

## Term Dates 2019

Term 3: Wed 31 July – Fri 27 Sep

Term 4: Tues 15 Oct – Wed 18 Dec

## Term Dates 2020

Term 1: Thu 30 Jan – Thu 9 April

Term 3: Wed 29 July – Fri 25 Sep

Term 2: Wed 29 Apr – Fri 3 July

Term 4: Tues 13 Oct – Wed 16 Dec

### Term 3

#### This week

#### Week 9

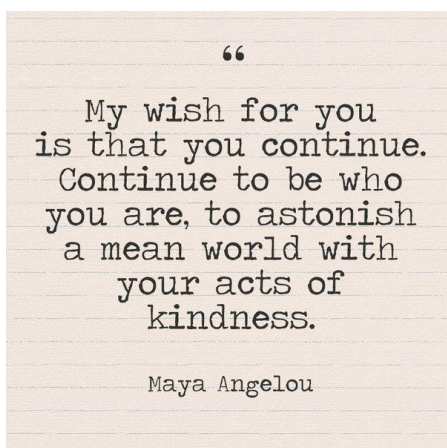
Mon 23 September	10.00am	Whole School Excursion, Apex Park, Mona Vale Depart from Kinma by bus at 10am, return to Kinma at 2.30pm
Weds 25 September		Whole Primary photos * new date due to weather
Fri 27 September		Term 3 ends

### Kinma Trivia Night

What a wonderful night it was! It was great to see so many Kinma families and their extended family and friends.

If you have yet to pay for your ticket or auction items, or to collect your won items please pop into the office on Monday or Tuesday to pay/pick up.

If you haven't seen it yet, this is the beautiful mock up / mood board Elisha has created for what we want. Watch the newsletter for plan updates.



# Trivia Night

This year, for our fundraiser, we decided it was time to say thank you and to give back to our beautiful Kinma kitchen. It has nurtured and supported so many amazing Kinma kids through their journeys here, bared witness to countless conversation by parents over a snack attack stove pot, held numerous Kinma lessons, hosted many a tinkering pod and been the safe place to warm up a toastie on a cold winter's day.

We will announce next week how much we raised overall. For now, we just want to say a huge thank you to everyone who came along to Kinma's Kitchen Fundraising Trivia Night at the Pittwater RSL club, last Saturday night.

Monique Wright did the most amazing job as MC, an excerpt from her introduction is below. Lyn Pinson ran the paper aeroplane competition throughout the night, with her usual flare, and Andrew Goldstein excelled as the night's Quiz master. So, a big thank you to those three, and to the behind-the-scenes parents and staff who put the whole night together and gave up significant sleep in the days leading up to the affair, in order to make the night as fun and successful as possible.

A big congratulations to The Carving Knives, who took home the top prize, on 109 points, followed very closely behind by The Spatulas on 104.5. All teams put in a great effort and it was delightful to see so many of the Kinma community out and about, and letting their hair down.

We also owe a great deal of gratitude to all of the local businesses, family businesses and soul traders, families and individuals who donated items or services to the auction, raffle and prizes. Thank you too, to the Pittwater RSL club, for donating the room on the night.

Sarah Goldstein  
(Camille and Yvette's mum )



An extract from Monique's speech follows, 'It's so Kinma when...'

"I asked a few of the wonderful parents here to finish the sentence, it's so Kinma when... and they told me....

## **It's so Kinma when:**

Your kids don't want to go home

When your kids are sick and beg to go to school

When you see children engaged in proper conversation with adults

When your kids' friends call you by your first name

When you can't find a pair of scissors but you can find three random lunchboxes

You can hear laughter and chatter from the creek where lessons are being held

When you're greeted with a hug

When you pick up your child and they look like an extra from  
Lord Of The Flies... Covered in paint/ ochre/dirt - in a good way.

You empty your kid's bag and out comes half a tonne of sand, wild flora and a permission note you were meant to have signed 2 weeks ago and no one has made you feel bad about it.

You can't find your kids at pick up time so you look to the sky and find them high in a tree branch

Your kid learns maths with a diamond python hanging from the roof

Seeing shoes on little feet feels extravagant and dressy

You spend 20 minutes looking for your kids' shoes, then they go bare feet for the next day and the next because every pair of shoes has been lost at Kinma!

When an adult responds to a kid in need, but it's not their kid.

