

Kinma

Kinma Newsletter T2 Week 4, Friday 15th May, 2015

Kinma Open Day
Sunday 17th May 2015, 10am-2pm



We warmly invite you to see first-hand how we actively integrate creativity, critical thinking, problem solving, communication and collaboration skills into our curriculum at Kinma open day.

Open Day operates as a normal school day so families can experience a day at Kinma Primary and Preschool, observe students participating in classes, take a school tour, hear informative talks, partake in Q&A groups, meet staff and parents and join us for lunch.

kinma Enrolling now for
2016 & 2017
PRIMARY • PRESCHOOL • PLAYGROUP

WHAT'S ON	
17.05.15	10am-2pm Open Day School on Sunday
18.05.15	No Primary
20.05.15	11am-3pm Wheels Day, BMX Track
25.05.15	Primary Photos
26.05.15	Alumni Evening 7pm
28.05.15	Preschool Photos
20.06.13	Disco Night – CHANGE OF DATE
08.06.15	Public Holiday
09.06.15	9.30am School Tour
12.06.15	3-6pm - Clothing Sale
23.06.15	Tinkering Day
26.06.15	Last day Term 2
22.07.15	First day Term 3
18.09.15	Last day Term 3
07.10.15	First day Term 4
16.12.15	Last day Term 4

Open Day, School on Sunday THIS Sunday 17th May !! 10am – 2pm

We ask that all children attend our Open Day 'School on Sunday', arriving by 9.45am, ready for a 10am start.

This is our main open day for the year and it would be great to have families stay so that our visitors feel welcomed.

There will be no Primary on Monday 18th May. Preschool will be running as normal.



Kinma Board

Pam Webster, Chairperson

T: 9451 9669

E: pamwebs@gmail.com

Nick Georges, Deputy Chair

T: 0412 106 633

E: nick.georges@gmail.com

Ginny Neighbour,

Governance (Community Rep.)

T: 9880 2492

E: ginny.neighbour@gmail.com

Lisa Graaug, Fundraising

T: 0409 924 630

E: lisa@yogainstitute.com.au

Bea Pierce, Marketing

T: 0405 346 018

E: ninianlif@gmail.com

Stephen Cole, Treasurer

T: 0432 032 343

E: stephen.cole1910@gmail.com

Jonathan Kelt,

Education Committee

T: 0425 225 174

E: jonathankelt@mac.com

Dylan Forbes,

Environment & Maintenance

T: 0404 812 854

E: dylan.forbes@yahoo.com.au

Dear families

As you would know, we held the 43rd Annual General Meeting of Kinma Limited this week (12 May 2015).

Thank you to the members who joined us and to alumni families (previous Board members) who helped celebrate the evening. Last night was a very special evening as we farewelled Pam Webster (founding member) from the Kinma Board after twelve years of service (second time around) to the community.

The Board at the AGM took great pleasure in offering Pam the honorary title of Director Emeritus. This title comes into effect as she steps down from her formal role as Director and Chair of the Kinma Board.

The title of Director Emeritus acknowledges that as one of the Founders of the School, Pam has served and led with distinction and excellence since the Company's incorporation in 1972, and recognises the significant contributions and personal sacrifices she has made on behalf of the School over these many years.

The Board envisages that in this new role as Director Emeritus Pam will continue to be available to provide advice to the Company and assist in various capacities including, continuing the work on the 'Lighthouse' project.

We warmly welcomed Steve Dixon (dad of Sage and Amos) to the Board for the first time and Lisa Graaug (mum to Lidia, Giacomo, and Allesandro) to her second term of office.

The Board farewelled Dylan Forbes as a Director but thanks to his generous spirit Dylan has offered to continue to co-ordinate the care days. Dylan does this with such enthusiasm and warmth.

After the AGM the new Board met for a brief session to elect the following positions (required under the Corporations Act and the School Constitution);

Chair – Nick Georges nominated by Ginny Neighbour and seconded by Stephen Cole – nomination carried.

Dep. Chair – Ginny Neighbour nominated by Nick Georges and seconded by Steve Dixon – nomination carried

Treasurer – Stephen Cole nominated by Ginny Neighbour and seconded by Nick Georges – nomination carried

The Board will meet again within a few weeks to allocate co-ordination roles for important functions of the Community (for example, fund raising and marketing).

Once again, thank you for sharing this very wonderful evening.

