

## Term Dates 2019

Term 4: Tues 15 Oct – Wed 18 Dec

## Term Dates 2020

Term 1: Thu 30 Jan – Thu 9 April

Term 2: Wed 29 Apr – Fri 3 July

Term 3: Wed 29 July – Fri 25 Sep

Term 4: Tues 13 Oct – Wed 16 Dec

### Term 4

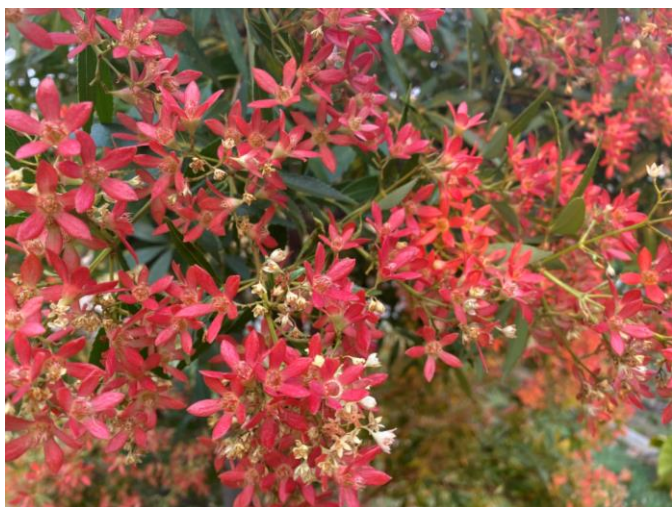
#### Next Week

Mon 25 Nov	9.30am	Dental Health Talk at Preschool – all Preschool families welcome
Mon 25 Nov	1.30-2.30pm	Last Group 3 Surf Awareness Programme <b>(1 return driver needed)</b>
Tues 26 Nov	Am	Transition
Tues 26 Nov	2.15-3.00pm	Last Swimming lessons for Groups 4/1/2 <b>(2 bag drivers needed)</b>
Weds 27 Nov	9am-11am	Preschool Morning Tea and Craft Workshop – all welcome
Fri 29 Nov	Am	Transition

#### Week 8 →

Tues 3 Dec	9.30am	Eyesight Screening at Preschool
Tues 3 Dec	Am	Transition
Weds 4 Dec	9-10.30am	Kids Christmas Market – all welcome
Weds 4 Dec	7-8.30-pm	Orientation Evening for New Preschool Families
Thu 5 Dec	9.30am	Eyesight Screening at Preschool
Sat 7 Dec	4.00-7.00pm	Gratitude Gathering – all welcome
Weds 11 Dec	9.30am-12.30pm	Preschool Excursion to Kimbriki – all Preschool welcome
Thu 12 Dec	5pm	Pre-High/Group 3 Dinner, Avalon
Tues 17 Dec	2.00pm	Preschool End of Year Celebration
Wed 18 Dec	9.00am for <b>9.30am start</b>	<b>Farewells (Please note change of time)</b> followed by BYO picnic Term 4 ends

# Kinma Gratitude Gathering



We warmly invite all families to join us at the Kinma Gratitude Gathering. This is a beautiful evening of candles, songs and a light supper. A time to reflect and give thanks for all that we have here at Kinma with our families and extended community.

**Saturday 7<sup>th</sup> December**

**4.00-7.00pm**

**Kinma hall**

RSVP to [claire@kinma.nsw.edu.au](mailto:claire@kinma.nsw.edu.au) with numbers in your family coming and any dietary restrictions, by Monday 2<sup>nd</sup> December.

# Tinkering



What a wonderful Tinkering morning we had – a big thank you to all the families who came and ran pods, who helped out, who supported children behind the scenes, who brought your passions and creativity to help the children have such an enriching experience. Our pods included:

*Coding*, **Scratch**, *Cookie baking*, **flatbread & pancake making**, **dog grooming**, **nature painting**, **adventure walk**, wood deck restoration, ~~Christmas cards~~, **basketball**, **soccer**, sculptures by the waiting tree, **reading writing and drawing**, *smoothie bike* and more!