A Harry Potter Cloak paired with a unicorn hair piece is accepted school attire

## **It's so Kinma when...**

People ask how you are... and mean it.

Kinma is all about HEART."



Paper aeroplane competition



After the quiz



Raffle prizes



Winning Trivia team's bonus prizes!



How many of these book covers did you/do you know?

kinma TRIVIA NIGHT **BOOK COVERS - QUESTION SHEET** TABLE NUMBER: \_\_\_\_\_  
TEAM NAME: \_\_\_\_\_

Author, Title 	Author, Title 	Author, Title 	Author, Title 	Author, Title, Illustrator 
Author, Title 	Author, Title 	Title 	Title 	Author, Title, Illustrator 



# Green Umbrella



Green  
Umbrella  
OSHC Inc.

On Tuesday 24th GU kids will run a lemonade stall on the basketball court.

Cost is \$1 per cup and all proceeds go to Monika's Doggie Rescue.

# Admin

## WHOLE SCHOOL EXCURSION

On Monday 23<sup>rd</sup> we will be taking the whole of Primary to Apex Park in Mona Vale. Travelling there and back by bus, this excursion is a chance for our students to meet up with some junior students and their teachers from Jarjum College again, before Fran leaves at the end of term. Students will be required to wear appropriate clothing for outdoor activities, including shoes, a suitable hat, and covered shoulders. Students will also need a refillable drink bottle and morning tea to take with them. We will be providing a bbq lunch with sausages (meat and vegetarian), bread and fruit.

## SCHOOL FEES

Fees are now due, please contact the office or make your payment by direct debit by the end of term.

## LOST PROPERTY

Please check lost property – we have a wide selection for you to choose from! Single shoes, jackets, shirts, socks, caps – there are plenty of items looking for a home.

## EXTRA FOOD IN LUNCHBOXES

Please chat with your children to find out if they need more food packed in their lunchboxes. We have had a steady stream of visits by hungry children coming to the office saying they need more food.

Julie, Claire, Carin, & Narelle



BE  
KIND.



# Tinkering

Last week we had our Term 3 Tinkering morning. There were amazing pods on offer, some limited, some free flowing.

Thank you to all the parents and carers

who came along to run pods and to help, your time and effort is much appreciated. It's such an enriching and wonderful opportunity for the students to try new experiences, for parents and carers to share their passions and be part of the Kinma day, to see students have those 'aha' moments of small victories and learning something new, or deepening their knowledge of something already familiar.

We had **bushwalking**, **cooking arepas**, **gymnastics**, **candle making**, **space craft**, **pine cone flowers**, **spining wheel and making wool**, oil painting art, **rock art and affirmations**, **making paper boxes**, **pompom creations**, **basketball**, **creating and setting up a garden box**, **making bags from t-shirts**, **Sketchup**, **doll making**, **soccer**, **bush cooking**, **ocean art creations**, and **making music with ukeleles**.









## A personal experience of Tinkering

At the last Tinkering day I ran a Friendship Band and Friendship Seed Ball pod. My intention was to untangle the Friendship Seed Ball, which was started by Juli G and students 10 years ago in an attempt to create the longest friendship band in the world. Many bands have been joined together over time and wrapped up into a ball, and it had become a bit entangled lately. You can read more about the ball on the Kinma website, here is an extract about the original intention of the ball:

*“We believe that people who are friends care for each other so the more friends there are, the more people are cared for and the less people are harmed. As a symbol of children's friendships all over the world, we are creating the world's longest friendship band...”*



The ‘Kinma way’ quickly surfaced with some of the older students reminding me and some of the younger ones how to make bands as we sat together plaiting and weaving, chatting and catching up with friends from other groups, holding wool in our toes, and working out our colours and lengths of wool needed for our bands.



The pod was beautifully calm as students sat patiently untangling piece after piece, knot after knot, laying out the lengths of untangled bands around our half of Group 1. There was much student-led teaching, learning, weaving, connecting, sharing, and discussing merits of different methods of friendship band making. We knew some bands had come from students in Indonesia, someone thought some students in Afghanistan had sent us some, other students had added beads and shells which made us wonder if we could do that next time too. Newly made bands were attached to the ends, stories were shared about old Kinma students whose bands were within the ball, tales were told of how once upon a time it was measured by wrapping the bands around the walls of Group 3. We wondered how long all the bands are now. Would it stretch from the swings to Group 1? Could it stretch from Preschool all the way down to Primary?