Nick Georges
Chair, Kinma Board

Kinma Limited, Annual General Meeting, 12th May, 2015

Chairman's Report 2014

As I sit to write what is my final Chairman's report, my mind wanders back, in particular, over the past 14 odd years when I re-established my contact with Kinma when I was invited by the then Chairperson, Andrew Kennard, to join the Board as the Community Representative. A lot of water has flown under the bridge; staff have come and gone (and come back again), students who were just in preschool have now finished high school, the school has weathered some difficult times as numbers dropped and then recovered, old buildings have gone and new ones been built, but some things stay the same and some just get better.

Having Julie Carr at the helm through thick and thin has been a great blessing for Kinma. She is "the glue" that holds the school together while accommodating all the changes that necessarily happen over time. I am extraordinarily grateful for the help and support she has given me, especially in my last three years as Chairperson.

Kinma is also fortunate to have Juli G as our educational advisor. Because Kinma stands outside the "normal" education system, having a person who is so articulate and passionate about progressive education helps spread the word about the benefits that this approach brings to our children and, in my opinion, to the adults in our community.

2014 was a year of consolidation, with some bumps along the way. We welcomed a record number of children into Group 1 from our preschool. Grace joined Andy from the UK to teach a lively group of 28 kids. Then, shortly after, Grace had to return to the UK, but we were very pleased to welcome her back in Term 2. Bea took up her new role as the full time teacher in Group 2 with Michelle working part-time with that group. Suzanne ably continued her work with Group 3, with 10 pre-high students leaving to go to high school at the end of the year.

Preschool started the year with small numbers but it quickly grew over the year back up to being full or nearly full on most days. Kay, our wonderful preschool supervisor, Christine, Pat, Lizzie, Nina and Rosie have continued to provide the excellent preschool program that gained 'Exceeding' in the National Quality Standard for Early Childhood Education. It is pleasing to see Felicity back on deck after her illness and to have welcomed Lizzie's baby, Stanley, and to have Lizzie continuing to be present in her new role as a parent.

Playgroup continued to grow and provide a warm, supportive, and educational experience for parents and young children. Many playgroup parents took the opportunity to combine a visit to preschool with their playgroup visit, and have enrolled their child in preschool as a result. Thanks to Amy and Renee for their commitment to ensuring that playgroup ran smoothly each week and to Nic and Rosie who have taken on the task for 2015.

At the AGM in May John Broadbent, Michelle Dixon, Mel Grieve and Peter Ferguson retired as Board members and we welcomed Rosie Lane, Jonathan Kelt and Dylan Forbes as new members to join Bea Pierce, Nick Georges, Stephen Cole, Lisa Grauaug, Ginny Neighbour and myself on the Board. After a short time on the Board, Rosie resigned to take up her role on the preschool staff. The Board of six parents and two community representatives met each month. This year we had a particular focus on strategy, governance, risk management, setting up an approach for the Lighthouse project as well as monitoring the review of school policies. Board members with particular portfolio responsibilities reported regularly and they have outlined their activities in separate reports.

During the year the cottage on the school grounds underwent internal renovations and has been let out at commercial rates.

A number of parents and I met with the Mayor of Warringah and the Head of Roads and Traffic to see if any improvements could be made to Coolowie Road to make it safer for children walking or riding to school. The result was a widening of the road surface to the top of the hill, which has helped with water erosion of the edges. Our request for a mechanism to slow traffic approaching the corner of Coolowie Road and Larool Road was not successful, rather a stop sign at the intersection was installed.

It has been a joy to be involved with such a wonderful group of parents, children and staff at Kinma. Each and every one of you make an important contribution to our community whether it be in the classroom, driving on excursions, helping maintain the environment, contributing to snack attack, attending learning forums, helping with our successful social events and participating in the major fundraising events, tinkering and the list goes on. Thank you for your contribution and making Kinma the great school and community that it is.

A big thank you to all my fellow Board members for their ongoing commitment to the school. They all put in many hours of volunteer work over and above what they do as parents.

Last, but certainly not least, on behalf of the Board and all the parents I would like to thank all the teaching and administrative staff for their commitment and energy that provides our children with a safe, but stimulating environment in which they can grow and develop. Having such competent, cooperative, hardworking and wonderful people supporting the Board, parents and students makes the work of a Chairman and Board so much easier.