# Admin

## School Fees

We are getting towards the point end of the year where all our accounts (payables) need to be paid. This in turn means that WE NEED YOU to pay any outstanding school fees.

At Kinma we do not charge interest on outstanding fees, not so we generally put extreme pressure on families. Please can I ask that all fees are paid in the next week. I will contact individual families Mid next week to see how this is going.

## Lost Property

I have done a quick calculation on the lost property that is downstairs. If I include the cost of both shoes (even though there is only 1 sad one here) then I would think we have in excess of \$700 worth of clothing that is waiting to be collected.

Parents, we are walking the children up to look at the clothing but guess what we hear “NO NOT MINE.... NO NOT MINE ...”

So please, next time you do drop off or pick up sweep in via the library at the entrance and have a quick look

## Library Books

Do you have any Kinma books at your place? Are you sure? Have a look on your book case, or under your child’s bed, and what use to be my favourite, in the bottom of the wardrobe. We would greatly appreciate them coming back so we can pack them up for year end.

## Kinma Hats

In both Preschool and Primary we keep spare hats for children who have accidently left theirs at home. Like all schools we have the ‘no hat no play’ rule. At the beginning of this year we invested in another 40 hats (of differing sizes) in Primary. They sit on a hat stand at the entrance to the office. Each week we wash them with disinfectant (Onguard) place them in the sun and have them ready for the following week. As of today we have just 11 of these hats. Where do they go? Into the bush - maybe (I have one of the teenagers each holidays look thru the surrounding areas for rubbish, balls and hats) . Into your homes? Can you check for these designer numbers and if you have any wash them and drop them back .

Thanks.

Julie, Claire, Carin, and Narelle

# Preschool

Our Tinkering pod this term was designing, preparing and sewing fabric to decorate the waiting tree between the Preschool carpark and the bush path. We would be very happy to receive any contributions to the wrapping of the waiting tree from any member of the Kinma community. Knitted, sewn, crocheted or something else – all would be fine.



Thanks Jinny, Micha and Sarah.



And when Primary children noticed one of the daily offerings at Preschool – henna tattoos – it quickly turned into an impromptu tinkering pod!

## PRESCHOOL DATES AND EVENTS

Just a reminder that next week on **Monday 25<sup>th</sup> November** at 9.30am, Nerida from Mona Vale dentist will be coming to lead a session on dental hygiene. Serious subject, lots of fun. All children and families welcome.

**Wednesday 27<sup>th</sup>** is the Preschool Morning Tea 9-11.30am. There will be a Craft Workshop going on at the same time, doing and making for the Children's Market on the 4<sup>th</sup> December. Join us for tea and craft (and let us know if you have any crafty ideas).

**3<sup>rd</sup> and 5<sup>th</sup> December** is NSW Health Eyesight Screening. All children 4 years old before 14.1.20 can be part of this free program. Talk to Kay if you have not yet received a consent form to complete and don't forget to return forms asap.

**Wednesday 11<sup>th</sup> December** is our annual excursion. We are going to visit Kimbriki Recycling Centre. All Preschool children and parents are welcome. More information soon.

**Tuesday 17<sup>th</sup> December at 2pm** is the Preschool End of Year celebration. We say goodbye to the children and families that are heading to their Primary Schools, preceded by a staff performance. Look forward to seeing you.

## Group 2

Life in Group 2 is forging ahead. We've had so much on! Transition started this week. We waved off our older G2 members and welcomed in those coming in to join our class. We had our fish tank water tested and learnt what has been happening with the water and causing the fish grief - and are working to address it. We started making things for the Kids Christmas market and have planned some things to make as a whole class. We've had another wonderful Tinkering day this week - we got to do so many great things! We went to see the Group 3 play. Wow! They must have worked so hard, it was fantastic. And we have the Group 2 Lateover - movie night, bushwalking, pizza making and much more galore coming up!