We’re going to follow up on our curiosity about the bands’ length in a free choice session soon, where there will be plenty of maths and creativity involved while together we work out the best way to find out how long they are now!

*Claire*

# Group 3

Group 3 has been taken over by strange mechanical creatures. Our budding mechanical scientists are creating insects and reptilian robomorphs! Initial designs indicate that there will be glowing eyes, spinning wings, swinging tails and much, much more... watch this space to see more on the robomorphosis!



Hard at work on our prototypes



Group 3 are bending, stretching and thoroughly enjoying their weekly yoga sessions with Deepika.







Group 3 hard at work weeding the privet, during a bush regeneration session with Bush link.

Learning lines in the sunshine, for the upcoming play





The leading Edge excursion was a wonderful experience for the Group 3 children. They were involved in grooming and leading the horses; building relationships based on trust and respect.

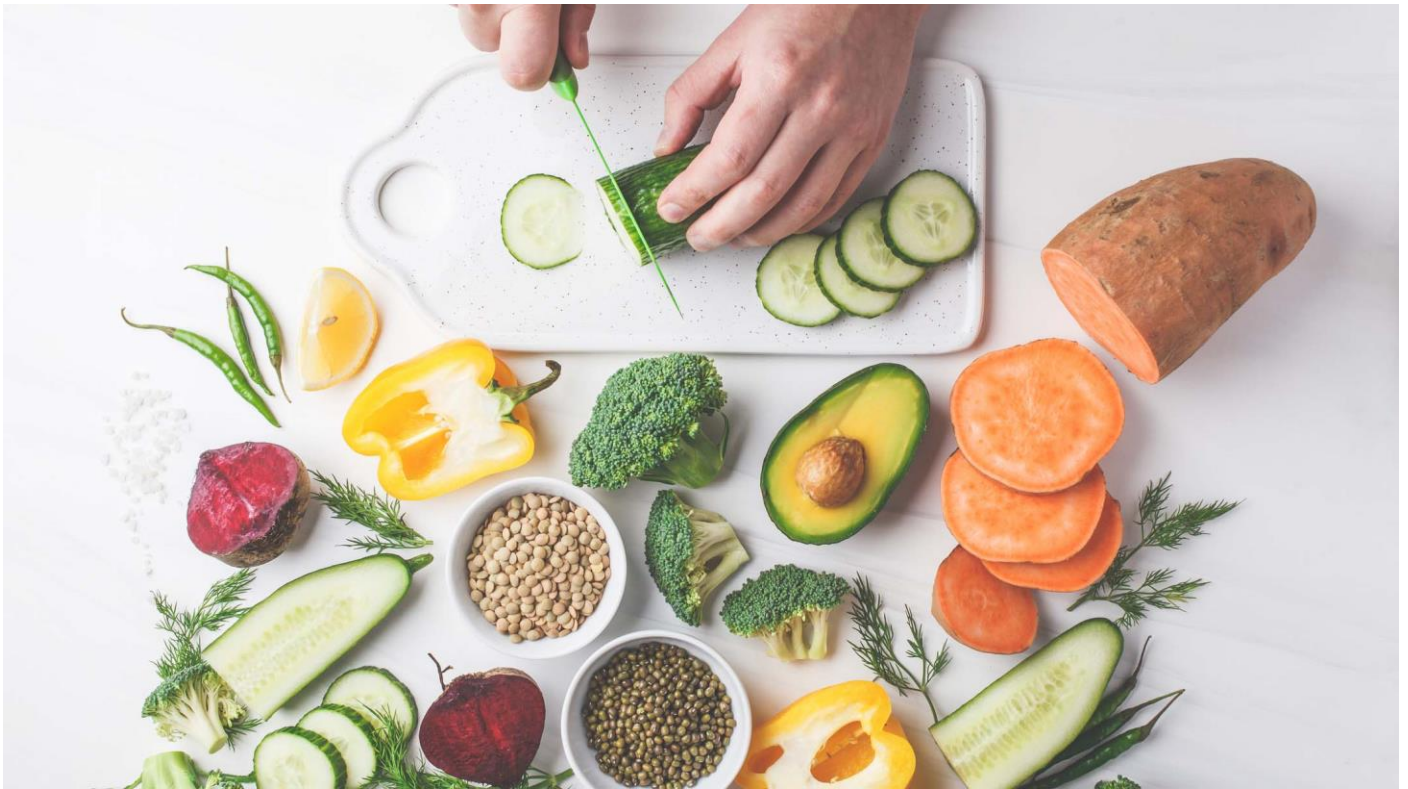


The children have also been busy outdoors, investigating kinetic energy.