Pam Webster

Administration

AGM

We held the Annual General Meeting at Kinma on Tuesday evening. I have been to many of them. In general there is poor attendance and it is a dry evening presenting accounts and formally welcoming members of families to join the Board. The work that individuals and the collective group does as a Board astounds both Juli g and I year after year. It shows a deep appreciation and understanding of the benefits of having a school like Kinma for theirs and other children.

This AGM was a much warmer and inspiring evening as we thanked Pam and Gill Webster for all that they have done over the years and fare welled Pam from her role on the Board after many years. Stories and gentle words from ex families, current and the Webster siblings danced around the hall as we each reflected on Pam's journey.

So just one more time – thank you Pam !

LIFE AT KINMA

Today is Friday, and I am trying incredibly hard to finish off the bits and pieces that I have left undone a little over the last few weeks as my mind has been on other things (yes, I purchased a house, before selling my own ! – all fixed now with the sale of my home). A telephone call from an ex family of many years ago and I am distracted enjoying the stories of life after Kinma. Michelle W. interrupts me twice as there are a couple of students who have had a minor altercation on the basketball court this morning. With slightly gritted teeth I agree to join Michelle, Suz and the students to look at what is going on (in my mind I am saying, surely these two staff can deal with it). What a gift ! I sat and joined in a conversation between two students that was well past their years. Patience, understanding, empathy, forgiveness, strength – my list could go on and on of how these people worked through a very difficult situation with such ability. On these occasions I wish that I could have permission to film these events and show them to the world. Two children under 12 years of age being able to work through anger, frustration, uneasiness, misunderstanding and get on with their worlds – A MA Z I N G !

I have seen it before, but I never grow tired of seeing the ability of our next generation of leaders.

PS: The staff could deal with it, they new that I would want to see it unfold, bless them.

OK - BORING STUFF NOW

- Any outstanding fees please contact the office next week and sort them out
- Please write student names on clothing
- Check out the kitchen cupboards for any lunch boxes or drink bottles over the next week or so, as after term 2 we are sending them to a 'halfway house'.
- Sadly, we cannot find our beautiful Kacher water guerney (I do believe it was taken in the last term break). If anyone knows anything can they let Julie C know. Claire, Carin and Julie

Education Co-ordinator

Kinma Limited, Annual General Meeting, 12th May, 2015

Education Committee Report 2014

A vibrant and varied program was experienced by the Kinma community in Playgroup, Pre-school and Primary 2014/ 15. A cohesive and collaborative staff team consistently weave and fuse rich offerings with families and students. The highlights were many

- Drama – Group 1s smorgasbord of plays, group 2's film festival and Group 3s Butterfly Shoes play brought the groups together. In Suz's words "enabling us to see each other in different roles and with different skills and work together to produce an outstanding performance"
- Enriching our lives through excursions – Yurt farm for all, Canberra for grp 3, Group 2's bush night incursion, Group 1's theatre experience of Pamela Allen, Pre-school's visit to New Leaf Nursery and getting the chickens
- Internships – both in pre-school and primary a host of different interns brought their energy, passions and a willingness to share and learn with all our children!
- Professional Development – Literacy, Conflict Management, First Aid, Technology tools and many conferences where staff presented and represented Kinma : Reggio Emilia, AIS Creativity and Critical thinking conference, ADEC and IDEC conferences, Australasian and International Democratic and Progressive Education Conferences - so much learnt, so much shared! A special night for pre-school staff to watch *Schooling the World* which most staff have now seen! And a learning forum to unpack and dialogue it.

Playgroup grows in numbers, diversity and experiences with an increasing group of parents taking roles in setting up and assuming greater responsibility. The equipment base grows as does the group with primary parents often joining for chats with new families. Children transition smoothly from playgroup to pre-school.

Pre-school has grown over the year and is now almost at full capacity all five days. Families comment on the warmth and ease of communication with staff. The space balances new offerings with old and openness with stimulus. Reflection processes, positively noted by the Government Assessment team in 2013, continue to expand; children, families and staff contributing to large floorbooks which provide a record of the days events. Assorted gatherings inside and outside the pre-school reflect the growing community.

Kinma Primary, like all independent schools in NSW, undergoes a reregistration process. The NSW Board of Studies conducts this process and if successful, the school is reregistered for the full 5 years. In 2014, Kinma was once again reregistered successfully for the full term. Our thanks to all for the support, particularly the staff.

