are valued beyond ...

Perhaps the most oft phrased set of comments from Kinma parents who have been at the school for some time, goes something like this ...

“Why isn't Kinma bigger?

Why don't other people get 'IT'?

How can mainstream schools keep doing some of what they do in the face of so much research, practice and Kinma's lived 43 year experience?”

It is such an empowering feeling, after 17 years connection with the Kinma philosophy and practice to be sent the following article from Tristan's (group 2 teacher) mum.

<http://www.childmags.com.au/school/5-12-years/8482-top-five-education-myths>.

To whet your appetite, the Chair of the Positive Schools Initiative (positiveschools.com.au), Dr Helen Street, unpacks perhaps 5 of the most asked questions by our parents as they move through school. If there is one article you are going to read, one article you can send to your parents, friends, those who seem to question the thinking that leads you to choose Kinma, make it this one. Simple, Clear and affirming.

- Early learners (and readers!) have a head start
- Absenteeism = Poor Academic Outcomes
- Rewards boost motivation to learn
- Homework improves kids learning outcomes
- High grades predict career success

A huge benefit of this article is that it is run in the mass media and people see that these ideas are , albeit quite slowly, drip feeding their way into common acceptance. As always, I would love to hear your thoughts after reading

jg



LEARNING FORUM

PLEASE feel free to chat to any class-teachers before May 30th if you'd like some suggestions for reading or watching on the topic.

**May 31ST
6.30 for 6.45**

WHAT IS A REWARD?

What is a punishment?

Come join us, share your ideas, listen to other family members and staff share their viewpoints and the Kinma practice and philosophy... come chat & LISTEN

I Wish I was Aboriginal.....

On Monday, Dennis Foley, an older person of the Gamaragal* people, walked the land and shared stories with the children of Kinma Primary. We use the term 'older person' because Dennis taught us that the word 'elder' has connotations which he feels confers a set of understandings about position which he would rather not use. So he refers to himself as an older person of his people.

The feedback from the children and many of the families with whom I have spoken has been overwhelmingly impactful. Many children felt humbled and saddened that Dennis was 'stolen' and then bravely ran away with his cousin from Bathurst and trained and walked back to his family in the Northern beaches. Others were rapt in the stories they heard; the red belly black, the rainbow serpent, the baby dolphin Each a learning in life. Perhaps the most striking mark for some of our group 1 children was their first introduction to the 'magic' in the plants on their walk to boat rock.

Please find below some of the writings, mind maps, journey maps and drawings of the children as well as some photos taken at the opening ceremony which Kade beautifully hosted.

"A peaceful fire burns low as we greet an Aboriginal man and he tells us stories of creation with saviours and morals"

"My favourite part was sitting on the rock at boat rock while he talked about how Aboriginal people usually got married at 12 to a 60 year old. I thought that was scary and weird."

A bunch of children confided to teachers that they wished they were Aboriginal. They loved the idea of living in the bush all the time, collecting plants to eat and heal, catching animals- but those they could eat, no more, making friends with the red belly black! They headed back to school to 'play being Aboriginals'. There was a little part of some of us staff that sat in discomfort or feared offence in their play but we all heard repeatedly from Dennis that there is nothing that will be of greater benefit for the children and the relationship of indigenous and non indigenous folk than children coming to know Aboriginality. He encouraged staff to share the land with the children; including land care, to share and allow the children to retell stories, and engage in a range of activities so that the children do not feel that it is something 'not to be touched'.

We were thrilled as a staff in all the learning and the attitude of the children. We look forward to Dennis returning in October.

- Transliteration from the local indigenous language.



Preschool

We have had a lovely start to the term with lots of sunshine and a large variety of activities.

We would like to welcome three new children to preschool ...



Harley and his parents Marilyn and Shane.



Louella, sister to Max W, and her parents that already know the ropes, Monique and David.



Elodie, sister to Jonah who is now in Group One, and her parents that know the in's and out's, Stephanie and Sean.

We have a wonderful training teacher with us, Jess, who is using her musical talent throughout the program. This has inspired us all to grab some instruments and sing some songs and have music woven into our day.

Above, Jess is playing guitar while Louella uses the shakers. They were singing Five Little Ducks, Incy Wincy Spider, ABC, I Can Sing a Rainbow.

Some reasons we encourage music are because it encourages creativity, listening skills, it builds neural pathways in the brain, music increases memory, it is fun, music brings people together, it increases language skills, it's a wonderful way to incorporate different cultures into our program and it is full of joy.



Gus, Louie, Bosco, Teo, and Poppy enjoyed listening to the cello with Rosie and having a turn of using the bow.



