

Kinma

Kinma Newsletter T1 Week 5, Friday 13th March, 2015

“Education, therefore,
is a process of living
and not a process for
future living.”

John Dewey

WHAT'S ON

18-20.03.15	Primary Camp – Yurt Farm
25.03.15	TINKERING & Harmony Day
26.03.15	9:30am - School Tour
31.03.15	Last Swimming Lessons (survival training) – bring clothes to swim in
02.04.15	Last day Term 1 – Poetry Festival, all families encouraged to join
22.04.15	First day Term 2
12.05.15	Kinma Ltd Annual General Meeting
26.06.15	Last day Term 2
22.07.15	First day Term 3
18.09.15	Last day Term 3
07.10.15	First day Term 4
16.12.15	Last day Term 4

There will be another “Mini Working Bee” to complete the path.
on the 14th March, (tomorrow) from 1pm!! See you all there 😊



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Administration

Yurt farm Excursion

The yurt farm primary excursion is happening next Wednesday (18th), Thursday and Friday . This is a great experience for the children to enjoy a few days of exploration, relaxation and fun.

As you can all imagine taking 125 people to the yurt farm is no small effort of co-ordination and planning. For a successful time we require the support of all families.

Please remember:

- Closed in shoes for this excursion
- You need a helmet if you are riding a bike
- Bring layers to wear and something warm for the evening
- All primary students need to follow the staff's instructions and make sure they do not head off with family unless the staff know
- NO ALCOHOL on the excursion
- No computer games/tablets etc.
- If you are not attending the excursion and you need to contact a member of your family please call the office during business hours or the School mobile after hours (0455021691)

Lost Property

The clothing is multiplying, with no names attached. If you are missing any items have a look in the baskets outside group 3 lower side.

What is in a lunch box ?

Children in both Preschool and Primary work and play hard at School. Your children need to have appropriate healthy food to bring in each day. There is an increase in chip packets, chocolate biscuits and sweets in lunches. These foods are great, but they are occasional foods for special events. They are not food that comes in each day for lunch.

We are looking at ways to reduce our waste and much comes from lunch boxes. So from term 2 we will help children to take their waste home in their lunch boxes.

Claire, Carin and Julie

Group 1



Group 1's magical circus show has now been scheduled and will be the initial part of a Kid's Concert next Tuesday. This means that it will be an audience made up of Kinma kids only. We would like to give the children the opportunity to perform their acts in less nerve wracking circumstances...but we will take lots of photographs, we promise!



Rehearsals underway in the loft

Last week was a very 'foodie' week! It began with a maths problem solving challenge in which the children were asked to create a fruit skewer that had a repeating pattern. Then they got to make the real thing! Once all of the skewers were ready, we sat together in a circle to share something we were grateful for. There were many beautiful things said!

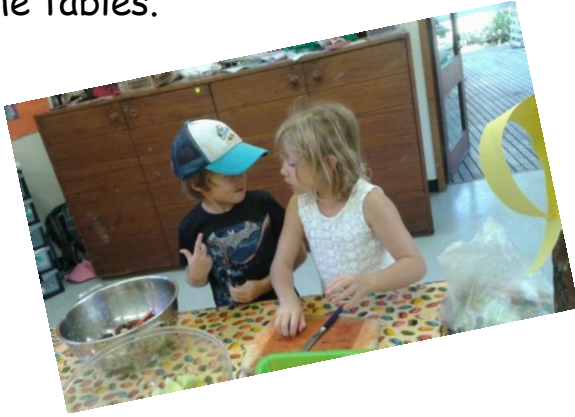


Our sharing circle.



Look at that smile!

The very next day, we had our very own 'Kinma Café'. The group decided what jobs needed doing and we took turns to prepare the fruit salad, banana pancakes and yoghurt. Whilst not busy in the kitchen, everyone made menus and helped set the tables.



The theme continued on late into the week and has spread into this week as the Kinma Café developed their menu and added a pizza page! In maths, Andy's group counted out toppings and represented their cost in Deines blocks. In Grace's group there, their pizza party came with conditions...

You are having a pizza party and inviting 3 friends over

You are going to share a pizza **equally** between you.

Create your own pizza. Each slice can be different. Things to remember:

- 1 friend is a vegetarian.
- 1 friend doesn't like mushrooms.
- 1 friend likes chicken but not other meat.

How much does your pizza cost?





Harley adding his delicious pizza toppings.

A variety of different pizzas were created. We then looked back at the menu to look at how much money we had spent. This led to a fun investigation playing with our coins- How many different ways can you make 50c using coins?



Here are Kayden and Tamzin segmenting the sounds in CVC (consonant, vowel, consonant) words.



Group 3

Group 3 Newsletter

Our mini-theme within our 'Footprints on our World' theme is changing to water. This is to tie into World Water Day which is coming up on Sunday 22nd March. Judy Charnaud came in to talk and show us photos about the volunteer work she does in East Timor to help provide clean water to local communities. She talked about how they live, differences to our lives and was very passionate about the work that she does. We thoroughly enjoyed hearing Judy speak and Judy commented at the end that the children were "thinkers, who were very enthusiastic and asked great questions!"



What has been happening in class? We have been going full steam ahead with number and as well as learning and consolidating number processes we have been making number board games. Some have worked individually and some have worked in small groups. There's so much that goes into the process of designing a board game from coming up with the original idea, thinking about the rules, how can we make it co-operative, what is it going to look like, what is the aim of the game, what number strategies are going to be included? Not to mention the actual playing of it!! Some have reached the final stage and are loving playing their own creations! We will be transferring this knowledge of number into word problems as we look at how to apply what we know to different scenarios and using different language.