While mathematics features throughout Kinma at all times, it seemed to find its way into everything in the last 18 months; inquiries, projects and abundant patterning in art, sport and HSIE (Human Society and its Environment). The group 2 garden project found the children measuring plots, estimating and drawing to scale. Cooking continues its presence not only for taste and practical life reasons. From measuring teaspoons full in the pre-school, children in groups 2 and 3 are converting recipes to any large catering size and working decimals, percentages and fractions. We had a particularly large number of ex students reporting on success in their varied high schools, not only in mathematics but regularly in the area. They mention processes and open ended problem solving scenarios as particular strengths.

Music continues to further enrich the lives of children at Kinma. Following great jamming sessions among children, families and staff at Yurt farm in 2013 and 14, a family run choir ran for two terms. Violin is offered to all group two children for 6 months. If they choose to continue, they can do so. In the latter half of the year, the older group one students start. We are grateful to Holly for the program. Singing and percussive workshops run in all the classes and music features in the plays of the children and in their daily 'out-time' life. The Musica Viva program in 2014 and 2015 is introducing the children to different genres of music and the ongoing programs accessed by the Primary classes through Musica Viva are exciting and much enjoyed by the children.

Not only music has increased at Kinma, sports on offer this last year have also grown - the usual basketball and swimming feature as well as yoga, jiu jitsu and tennis for different groups. While at playgroup and pre-school, self elected and shared-managed games continue throughout sessions, in primary they do so at out-times (soccer, handball and creative running games feature regularly, with elastics seeing a big come back!). In both groups 2 and 3 most mornings in-time start with games chosen and run by the children and the inclusion of movement in group 1's maths program is a regular event.

Tinkering is blossoming – our ongoing thanks to all for sharing their passions, resources and ideas. The children are presented with 7-8 pods in each of three 75 minute sessions. These balance experiences across physically moving/ still, artistic, scientific, indoor/ outdoor. There is nearly always cooking, gardening and sewing options, three core skills of life. The children choose from among the options, moving freely among them. Children have been staying longer and longer at the one pod. We feel that this has happened after they have had the opportunity to roam freely among what is on offer.

The programs become richer and deeper each year as we have an incredibly dedicated staff team. Team members grow individually and their connections grow. In doing so , the community gains tremendously. Thanks to all the staff and families for a terrific 2014/15 learning year.

Juli Gassner

PRESCHOOL

PLAYING TOGETHER AT PRESCHOOL

Having friends to play with is an important part of being at Preschool. A developmental continuum of interaction that early educators observe is that children:

- Play solo
- Play alongside
- Play together
- Play cooperatively

Children have different personalities and temperaments and are at different stages of development. Some children demonstrate all of the interaction styles in one day.

For example:

1. Play on the swings with another child
2. Have morning tea with a group
3. Get involved in a building project, planning
4. and makin
5. g something as a team
6. Sit quietly and have a look through a story book by Themselves

The temporal curriculum at Kinma Preschool – how time is organised – enables children to recognise their own rhythms and needs throughout the day. Some children like to have a quiet story when they arrive in the morning, others join their friends straight away. If we see a child alone, we may ask “Everything ok?” Often the reply will be “Fine” or “I’m just having some quiet time”.

We recognise the importance of observation. Children often like to observe others including parents, siblings and teachers. Albert Bandura, developmental psychologist, wrote about the importance of “observational learning”. We have observed children who started Preschool this year, playing together and interacting with older children as well as playing alone or alongside others. This mixing of age groups adds to the richness of the Preschool experience.



Welcome to Josh and his family. He spent his first day climbing, rope swinging and digging in the sandpit.



Kalila, Mikayla, Teo and Sofiah listen to a story



Rafferty and Sammy work together putting away the blocks



Sammy having some quiet time watering the flowers



Sofiah, Teo and Chloe pick some herbs from the garden



Mikayla and Kalila making pizza



Chris and Amos chop vegetables together



Tim and Luki make pictures with the Tap Tap hammers



Sofiah and India-Rose playing Jack in the Box together

TINKERING PODS

How exciting – our first tinkering pods at Preschool! The morning pod was collage. A wide range of materials, some textas, glue and scissors were available for children to choose from. A long roll of paper provided the base for pictures and collages. It was a great opportunity for Preschool and Primary children including siblings, as well as staff and parents to all work together.



THE WAITING TREE

The tree at the top of the path is called “the waiting tree” The origin of the name is that it is the tree that children wait at when returning from a visit to Primary School. A couple of years ago, it died and had to be severely trimmed. We had the idea to decorate it.

