

# Kinma

Kinma Newsletter T4 Week 1, Friday 9<sup>th</sup> October, 2015

## Parent Information Sessions

Next week there will be parent information sessions for all primary groups starting at **2:15pm**. These will be with group teachers to get an overview of what's happening during the term.

**Group 1** Thursday 15<sup>th</sup> October

**Group 2** Friday 16<sup>th</sup> October

**Group 3** Wednesday 14<sup>th</sup> October

## WHAT'S ON

13.10.15	1.15pm - Primary Swimming starts
14.10.15	2.15pm - Group 3 Parent Information Session
15.10.15	2.15pm - Group 1 Parent Information Session
16.10.15	2.15pm - Group 2 Parent Information Session
19.10 – 21.10.15	Group 3 Camp (til 21st)
19.10.15	Healthy Harold Visit
20.10.15	9:30am -School Tour
20.10.15	7pm - Board Meeting
22.10.15	Preschool Family Morning Tea
22.10.15	1.30pm - Musica Viva
24.10.15	7pm - Trivia Fundraising Night
27.10.15	Tinkering Day
01.11.15	8am - Frenchs Forest Market
02.11.15	6.30pm - Learning Forum
03.11.15	Preschool Excursion to Katandra Wildflower Garden
06.11.15	8am - Warriewood Market
10.11.15	Preschool Parent Discussion Afternoon
12.11.15	9.30am - School Tour
17.11.15	5.30pm - Board Meeting
26.11.15	Tinkering Day
01.12.15	Preschool Steps Vision Screening
01.12.15	Last day Primary Swimming
05.12.15	PM - Gratitude Gathering
08.12.15	9am - Kids Christmas Market
11.12.15	Farewell Final Year
15.12.15	7pm - Board meeting
16.12.15	Last day Term 4

# Kinma Board

**Nick Georges**, Chairperson

T: 0412 106 633

E: [nick.georges@gmail.com](mailto:nick.georges@gmail.com)

**Ginny Neighbour**,

Deputy Chairperson & Governance

T: 9880 2492

E: [ginny.neighbour@gmail.com](mailto:ginny.neighbour@gmail.com)

**Steve Dixon**, Fundraising

T: 0412 949 441

E: [stevengarrydixon@me.com](mailto:stevengarrydixon@me.com)

**Lisa Graaug**,

Education Committee

T: 0409 924 630

E: [lisa@yogainstitute.com.au](mailto:lisa@yogainstitute.com.au)

**Jonathan Kelt**,

Education Committee

T: 0425 225 174

E: [jonathankelt@mac.com](mailto:jonathankelt@mac.com)

**Bea Pierce**, Marketing

T: 0405 346 018

E: [ninianlif@gmail.com](mailto:ninianlif@gmail.com)

**Stephen Cole**, Treasurer

T: 0432 032 343

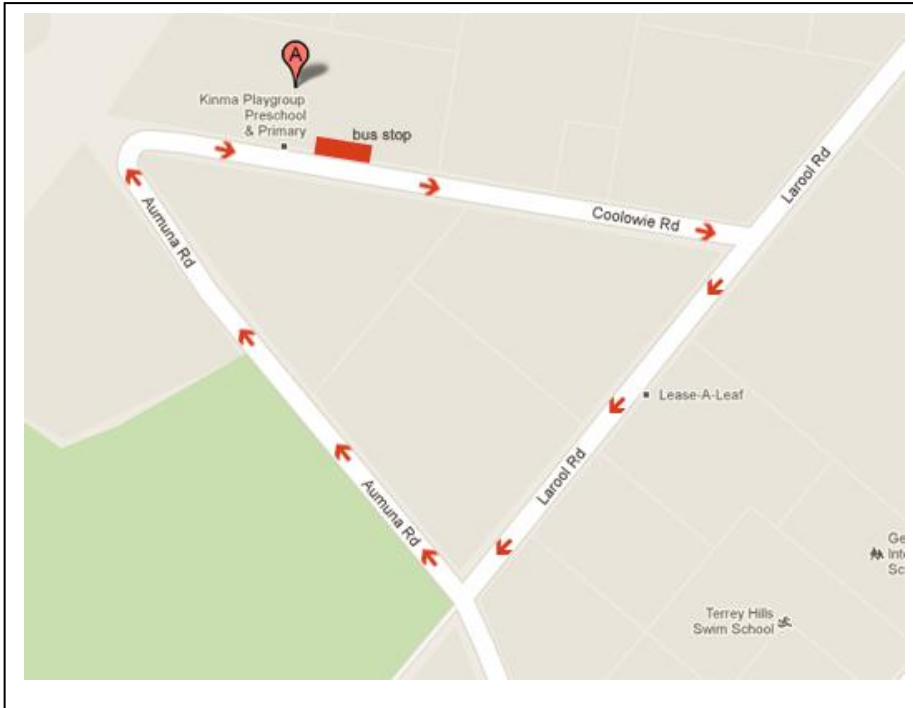
E: [stephen.cole1910@gmail.com](mailto:stephen.cole1910@gmail.com)