Even with all of that happening, we have been working away, playing with words and numbers, continents, 3D objects, French, music, swimming, meditation, times tables, Word Of the Day... the list goes on!



We have continued to look explore our theme, we've looked at global goal 14 - Life below water. Before we even began learning new things, we brainstormed what we knew already about environmental issues connected to this goal. We had heard about microplastics inside sea life, water pollution, overfishing, coral dying, declining fish populations, boat sonar confusing whales, plastic bags being eaten by turtles, land rubbish ending up in the ocean, oil spills and single use plastics. We were dismayed to realise that humans are the cause of all of these, and surprised by how much we knew as a group.



We had a lot of fun that day- we laughed ourselves silly making skits about how rubbish leaves humans and gets into the waterways. There were talking turtles, cheeky fish and skittish crabs - all costumed up. We were grave as we looked at photos of sea creatures, beaches and the ocean effected by human pollution. We were impressed as we learnt about all the alternatives to plastic that are currently available. Mushroom, seaweed or banana leaf based packaging? Yes please!





In other news, Group 2 have stepped up in our responsibilities. We have been running Monday afternoon, Primary school activities! We run it like a mini tinkering. We brainstorm ideas for 'pods' with our friends, then put forward a proposal. We plan out the resources we will need and which space we want to run it from. When our idea has got the green light, we get everything ready by the end of lunch. So far we have run pods such as Whole school tip, reading, writing and drawing, basketball, paper box making, card making, soccer, rock painting and clay creations. These afternoons are a great time for us to come together, and get to know one another better, play, create and explore.



'Till next time,  
Kate, Kimberley and all of Group 2

# Group 3

## Alice in Wonderland Fever



Group 3 have been furiously rehearsing for the production of Alice in Wonderland by Lewis Carroll, which was performed this week! Busily making props and costumes, the children have now learned their lines and the excitement is building.

Who is your favourite Alice in Wonderland character?

Putting on a play is a huge undertaking and truly a team effort. We have been fortunate enough to enlist the help of some wonderful parents in the making of props and costumes and would like to thank everyone involved for their time and amazing efforts!

### Alice in Wonderland: Maths

*A Little known fact:* Lewis Carroll was a mathematician and the story of Alice in Wonderland reflects his love of logic, numbers and formulas. To celebrate his mathematical/literary genius, we have been doing some maths puzzles related to the story of Alice in Wonderland.

#### Here's one for you, can you figure it out?

##### The Mad Hatter's Tea Party

"Have you guessed the riddle yet?" The Mad Hatter.

The Mad Hatter always throws the greatest tea parties but this time he has gotten himself in a right muddle—he cannot remember exactly where people sit, he only has some mixed-up information. **Who sits where?**



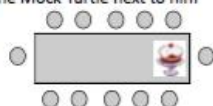
Read this information and see if you can decipher where everyone sits.

- 1: The Mad Hatter is not opposite Alice
- 2: The March Hare is not on the Dormouse's right.
- 3: The Dormouse is not on Alice's left.

After the success of the first Tea Party, the Mad Hatter decides to throw another one. This time, he invites many more people.

**Extension:** Use a similar method to last time and see if you can work out who sits where this time.

- 1: The Dormouse needs to sit between the Mad Hatter and the March Hare.
- 2: The March Hare wants to sit to the Dormouse's right to keep him awake.
- 3: The King and Queen of Hearts get very upset if they don't sit at the ends of the table.
- 4: Tweedledee and Tweedledum always sit next to each other and today they are in between the Cheshire Cat and the Mock Turtle.
- 5: The grinning one has to be kept in check and needs to sit next to the White Rabbit
- 6: The Caterpillar sits across from the one who is always late and next to someone who sits at the end of a table.
- 7: The Dormouse and one of the twins are put in the centre because they like to pull faces at each other across the table.
- 8: The King's job is to serve the cake and he likes the Mock Turtle next to him to help.
- 9: The White Rabbit will be whispering apologies for his lateness into the Queen's right ear.
- 10: Alice has the spare seat.