The afternoon pod was dressing the waiting tree. Rachel (Sylvie’s mum) sorted through our fabric collection. We cut and had fun tearing strips of fabric which we then measured to see if they were long enough to go around the girth of the tree. We tied pieces of fabric together with all kinds of knots.



On Thursday, we all went to look at the tree.

Kay : What do you think of the tree? What do you like?

Anouk: Good. I like that it has ribbons around it.

Deco: I like the waiting tree

Zoe: My favourite is this one that holds the ribbons

Qiana: Seeing the ribbons

Sigrid: The cherries of course

Samara: The ribbons

Sylvie: The pink one

Harry: The orange ribbon

Chris: To be at the waiting tree

Aleena: I don't know

Joe: The one that's holding them on

Amos: That it's colourful

Leon: The colours

Lenny: The dress ups

Harry: The orange ribbons

India-Rose : The blue, pink and purple

Nina: The layers

Diesel: The green

Josh: The cherries

Pat: It looks beautiful

Luki: Blue and orange and green

Rosie: That we made something that was dead with no leaves really beautiful

Coco: The purple

Olive: The pink

Kay: The way the hanging bits move in the wind

From Pat, Felicity, Rosie, Kay. Christine and Nina



DATES FOR PRESCHOOL

Sunday 17th May – School on Sunday – Preschool open

Thursday 21st May – First transition to Primary School

Friday 22nd May = Preschool Morning Tea

Thursday 28th May = Preschool Photographs

Thursday 4th June – Parent Information Meeting

Wednesday 17th June – Preschool preparing Snack Attack – help needed

Group 1

Group 1 kicked off Term 2 by looking at a series of clues... why was there a crayfish? What did a pair of undies with a hole in the back mean? Why had the boy got string around his waist?

Galen noticed links between some of the clues- "That picture has got a crab in it, that one has a seagull and that one has a lobster trap. It must be at the harbour."

Tamzin wondered if it was about a fisherman, "I went fishing with my dad and we saw some of those things."

Then a picture of a teacher's pants falling down was revealed... what could all of this mean?

Finally, before Group 1 burst with anticipation, we began to read the story. 496 bums! All missing!



Tim Winton's tale is full of funny situations. Also in the book, there is a map of Bugalugs. We had a made a large copy to share with the group and Calum decided that he would like to map out KinMa. This was the start of treasure hunts and led to the rest of the group wandering through our grounds, looking at where things are. Using boxes to represent our buildings, the children manipulated them, running out for a look to check.

Following this, the children drew their own maps and tea stained them for effect!



Emily A's



Archie's

What would you do if you lost your bum? Ask if anyone has seen it of course!



Ella's Poster



Angus's bum was also lost!

Building on the mapping, we gave the group a collective project- to build their own version of Bugalugs. In an initial discussion, it was decided that the town would need homes, offices, a dock and an airport. Different groups set off to work and immediately ideas began to ripple around the room. "We'll need a fire station." Nathanael decided so a group began on that, next a hospital, then roads and vehicles began being constructed.

At a town review, more ideas came forth and the flurry of creation continued.



Gilad develops the runway



Heath ensured the town would be sure of a good book!



Galen, Seb and Sol build a playground

Calum decided a ship would be needed to carry cargo for trade.



Emily, Willow and Zadi get to work on the hospital.



Willow, Emily, Zadie and Isobel tend the community garden.



Emily M and Kate designed a holiday home complete with pool.

Places become linked.



Group 2

Group 2 will be going on an excursion to the Powerhouse Museum on Tuesday 26th of May!

Permission note and details to follow soon! 😊😊😊

Term overview



We are very lucky to have an intern from Sydney University, Sam, joining us for 4 weeks in Term 2 and for all of Term 3. Sam will be joining in with Group 2 life in all its shapes and forms over this time! Please come and say hi to Sam and introduce yourself, however, if you have any questions/queries about your child's progress please come and see either Michelle or Bea.

Inspired by the soggy start to the term and in awe of the forces of nature in action around us, Group 2 have been writing "stormries" (a term coined by Bodhi) and carrying out research to answer some of the many questions that have arisen in the last few weeks, for example:

- How come some big trees have fallen down while the little ones haven't?
- How do scientist know exactly how much rain has fallen around the country?
- What does 200mm of rain mean, anyway???
- Which parts of New South Wales were the most damaged?