Sigrid, Zoe, Elly S, Beatrix, Eloise H and Anica were playing instruments and singing songs with Jess. They were each suggesting songs, each child had an instrument and they listened to the sound each one made. They all sang together with the guitar.

A musical performance was created by Claudia, Qiana, Elly S, Sanda, Olive, Samara, Kahlila, Mia M and India Rose all helped to choose 3 songs. They sang Let It Go, Revolting Children from Matilda and Outside by Adele. Then Nate and Lenny joined in and sang We Will Rock You.



In light of these wonderful musical experiences, we would love to acquire a **blue tooth speaker** to be able to extend our musical collection, please let one of the staff know if you have one we can use.

This term we'd like to introduce a family tree. It'll make visible all the preschool families that form the preschool community. We plan to display photos, along with a description, in one of the pods.

It presents the opportunity to:

- Share their family with other children
- Prompts discussions about family "what is family?" "who is family?"
- Share their perceptions and challenge their ideas through sharing
- Learn about their fellow peers

Feel free to include anyone or thing in your family photo. We look forward to seeing the diversity of these families.

If you could please either bring in a printed copy or send one through email and we'll print it.

Thanks, Felicity, Christine, Nina, Lizzie, Pat, Big Ben and Rosie.

Group 1

Our Journey so far...

We kicked off our journey to South America by solving riddles to find parts of the continent. This led to the children investigating Atlases and comparing the shape of the continent to ours. Andy's group explored Australia; why are parts on a map different colours? Why is Western Australia called that? Where are we? Grace's group had flag clues but Shala noticed 'Hey, that doesn't have the Aboriginal flag!'

Shala, Callum and Amos decided that they wanted to redesign the flag for Australia to represent our whole culture. This led to 'Flag Friday' in which we looked into flags and their meanings and designed a new flag for Australia that would represent ourselves and what Australia means to us.

Here are some of Group 1's ideas:

Piper- designed a flag "with lots of trees because people love nature... people because there are lots of people from different countries. Australia is one of the biggest countries you know?"

Emily- designed a flag with a heart ('love' written in it) to show friendship.

Tamzin- used the colours blue to represent water & black for rocks.

Aisha- designed a flag with missy her dog. Her final design had stripes. Brown represented Missy. Orange was sunset, green was the bush ("because I like nature."), red was for the fires at Yurt farm and black for night time at the yurt farm.

Jonah- designed a flag with a penguin & rainbow colours

Amos- designed a flag with a kangaroo, outline of Aust. & stars

Callum- designed a flag with yellow to represent the sun & soil, orange= desert, green=bush & outline of Australia with a kangaroo in the centre

Rafferty- designed a flag with a bilby named 'Cutie.'

Shala- "the black is night & animals of the night. The yellow represents the sun. The orange is sunset. The red represents the blood from the Dreamtime stories."

Now if you're heading off on a trip, you really must plan a route! The Group entered the room one morning to find the book nook was now a 'Post Office' and the campfire area now a 'Travel Shop'. We had great fun filling out passport applications, getting our photographs taken and using brochures and maps to plan out our route. Then of course we played in the shops, booking flights, taking calls, using the type writer to record messages. So much to do before we head off to the airport!



Group 3

Overview, Term 2 2016 – Australia, you're standing in it!

An exciting and busy term awaits us!

Our brainstorm reflected a strong curiosity about all things indigenous – history, culture, tradition, language, weapons, hunting and gathering, bush tucker, animals and how they have adapted.

We will explore the arrival of Aborigines and Aboriginal way of life before the 'Clash of Cultures'. Our class novel "Nanberry" by Jackie French and a variety of complementary texts and genres will give much scope for rich and engaging visual and critical literacy activities. First contact and the effect it had on indigenous Australians will be considered. A major focus will be 'sources' and differing perspectives.

Children will study play scripts written by Pauline E. McLeod to interpret the Aboriginal perspective of Dreaming and the spiritual connection between people and environment.

Text types will include, but not be limited to, historical fiction and non-fiction, cartoons, informative texts, newspapers, letters and articles.

Literacy 'toolbox' - spelling, vocabulary and grammar will be contextual where possible, however, spelling (thematic, individual and rule based) will be a regular part of our routine.

Mathematics learning will be contextual, with mapping, time and measurement exercises. The children will also be practice and consolidate their mathematical skills with explicit, maths focused 'toolbox' sessions.

In science this term, we will be looking at Australian ecosystems and how animals have had to physically and behaviourally adapt to these environments.

With two weeks to go until our Canberra trip, our initial focus will delve into democracy. Where did it come from? What does it look like? Is theory different to practice? Are there different types of democracy? Comparisons will be made between Aboriginal traditional 'lore' and British based Australian 'law'. From our brainstorm children were interested in 'big' decisions and 'bad' decisions. Another opportunity to further explore perspectives.