Katie, Deepika, Ilse and Group 3

# Snack Attack



Can you serve? Shop for food? Make mains, or part thereof? Make dessert? Make it at home and drop off, or make it here? See the folder in the Primary kitchen for ideas and ingredient amounts. Volunteers are now be requested for Term 4.

Sept 25

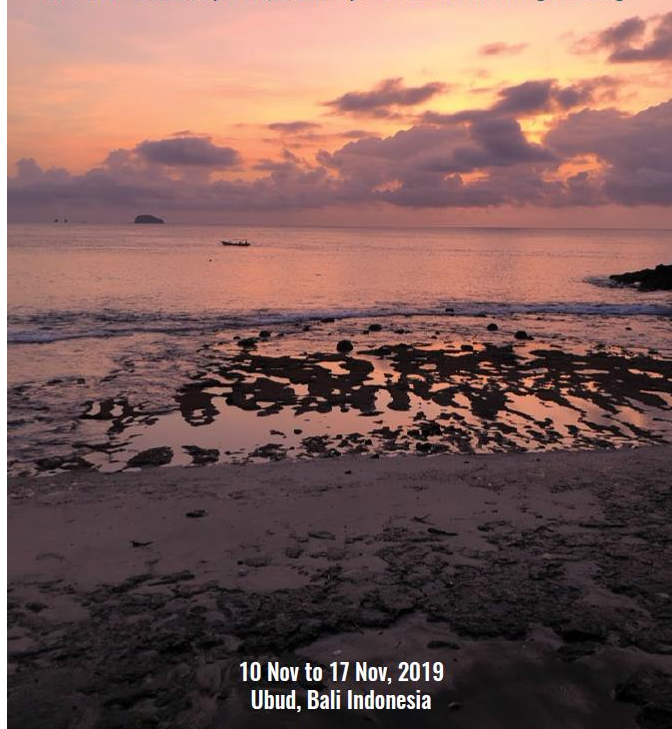
Michelle McPherson, Dee, Micha



# Extras

## A MAN'S JOURNEY 2019

A Man's Journey is an opportunity to explore the sources of life's experiences that have created the man you are, and what you choose to acknowledge or change.



10 Nov to 17 Nov, 2019  
Ubud, Bali Indonesia

### Pondok Saraswati, Ubud

Pondok means little house and Saraswati is the Goddess of Wisdom and Learning. Founded in 1991, this unique, family run retreat overlooking the rice fields in Silungun near Ubud, provides a perfect tranquil space for group work.

Participants enjoy all of the services and comfort of a small private hotel. Lovingly prepared beautiful food, a swimming pool, village walks and outstanding service from host Wayan Mandira and friendly staff.



### To book

Contact John Broadbent on  
**+61 (0)417 645 536**  
or email  
[john@manunplugged.com.au](mailto:john@manunplugged.com.au)

Since 2004 the Men in Bali retreats have provided an outstanding opportunity for men to explore their potential in a unique tropical setting. Over 160 men have participated in the past 36 programs. Limited to just 8 men per program, only in Bali can we give you the luxury of 8 days devoted just to you.

A Man's Journey is a program developed and co-ordinated by the WA-based community organisation *Menswork Project Inc.*

Man Unplugged are delighted to be involved in the facilitation of the A Man's Journey program in November 2019.

### What happens at the retreat?

Lots of considerate, safe and respectful personal development group work, innovative workshop processes and sharing circles. Nothing boring! Some ritual work and plenty of reflection time. Great conversations and mate-ship. Plenty of village walks, meditation, bodywork, music and stunning local cultural events. We experience care, service, beautiful food, a few surprises and lots of fun! These unique group experiences offer men an authentic, safe opportunity to go to the essence of themselves, to share and explore as a potential springboard to the next part of your life's journey.

### Why Bali?

Where else could you participate in an 8 days fully facilitated, all inclusive program with exceptional service and accommodation just sufficiently 'out of the way' to concentrate on just you! We offer a genuinely stunning adventure. (For those of you with partners, you could consider having them join you in Bali either before or after the Program. Many previous attendees have chosen this option, talk to us about this possibility).