We will follow the children on this one and facilitate their learning as it flows on naturally from their questions and curiosities.

Our exploration of the **English** language continues to be threaded throughout our days. For focussed, small group work we have "Wonderful words" sessions 3 times per week. In both groups, our toolbox skills of spelling, handwriting and grammar are tied in contextually and regularly.

Kate's group made a great start to the year in Term 1 with a focus on texts by Andy Griffiths. We shall continue to use the Andy Griffith's stories in Term 2 as they provide a lot of motivation, giggles and just the right amount of familiar vs challenging text to build confidence in our budding readers.

In Bea's group we will be exploring the world of magazines, considering how they differ from novels, picture books and informative texts. This will provide plenty of scope for personal projects and investigations. Our spelling words will be a mixture of sight words, letter patterns (we have started the term with "ai" as in rain...!) and personal words that come from children's interests and writing.

Carrying over from Term 1, we are reading "Stig of the dump" by Clive King as our class novel.

Number + puzzles = Nuzzles (aka. small maths groups). We try to contextual mathematics as much as possible and in doing so meet all the curriculum strands which are: Number and Algebra; Measurement and Geometry; and Statistics and Probability. For example, the weather also had a huge impact on our natural habitat and we have found a number of misplaced spiders. One huntsman in particular, ended up at one of our lunch tables giving children an opportunity for close examination, which of course, leads us into measurement - big objects, small objects, round objects, leg span of spiders, biggest spiders, smallest spiders, difference between, anatomy of, number of eyes, legs, addition, multiplication and so on and so forth.

Throughout this term we will ensure there is a strong focus on multiplication and division. This will include skip counting, hands-on modelling, problem solving and for those children with a strong understanding of multiplication concepts, times tables.

We have had discussion and brainstorms (with the children of course!) around our scientific theme for this term. With the luxury of three teachers in the space on Fridays we will split into 3 groups which will be based on the children's interest and thirst for inquiry. More information to follow.... so please read the newsletter!

Violin is continuing to run this term on Mondays and Thursdays.

Basketball is back on this term, so give a big hi/high five to Jerome on the court!

Group 2 alternates between French and Basketball from 9-10 on Friday mornings, it is important that children are here on time in order for Morag and Jerome to commence their sessions at 9.

Dates

Tinkering Days: Tuesday 23rd June (you know the drill, speak with juli g if you can offer a pod or time!)

School on Sunday: Sunday 17th May (No school on Monday 18th)

Wheels Day: Wednesday 20th May (no snack attack)

Primary Photos: Monday 25th May

Public Holiday: Monday 8th June

School Disco: Saturday 13th June

Excursion TBA

Looking forward to the adventures ahead,

Bea, Michelle, Kate and Sam :-)

TINKERING TUESDAYS IN TERM TWO

Mark the Dates

Tuesdays

12th May &

23rd June

**What passion will you share with us
this term?**



3 sessions possible

9.30-10.45

11.15-12.30

1.30-2.45

**Chat to juli g if you are not
sure about tinkering or if
you may run a tinkering
pod or join with a teacher,
a student or another
community member.
We'd love to have you join
us for the day**

julig@kinma.nsw.edu.au





Snack Attack:

Main Course	\$3.00
Dessert	\$1.50
Drink	50¢ (usually juice)

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 68 children in the Primary and 19 in Preschool on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

SNACK ATTACK TERM 2, 2015

Calling for helpers!

May 6	Amanda, Lisa and Claire
May 13	Gemma, Nic, Rachelle
May 20	No Snack Attack – Wheels Day
May 27	Helena and Anne (help needed)
June 3	Beck and Trudy (help needed)
June 10	Rachel and Mel (help needed)
June 17	Preschool (help needed, plus help needed to serve in Primary)
June 24	Katerina, Renee and Kathleen

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Extras

Clothing Sale Update!

Friday 12th June, 3:00-6:00pm.



Items can now be dropped off in the hall, up in the loft.

Can you help with any of the following?

Help sort through donations

Ironing clothes before the sale

Help put items on display ready for the sale

Bake cakes/slices to sell on our cake stall and sell at our Kinma Café

Help out on the day

Donate to our raffle & hampers

Sell raffle tickets

If you can help in any way please contact the Clothing Sale team below.