Canberra Camp, here we come.... Monday 23rd – Wednesday 25th May. Our itinerary includes – Questacon, Parliament house, Tidbinbilla reserve, Deep space complex, Australian museum (with a focus on migration stories), AIS (Australian Institute of Sport), Glassworks and the mint. Please ensure children are well rested prior to our departure as we need all our energy for exploring, learning, interacting and having fun!!

Musica Viva, Monday 30th May – This term we are excited to be hosting a performance by Tigramuna, engaging children in the sounds and movement of South America. Prior to the performance we will be listening to their music, as well as, learning songs and a dance.

Friendship Seed Day, Wednesday 15th June - This is an annual event where Group 3 write to a number of schools inviting students to spend a day at Kinma. A time to meet new people, make connections and share the message of friendship.

Tinkering - Tuesday 17th May and Thursday 16th June. Please see Juli G if you would like to share your talents, passions or hobbies. Likewise, come and join in and tinker alongside Kinma kids.

Tuesdays- Yoga with Lisa

Wednesday – Wheels

Friday – Basketball and French

As always, any suggestions and/or queries are welcome!

Katie and Michelle xx

Tinker time

Tuesday 17th May !!!

If you know what it is , you know we need you to make it happen

If you don't know what it is, we'd love you to come play alongside Kinma children in the Primary and Preschool by becoming involved in a POD of activity!

Please call or email and let me know what pod you can run or that you have time available and can help someone else run theirs.

Pods run 9.30, 11.15, 1.30



Contact : julig@kinma.nsw.edu.au



Snack attack is a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 2 Snack Attack.

SNACK ATTACK TERM 2, 2016

- May 11th: Liz B & Sally G
- May 18: Amanda R-B & Felicity
- May 25: Helena & Karen
- June 1: Rachel, Katerina & Alix
- June 8:
- June 15: Beck, Gemma, Nic & Kathleen
- June 22: Lesley & Hayley
- June 29: Elisha

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Extras



ACACIA QUARTET is excited to present
a concert especially for kids!



BUTTERFLYING

Is a unique chance for children of all ages
to hear and see one of Australia's finest
string quartets up close and in action!

Performing delightful musical miniatures
by Elena Kats-Chernin including her
famous 'Eliza Aria', 'Moody Tango',
'Butterflying' and 'Russian Rag'.

This relaxed afternoon concert will take
place at the Manly Art Gallery on the
Promenade. Hearing ACACIA Quartet live
promises to be an unforgettable
experience for all ages.

Kindly sponsored by a Manly Council Grant

WARNING - Adults will only be admitted
if accompanied by a child!!!

SUN 22 MAY, 2016
3pm - 4pm

MANLY ART GALLERY
W Esplanade &
Commonwealth Parade,
Manly, NSW 2095

SUGGESTED AGES:
0 - 12 years

TICKETS:
Children \$15 / Adults \$30

BOOKINGS:
WWW.ACACIAQUARTET.COM

Davidson High School

You are cordially invited to meet the Principal, Ms Jann Pattinson, on **Friday 27 May** at **9.15am** in the Jan Jones Room.

Following a Q&A session, school tours will be run.

To secure your place at this event, please go to www.schoolinterviews.com.au and enter the code **6394x**



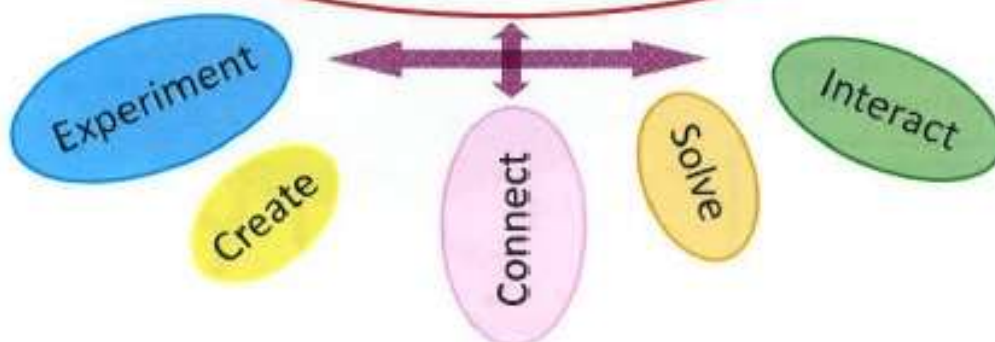
Q&A

Mimosa Street, Frenchs Forest

Phone: 9451 0022

www.davidson-h.schools.nsw.edu.au

A community school, **Davidson High School** is committed to providing an inclusive educational environment that is supportive, innovative and engaging. We believe that by working strategically and collaboratively we will inspire and develop future-focused students who are active and connected learners and critical and creative thinkers.