**Pam Webster**,

Director Emeritus

E: [pamwebs@gmail.com](mailto:pamwebs@gmail.com)

# Administration



## SAFE CAR PARKING AND DRIVING

For safety reasons and to minimise congestion we ask that all Primary and Preschool parents enter via Aumuna Rd, and leave by Coolowie Rd.

Primary parking is available nose to curb on Coolowie Rd in front of the school. Please do not park on the opposite side of the road.

The bus stop also needs to be kept clear in the afternoon; this is the area between the driveway to the hall and about 1/3 of the way down the path towards the basketball court.

Preschool has a car park.

# Preschool

Gatherings of children happen throughout the day at Preschool. Small, large, formal, informal, child led or teacher led, planned and spontaneous. Participating in group activities provides opportunities for children to practice and acquire a wide range of skills and then apply those skills in different situations.

Research indicates that it is appropriate to provide small group opportunities for younger children to be part of – the younger the child, the smaller the group. As children mature, they generally become comfortable to join a larger group.

Entry – joining a group

Cooperating

Taking turns

Belonging

Negotiating

Talking

Sharing

Listening to others

Helping others

Making joint decisions

Managing conflict



Jasmine went to see “Matilda” at the theatre and brought the programme to Preschool. She led a group telling the story of Matilda and portrayed all the characters.



Luki borrowed this book to read with his family. When he brought it back the next day, he wanted to share the story with some of the other Preschool children. Small story groups are a feature of the Preschool curriculum. Often each child will choose a book and then 6 or 7 stories will be read in a row.



This group, led by Rosie are looking at and discussing a book about pets, which all the Preschool children contributed to.



French group on Fridays with Morag. This group normally lasts for forty five minutes. Children choose to join the variety of activities including games and songs.



Parachute games are a great favourite, the children working cooperatively to keep the big ball on the parachute

Violins with Holly - children watch and listen to others playing the violin whilst waiting for their turn.



All the children gathered together with Christine, Lizzie and Kay. We are saying goodbye to Nikki – a student on her last Practicum for Macquarie University. We presented her with a Lucky Bamboo plant and lots of messages and drawings.



How did this group start? Some children were interested that Nina was drinking tea made with lemon leaves so some children wanted to pick lemon leaves from the lemon tree just outside preschool. The number of children who wanted to come kept growing and growing, so Lizzie joined the group. While we were waiting for everyone to put their hats and shoes on, we began singing songs and then following clapping/patting rhythms.



Basketball is very popular. Some children join the basketball session at the Primary School on Fridays. Here, back at Preschool, Felicity is supporting children to negotiate order of turn taking.



Izzi and Maia visited from Group 3. "Can we read some stories?" A few minutes later, a group, who had made themselves comfortable on the sofa and floor cushions, were listening intently.



A spontaneous group – the children wanted to know when it would be time to go home. We decided to draw our own clock. The children gave Kay instructions – what shape for the clock, where to put numbers and the hands. Then we used our own arms to make 12 o'clock, 3 o'clock etc.