Use some of the following strategies to work out this conundrum:

- Draw a picture
- guess and check
- work backwards

Let us know how you figured this out!





## Aboriginal Education with Alita

Last week, Group 3 was fortunate enough to learn some Aboriginal songs and dances as well as some interesting facts about how plants can be used from making soap to catching fish.

As part of her second school wide visit, Year 12 student, Alita sang to us in Dharug language and another Indigenous language from the Torres Strait. She also taught us some Aboriginal dances and the significance of each movement we learned. Children of Group 3 all embraced their inner echidna, kangaroo and emu!



Making soap with Sydney Golden Wattle and lots of elbow grease!





Listening to song



Preparing to dance!

# Green Umbrella

Cooking is a favourite activity at Green Umbrella. For the main part, the children now choose their afternoon tea and I have noticed them grow more and more conscious about healthy eating options as we move through the year. We cater to all dietary requirements and Chicken Noodle Soup is our most popular choice on Wednesdays, and smoothies, pizza, banana bread, and honey sandwiches are big hits on other days. Many of the children like to get into the kitchen to help - particularly when we make something sweet!

As a result of the smoke and heat over the past week, we have been playing indoor games in the hall. The games have been hugely popular and they have been a great leveller across the age range.



Louisa Simmonds  
Green Umbrella

Wednesday, November 13, 2019

# Calling on volunteer mums

Julie Cross

VOLUNTEER mums are needed to help vulnerable northern beaches families get back on track.

The mentors are matched with families and visit for two hours a week to provide support with parenting tasks.

Bronwyn Dowling is the co-ordinator for the Dalwood Spilstead Volunteer Home Support Program and said volunteers assist families where there are complex issues affecting children's social, emotional or developmental needs.

"Our program trains and supports volunteer mums to develop a consistent and caring relationship with a vulnerable



Dalwood Spilstead co-ordinator Bronwyn Dowling with Anne, a volunteer.

family," Ms Dowling said.

"They help our families feel more supported and confident in their parenting, and more connected to their community.

"Our volunteers are matched with a family, and visit for two

hours a week, on a weekday.

"As a mentor, they provide support with parenting tasks, help to get out of the house and importantly a friendly and encouraging presence."

Ms Dowling said parenting

can be challenging and can be heightened when parents have experienced trauma in their early years or have additional stresses. "Our volunteers are offering some extra support and care to help them be the best parents they can be," she said. "Research shows that supporting families with caring and supportive relationships during this critical developmental period can make long term difference to the lives of children."

Volunteers are offered training, close support and supervision and form part of the Dalwood Spilstead team working with the family to help them achieve their goals.

•Details: Call Ms Dowling on 9951 0362

To Kinma families

I used to be in a supportive role with Bronwyn & am happy to be a contact (0403 486 124 or email [karennicsaint@hotmail.com](mailto:karennicsaint@hotmail.com)) for further information.

Volunteering is rewarding, the training & support is valuable.

Warm wishes

Karen Saint (Shala's mum)

## Mona Vale Road East upgrade project

Construction update – November 2019

The NSW Government is investing \$140 million to upgrade Mona Vale Road between Manor Road, Ingleside, and Foley Street, Mona Vale, from two to four lanes to improve safety and traffic efficiency.

Work has now started in all areas along Mona Vale Road between Manor Road, Ingleside, and Foley Street, Mona Vale.

### Map of activities in Mona Vale Road East upgrade



Note: Shaded areas are not to scale and for general information and illustrative purposes only

### Work between Manor Road and Mona Vale Cemetery

We have moved into the earthwork stage along Mona Vale Road between Manor Road and Mona Vale Cemetery. We expect to complete earthwork in late 2020, weather permitting.

Earthworks include removing top soil, scaling and breaking rock between Manor Road and Mona Vale Cemetery.

The cutting of the rock faces and filling of the gullies along the road corridor will widen and bring the adjacent ground levels to meet the level of the existing roadway. We are also relocating utilities and installing new drainage.