We have started to explore the world of poetry and as well as enjoying reading, sharing, performing poems to each other we also created another way of expressing ourselves. These are called word clouds and we each thought about words / things / people / places that are important to us, typed them into the computer programme and then selected the colour and shape of our choice. The results look great – they are on our board in class – come and have a look at the variety! Can you guess who these belong to?



Some children have enjoyed writing their own poetry and this has been wonderful to hear in class. Rhyming ones, funny ones, thoughtful ones....the list is endless. We will be exploring some technicalities of poems as well as our personal response to specific poems in the coming weeks. We have also used poetry as a means to focus on our handwriting and layout of our work – thinking about why the author wanted their poem to be written in this certain way. Here is Autumn working on her handwriting:



Group 2 were kind enough to share their 'Fruit Salad Friday' with Group 3 and we spent some time down at the creek enjoying the beautiful fruit that some of group 3 helped to prepare. Izzi was offering charcoal or rock paint body art!

Yoga on Fridays is proving to be a big hit but it is also challenging – Mikaela the teacher is making sure that we are working hard to be present in the space, control our bodies and movements, breathe as well as learning new skills.



Excursion #1 this week, Yurt Farm next week – where is this term going?

TTFN, Suz xx

**Snack Attack:**

Main Course	\$3.00
Dessert	\$1.50
Drink	50¢ (usually juice)

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 68 children in the Primary and 19 in Preschool on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

SNACK ATTACK TERM 4

Feb 4	Lisa, Holly
Feb 11	Isobel, Karen, Trudy & Claire
Feb 18	Liz, Nic, Sam F
Feb 25	Trudy, Helena & Karen
Mar 4	Gemma & Rachel
Mar 11	Karen, Isobel, Trudy & Renee D
Mar 18	YURT FARM- NO SA
Mar 25	Preschool
Apr 1	Katerina, Renee B, Michelle D & Gloria

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Extras

RESILIENT KIDS

WORKSHOP FOR PARENTS

All our course leaders are parents and trained educators.

- Help your kids learn how to "bounce back" when faced with life's daily challenges
- Help them to recognise, accept and express their feelings
- Teach them problem solving and coping skills
- Find out how to encourage optimism, curiosity and contentment



VENUE: Community Health Centre, 57 Hercules St,
Chatswood

DATE: Thursday 19th March 2015

TIME: 7.00pm - 9.30p.m.

For all enquiries and bookings, please phone: **9887 5830**

CHILD AND ADOLESCENT PARENTING



Health
Northern Sydney
Local Health District

Senior's
Week Event
2015

Grandparenting Workshop

A 2 hour workshop to discuss practical ways to look after and enrich

Topics include:

- The role of grandparents in today's world
- The challenges of being a grandparent
- Celebrating the joys of being a grandparent
- Supporting children/grandchildren using communication skills
- Discussion around real life scenarios e.g. self-care, boundaries & discipline & grand parenting after separation/divorce



Free Promotional Offer
& Information

Ryde Hunters Hill Home
Modifications and

Bookings essential

please phone 9887 5830

12.00-12.40pm

Brief Nutrition talk

Tai Chi & Zumba
demonstrations

Date: Friday 27th March 2015

Time: 10.00am – 1.00pm

Location: The Acacia Room, Level 1A Pope St,
Top Ryde (above Ryde Library)

Cost: \$15 per person, This includes handouts, morning tea, light lunch, demonstrations & giveaways

This workshop is organised by Child and Adolescent Parenting, Northern Sydney Local Health District in conjunction with City of Ryde Council

www.nslhd.health.nsw.gov.au/Services/CAP

Healthy eating, SIMPLIFIED

w o r k s h o p

Confused about what to eat?

Disheartened about sickness affecting our families?

Fearful of fat and addicted to sugar?

Ready to get healthy?



BOOK NOW

Includes
nourishing
3 course
meal

Workshop includes:

- Solutions to eating real food in a fake food world
- Steps to setting up your wholefood pantry
- Real food recipes, meal plans, and shopping lists
- Goal setting for your food journey



WHEN: Saturday 28 March
TIME: 1:30pm-6:30pm
WHERE: 3rd Mosman Bay Scout Hall

COST*: \$148.50 (\$135 Early Bird 14 March)
BOOKINGS: farmer@pinkfarm.com.au
0427 916 700



your real food culture

pinkfarm.com.au

AVISHAI BARNATAN SOUNDSHOWER

Come and be bathed in pure sounds that will take you on a deeply transformational journey. This is a wonderful and unique musical experience!

Lie down and be nurtured by the ancient healing tones of tibetan bowls, chimes, soulful flutes and vocal harmonics. Release tension & anxiety, gain focus & clarity, rejuvenate and deepen your sense of wellbeing.

Saturday 28th March at 6.30pm

YOGA ESSENTIA

**Warriewood Surf Life Saving Club,
Warriewood Beach**

(off Narrabeen Park Parade)

\$30 prepaid \$35 at the door (spaces are limited so book soon!)

please bring a mat, light blanket and cushion

tickets available at: <http://avishaibarnatan.eventbrite.com.au/>
more info: 0421 631 504 or email: avishaibarnatan@gmail.com

COMMUNICATING WITH KIDS

WORKSHOP FOR PARENTS

All our course leaders are parents and trained educators.

- Learn communication skills for building positive relationships
- Problem ownership
- Listening and assertiveness skills
- Problem solving skills
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VENUE: Community Health Centre, 57 Hercules St,
Chatswood

DATE: Tuesday 31st March 2015

TIME: 7.00pm - 9.30p.m.

For all enquiries and bookings, please phone: **9887 5830**

CHILD AND ADOLESCENT PARENTING



Health
Northern Sydney
Local Health District

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