A Call to All Air Ship Enthusiasts, Space Pirates, Time Travellers, Dreamers and Clowns-at-Heart to join The Imaginarium.

Come and carelessly mix theatre and science, games and steampunk, entrepreneurship and clowning. Age unimportant. Must be young at heart.

We will get started with Improv TV. We will make microphones, remotes and TV sets out of cardboard and come up with ideas for unique shows. By the end, you will:

- 1) Create your own TV / Youtube Channel
- 2) Create your own TV show
- 3) Improvise and take yourself and others less seriously :)

or simply be a spectator and doodle or colorin!

WHEN

Saturday, 4 June 2016 from 1:30 PM to 3:00 PM (AEST) - [Add to Calendar](#)

WHERE

Berrins Coworking Space & Meeting Rooms Sydney - 40 East Esplanade #2, Manly, NSW 2095 - [View Map](#)

TAGS

Manly, NSW Events

Party

Arts

TO BOOK TIX FOR YOUR FAMILY ... <https://www.eventbrite.com.au/e/the-imaginarium-tickets-25147596137>

**Tread Lighter on the Earth
Savusavu Fiji Retreat with Liz Bennett
16-23rd July 2016**



Join Liz Bennett for a Daku Resort on Fiji's Northern Island of Vanua Levu. Two yoga classes each day, from a beautiful yoga platform with stunning views over the bay, a menu of fresh foods, daily waterfalls and beach swimming. Let go and have everything taken care of for a week. An opportunity to rest and recharge, either bringing kids or having your own time out. Our accommodation is in traditional bure-style cottages or shared villas.

Explore and deepen your relationship with the forces of nature and the gravity that both surrounds and makes up ourselves. Through breath based flowing yoga practices, pranayama and meditation, you will feel re-energised. Liz will modify the practice for people's individual needs, and develop a take-home practice that you can do on your own (she'll even help you write it down so you won't forget the minute you leave the yoga shala). Develop new skills in your nervous system for awareness and integration of your body breath and mind, to move with more ease, nurture your lightness and power as you walk through life.

Program Includes

7 nights accommodation at Daku Resort in traditional bures with private facilities.

Breakfasts, lunches and dinners.

Workshop fees and an additional personalised 1 on 1 yoga session with Liz during the retreat.

Transfers from Savusavu Airport to Daku Resort. **Twin share room: \$1700 Single: \$2050**

Read more here <http://www.yogainfiji.com/tread-lighter-on-the-earth/>

Enquire:

Phone (AU): +61 (0)2 8094 1613

Phone (FJ): +679 8850.046

Email: susan@yogainfiji.com

BY POPULAR DEMAND, YOUR LOCAL BIATHLON EVENTS ARE COMING BACK!



THE BIATHLON SERIES



**WHERE: TERREY HILLS SWIM SCHOOL
WHEN: FRIDAY NIGHTS & SATURDAY AFTERNOONS**

Friendly, fun event. Everyone welcome including families and children.



FRIDAYS 6:00 PM

TasteTester Light
300m run + 100m swim
(4 laps of 25m pool)

TasteTester
600m run + 400m swim
(16 laps of 25m pool)

DATES
29 April
6 May
13 May
20 May
27 May
3 June

Book for all 6 races \$54 (only \$9 each)
Or \$15 casual

SATURDAYS 4:30 PM

DATES
17 Sept
15 Oct
19 Nov
17 Dec

TasteTester & Kids
1km run + 125m swim
(5 laps of 25m pool)

Energizer
(4km run + 425m swim)

Ultra
(6km run + 525m swim)*

*To enter the Ultra, you need to expect that you can finish this distance under 50 minutes.

\$10 adult, \$5 child
On the day entry: \$15 adult, \$10 child

Energize and THSS are passionate advocates of active lifestyles and are hosting these biathlons as community events to encourage fun ways of being active.

Limited numbers can enter, so please register your entry by ringing Terrey Hills Swim School on 9486 3941 to secure your spot. Biathlons will start promptly, so please arrive at least 30 minutes prior to get organised!

Some terms & conditions apply. Biathlons will go ahead rain or shine (but not in extreme weather). No refunds. Your overall time will be recorded (no split times). This is a community, not for profit event... Friendly competition is welcomed, but please let it be friendly!

The best person to compete against is yourself



Terrey Hills Swim School
www.thswim.com.au



www.thswim.com.au
www.energizehealthclub.com.au