During the earthwork stage we will:

- remove about 210,000 cubic metres of sandstone and soil
- install over 140 rock anchors and shotcrete (spray concrete) to stabilise the excavated rock faces.

Activities to the end of 2019 include:

- continuing rock breaking along Mona Vale Road between the descending section and the site compound
- erecting electrical poles and connecting the new electricity service along the southern side of Mona Vale Road

- constructing permanent retaining structures and commencement of the fauna bridge overpass abutment
- installing new stormwater and the start of major filling at the Western Early Works area, between Kimbriki Road and Tumburra Street, using the excess material from the Mona Vale Road East project
- continuing installation of permanent fauna fencing along Mona Vale Road to protect fauna crossing the road.

### Work between Mona Vale Cemetery and Foley Street

The following activities started at the eastern end of the project in mid-October and will continue to the end of the year:

- survey and confirming locations of existing utility assets
- clearing vegetation on the southern side of Mona Vale Road. Some clearing is still required near the Cemetery and near Emma Street on both sides of Mona Vale Road
- removing asbestos contaminated soils and buried construction debris in areas between Mona Vale Cemetery and Foley Street
- relocating signs and adjusting private property assets for some commercial properties in the area
- retaining work near Ponderosa Parade.

### Pedestrians and cyclists

For safety reasons, pedestrians and off-road cyclists are advised to avoid Mona Vale Road between Daydream Street, Mona Vale, and Manor Road, Ingleside. There is no footpath or cycle way

and the road shoulders are not available during construction.

We apologise for any inconvenience and thank you for your patience and understanding.

### Construction Speed Zone

We have implemented a 40km/hr construction speed limit along our work corridor to maintain safety. The increased truck movements at the multiple construction access gates also require safe entry and exit speeds along the road corridor. For the safety of motorists and construction workers please follow the speed limits during our day and night work.

### How will the work affect you?

There is noise, vibration and dust associated with our work. We make every effort to minimise the impact by notifying residents before work starts near their property.

During night work we direct light away from residential properties, use noise shields where possible, and turn off equipment and vehicles when not in use. Eligible residences will be offered alternative accommodation.

### Our work schedule

Our standard working hours are between 7am and 6pm Monday to Friday and between 8am and 1pm on Saturdays. Due to daytime traffic restrictions and safety considerations, out of hours work will need to continue for some activities.

Out of hours work may happen on a Monday, Tuesday, Thursday or Friday night from 8pm to 5am with up to three shifts per week, weather permitting. The out of hours work will not be carried out for more than two consecutive nights in the same area. We will advise you before we start night work near your property.

**Our last day of work for 2019 will be Friday 20 December and we will return to work on Monday 6 January 2020. We wish you all a safe and restful Christmas and New Year and thank you for your patience during 2019.**

### For more information

If you have any enquiries, feedback or concerns, or would like to sign up for our emailing list, please:

Call: 1800 413 640 (24 hour number)  
 Email: [monavaleroad@georqiou.com.au](mailto:monavaleroad@georqiou.com.au)  
 Website: [www.rms.work/mvreast](http://www.rms.work/mvreast)



If you need help understanding this information, please contact the Translating and Interpreting Service on 131 450 and ask them to call us on 1800 413 640



Sunday 1st Dec, 2019



# Yoga & Creativity

## An Inspiring Workshop for Kids

*This fun and interactive workshop provides a safe and supportive space for children to learn valuable life enhancing skills to:*

- Promote wellbeing and happiness*
- Inspire creativity and self expression*
- Build confidence and self esteem*
- Become more centred, focused and relaxed*

- Yoga • Mindfulness • Qigong • Games
- Creativity • Relaxation • Sound Bath

*For School Years 3 - 6*

*Sunday 1 Dec / 10 am - 12 noon*

*Fitness 45, Forestway Shopping Centre, Frenchs Forest*

*\$30 or Special Offer (2 for \$50)*

*move learn laugh relax play*



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