This group of children decided to get comfortable, warm and cosy together with cushions and blankets, ready to have a calm time listening to a story at the end of the day.

## Preschool Dates for Term 4

Thursday 22 <sup>nd</sup> October –	Family Morning Tea
Saturday 24 <sup>th</sup> October –	Trivia Night
Tuesday 27 <sup>th</sup> October –	Tinkering
Wednesday 28 <sup>th</sup> October –	Preschool preparing Snack Attack
Monday 2 <sup>nd</sup> November –	Learning Forum
Tuesday 3 <sup>rd</sup> November –	Excursion to Katandra Wildflower Garden (more about this soon)
Tuesday 10 <sup>th</sup> November –	Parent Discussion Afternoon
Thursday 26 <sup>th</sup> November –	Tinkering
Tuesday 1 <sup>st</sup> December –	Steps Vision Screening (more about this soon)
Saturday 5 <sup>th</sup> December –	Gratitude Gathering
Tuesday 8 <sup>th</sup> December –	Christmas Market

*Looking forward to a busy term – from Christine, Lizzie, Pat, Nina, Kay and Felicity*

# Trivia Night



Dear All,

Since I've been a parent at Kinma, one of the highlights of the social calendar has been the annual fundraiser. Such a great way to get to know more families more deeply and to help form lasting bonds of friendship.

In years past, we have run a themed Auction Night (Roaring 20's, Mexican Day Of The Dead, Medieval...) and we had great success in raising funds for the school's core operations and special projects.

While great fun, these events have demanded a lot of time and energy from the parent-led organising committee, not least in terms of seeking and securing an enormous number of auctionable items.

This year, we are changing things up and proudly introduce the Kinma Trivia Night! Saturday 24th October, doors 7:30pm.

We are now reaching the pointy-end of the proceedings: the venue is booked (Mona Vale Memorial Hall), the bar is sorted, catering options are being whittled down, the gameplay formats are arranged and we have some cracking prizes lined up! All in all we are well on track to provide a happy, relaxed forum to have a bit of fun and raise funds for the school. Yes, we also kept the dress-up theme going too: "A Touch Of Black" - which means you can go demure, debonair sophistication or channel the goth-punk-vampire look or anything in between, whatever floats your boat!

It's now time to really lock it in and this is where we absolutely must get a commitment on numbers.

For this we need your help. Not only are you the participants but also we are crowd-sourcing the quiz questions and prizes!

It will be a ticketed event, but we don't want individuals to buy tickets. We are looking for team entries: tables of 8, made up of parents, friends and family. Once you have formed a table, please come to the office and confirm your booking and buy the team ticket. Price is \$400 per table (\$50 per person).

**\*\*The deadline to confirm booking is 16th October 3pm.\*\***

If we don't get enough teams by then, we will unfortunately have to cancel the event. Boooo!

If you cannot form a table of 8 but are still interested, that's fine, you can put your name down on a "stand by" list and we will allocate you to a team once the numbers are made up to a team of 8.

In addition to that, each table will be asked to come up with 8 quiz questions which will be used as the back-bone of the trivia rounds. You will draw your "quiz topic" from a hat when you confirm your team booking and submit the questions (and answers) in advance so that the organising committee can allocate evenly the number of questions; this ensures that no team is unfairly advantaged over another. (We have to do it like this due to the uncertainty around how many teams we'll get, and this approach scales well if it's really successful!)



An MC will host the evening, and the grand prize will be awarded to the highest-scoring team on the night. We'll also have a few other cheeky surprises up our sleeves too, games to play for which there are more prizes to be won! So bring your wallet and a sense of humour!

More prizes are always welcome - the more we have, the more we can allocate and the more awesome the night will be! If you have something you can contribute - a service or a skill, or if you can obtain any products or entertainment vouchers... please let us know and we will put it into the prize pool.

So please, do start spreading the word among your friends and family and come and see the organising committee or the school office to register your team (or individual interest) as soon as possible!

Key Dates:

16th October = Register Teams, Draw Quiz Topic

21st October = Submit Quiz Questions

24th October = Trivia Night, Mona Vale Memorial Hall, 7:30pm

Thanks everyone, see you in Mona Vale!