Big thanks,

Rachel, Renee, Amy and Claire

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD via regular meetings. The group is run aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

SPEAKER EVENING: DR LEILA MASSON**"An Integrative Approach to ADHD:****Nutrition & Lifestyle changes to improve children's learning & behavior"**

Dr Leila Masson is an integrative paediatrician who combines Allopathic Medicine with a nutritional and biomedical approach to help her patients attain optimal health.

Dr Masson specializes in a holistic approach to children's health problems, including allergies, asthma, behaviour problems, autism spectrum disorders and ADHD.

Dr Masson's aim is to treat the whole child, not just the symptom & to support families on their path to better health.

In this talk Dr Masson will give you an overview of nutritional and lifestyle changes that may help children with ADHD improve their health, behaviour & learning. In particular, she will discuss an optimal diet for children, nutritional supplements that may help children's learning, behaviour & attention, ways to reduce stress and additional therapies that may improve focus, attention & learning.

Monday 18th May 2015 @ 7.00-9.00pm

The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

Ticket reservations essential via
<http://www.eventbrite.com.au/org/4222746751>

Register on 



Facebook: <https://www.facebook.com/BeachesADHDSupport>
 Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>
 Email: nbadhdsupportgroup@hotmail.com
 Website: www.northernbeachesadhdsupportgroup.com.au
 We sell the Entertainment Book online via our website



ADHD Guide

Your guide to ADHD information, services & resources in the Northern Sydney region.

www.adhdguide.com.au



Venue kindly sponsored by
 Pittwater RSL Club



Bravehearts

Bravehearts^{inc.}
 Educate Empower Protect
 Our Kids

One in five Australian children are sexually assaulted in some way before their 18th birthday. Bravehearts aims to halve this number by 2020 with the support of government, community, corporate Australia and you.

Our **Mission** is to stop child sexual assault in our society.

Our **Vision** is to make Australia the safest place in the world to raise a child.

Our **Guiding Principles** are to, at all times, do all things to serve our Mission without fear or favour and without compromise and to continually ensure that the best interests and protection of the child are placed before all other considerations.

At Bravehearts we:

Educate

- ♥ All children receive effective personal safety education
- ♥ 350,000 Australian children have been educated through Bravehearts acclaimed safety program - 'Ditto's Keep Safe Adventure show'

Empower

- ♥ Adults are trained, aware and motivated
- ♥ Bravehearts has delivered training to organisations such as Little Athletics Australia and Mission Australia

Protect

- ♥ All systems of community and government engage effectively
- ♥ Every child and family has access to appropriate and effective specialist counselling

59,000 NUMBER OF KIDS HARMED EACH YEAR

\$10 billion ANNUAL COST TO SOCIETY

BRAVEHEARTS NEEDS \$44 million which will HALVE the number of children affected by 2020.

For more information visit:
bravehearts.org.au

@Braveheartsinc

Facebook.com/BraveheartsInc



Q & A

You are cordially invited to meet the Principal, Ms Jann Pattinson

Friday 29 May at 9.15am
in the Jan Jones Room

Davidson HIGH SCHOOL

Mimosa Street
Frenchs Forest
Phone: 9451 0022
www.davidson-h.schools.nsw.edu.au

After a short presentation by the Principal and a Q&A session, school tours will be run, concluding with morning tea.

To secure your place at this event, please go to www.schoolinterviews.com.au and enter the code C4LND.

A community school, Davidson High School is committed to providing an inclusive educational environment that is supportive, innovative and engaging.

We believe that by working strategically and collaboratively we will inspire and develop future-focused students who are active and connected learners and critical and creative thinkers.



Davidson HIGH SCHOOL



Sophie, 6, diagnosed with rhabdomyosarcoma, wished to have a fairy party with Dalmatians and donkeys.

The Sydney North Volunteer Branch
of Make-A-Wish® Australia invites you to a

TRIVIA FUNDRAISING NIGHT

Bring your thinking caps and a great sense of humor to help grant the wishes of children with life-threatening medical conditions.

Date	Saturday 13 th June 2015
Time	7.00pm
Where	Harbord Diggers 80 Evans St, Freshwater
Cost	\$35 per person (including finger food only)
For Tickets Contact	Rosa - 0408 259 685 rosa.chirillo@qengineering.com.au
	Please purchase tickets by 29 th May 18+ Event



HOSTED BY
LEX MARINOS

Join us for a night of fun including silent auction & lucky door prizes

Event Number: 22224