### What's in it for you?

Previous participants have reported that they experienced:

- A willingness to let go of past issues
- A clearer understanding of what they want to do in the future
- Enriched sense of family and place
- A willingness to know and accept their life's journey
- Self-respect and respect for others
- Enriched and deeper insight into their life's purpose
- A freedom to be with other men
- Ability to make time and space for themselves
- An appreciation of spirit
- Understanding of their place in community
- Respect from others
- A sense of purpose around creativity

### Your program guides



**Wes Carter OAM**, Perth WA. Wes is a pioneer of the Men's movement in Australia, he has committed his life to exploring and contributing to the wellbeing of people. A recipient of the Order Of Australia Medal for his work in the field of men's health and wellbeing, his work has touched many hundreds of lives. From his deep source of life experience, he shares and facilitates with rich, resonate compassion. Wes is absolutely committed, he brings humour, challenge, support and life experience to this important work among men



**John Broadbent**, Sydney NSW. John is an engaged father to 2 sons, has actively been involved in men's work for almost 30 years, published 'Man Unplugged - Exploring The Inner Man' and continues to explore his own eldership by helping other men take their inward journey with purpose and support. He too has experienced the enhanced richness and fullness of life, resulting from men's work and how that has deeply supported his own unfoldment.



### Program Costs

Program covers an all inclusive amount of A\$2,450\* per man and includes:

#### INCLUSIONS

- 8 days and nights full accommodation (twin-share)
- Breakfasts, lunches and Balinese evening feasts at venue
- Airport transfers to and from venue in Ubud
- All group work sessions (42++ Hours)
- Local transport to and from venue & Ubud Balinese village walks
- Laundry at venue
- Staff gratuities
- Return transport across the island to Padang Bai Breakfast at Padang Bai
- A special treat in Ubud.
- Kecak dance and fire dance ceremony.

\*An early-bird rate of A\$1,950 applies for deposits of A\$500 received prior to closing date of 30 Sep 2019).

#### EXCLUSIONS

- Airfares (check Garuda, Air Asia, Jetstar - Currently around A\$400 return)
- Travel insurance
- A la carte meals in Ubud (Main course in Ubud from A\$15 to A\$20.)
- Alcohol and bar fridge expenses (A large Bintang beer will set you back around A\$4).
- Personal shopping (Most men would spend around A\$100 on gifts and personal items).
- Massage (One and a half hours of absolute bliss, around A\$25, A\$12 to A\$15 for one hour - can be quite addictive!)

### Booking For A Man's Journey

We encourage you to plan ahead to claim your space well in advance. All bookings need to be accompanied with a A\$500 non-refundable deposit.

### Cancellations

There are a limited number of places available on the retreats so we need to manage bookings carefully. Therefore, cancellations less than 60 days before the start date forfeit 100% of deposit payment. We will refund the deposit if we can fill the cancelled place. Cancellations between 60 and 90 days before start date forfeit 50% of deposit payment unless we can fill the cancelled place. If we cancel the retreat for any reason a full refund of your deposit will be made to all participants.

### For further enquiries and bookings

Contact John Broadbent on  
**+61 (0)417 645 536**  
or email  
[john@manunplugged.com.au](mailto:john@manunplugged.com.au)





# EVOLVE TENNIS ACADEMY

## Multi-Sport Holiday Camps

### ✓ CAMP DATES

Week 1: 30th – 4<sup>th</sup> October 2019  
 Week 2: 8th – 11<sup>th</sup> October 2019

### ✓ CAMP PRICING

#### Full Week - 5 Day Camp

Full Week Full Days \$185 (EQUALS \$37 DAILY)  
 Full Week Half Days \$145 (EQUALS \$29 DAILY)

#### Single Day Pricing

Full Day \$60 (9-3pm)  
 Half Day \$45 (9-12pm)

### ✓ HOW TO BOOK

By email : [evolvetenis@evolvetenisacademy.com](mailto:evolvetenis@evolvetenisacademy.com)

By Phone: 9971-0644

ONLINE : [www.evolvetenisacademy.com](http://www.evolvetenisacademy.com)

### ✓ WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

### ✓ DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

✓ CAREEL BAY TENNIS CLUB - Hitchcock Park, AVALON

✓ COLLAROY TENNIS CLUB - Griffith Park, COLLAROY

✓ WYATT PARK TENNIS CENTRE - Wyatt Ave, BELROSE