Sam Woodcock, Steve Dixon, Anoop Rattan, Tan Bright... and all you fabulously generous parents of Kinma school who are helping to make this a night to remember!



## Snack Attack:

Main Course	\$3.00
Dessert	\$1.50
Drink	50¢ (usually juice)

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 27 in Preschool on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

### SNACK ATTACK TERM 4, 2015

### CALLING FOR HELPERS

Oct 7	No Snack Attack
Oct 14	Karen & Amanda & Liz
Oct 21	<b>Helpers needed</b>
Oct 28	Preschool
Nov 4	<b>Helpers needed</b>
Nov 11	<b>Helpers needed</b>
Nov 18	Beck Field & Renee Dixon
Nov 25	<b>Helpers needed</b>
Dec 2	<b>Helpers needed</b>
Dec 9	Lesley Milbourne + <b>Helpers needed</b>
Dec 16	

*Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.*

*All expenses for ingredients are reimbursable.*

If you have any questions or want to contribute please email me at [hayleyjl@tpg.com.au](mailto:hayleyjl@tpg.com.au) or call 0435 145 486.

Thanks,  
*Hayley Lewis* (Turiee's mum)

# Extras



## SATURDAY AFTERNOON BASKETBALL

The Manly Warringah Basketball Association is holding basketball squad training & fun on Saturday afternoons, conducted at the Northern Beaches Indoor Sport Centre, Jackson rd Warriewood with expert coaches. The programme is on each Saturday during school term.

There are three groups - **Biddy Ball** for ages 7 and under 2.30pm - 3.30pm & **Lightning League** for ages 8 & over 3.30pm - 4.30pm. The cost is \$9.00 per week coaches are American professional Jerome Lee and Representative coach Mark Sommerville.. There is also a **Pinkball All Girls** group for ages 7-12 from 2.30 - 3.30pm Pinkballers sign up for the term and receive a free pink basketball (separate form) and are taught by some of Manly's top women ABA Players. The cost is \$70 per term

Each week players will be taught the skills of the game by experienced coaches and put into teams for a short match. New players wishing to join a competition team should attend Saturday sessions so they can improve their skills, be graded and later placed into teams when a new competition starts. Players who are already playing will also benefit from the extra skill sessions. If you are interested in joining Saturday basketball then, please complete the form below and return to the M.W.B.A. office (ph: 99133622 or fax:99133644)

or bring it with you on any Saturday to sign up.

*Great fun/Great coaches*

Email: [mwba@manlybasketball.com.au](mailto:mwba@manlybasketball.com.au) <http://www.manlybasketball.com.au>



BRAD DALTON (DUAL OLYMPIAN)

MWBA DEVELOPMENT

.....

Name .....D.O.B.....

Address.....School.....Postcode..... Phone.....

Email..... Year at school.....

## Northern Beaches



## Support Group

*A problem shared is a problem halved*

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD, via regular meetings. The group aims to provide a safe and supportive environment to discuss and learn more about ADHD in order to best help parents and kids.

**PLEASE NOTE THERE IS A \$10 ENTRY FEE FOR THIS EVENT**

### **SPEAKER EVENING: IAN WALLACE "Practical Management of ADHD"**

**Ian Wallace** is a Consultant Psychologist, with a wealth of experience working with families and kids.

With his supportive and no nonsense approach, Ian highlights practical strategies for issues such as Practical Management of ADHD, Responsible Parenting, Building Resilient Kids, Dealing with Defiant Behaviour, Bullying, etc. Ian speaks to thousands of people each year, providing practical and down to earth suggestions.

Ian conducts seminars around Australia for television, radio, universities, professionals, schools and support groups. He is the Director/Psychologist at Forestway Psychology Centre, where he works to support children and families and has provided consultant services for many years to Paediatricians, Psychiatrists, Doctors, Professionals and parents.

His book, "You & Your ADHD Child" has become the practical handbook for Australian families and schools dealing with the everyday problems ADHD kids have.

**Monday 12<sup>th</sup> October 2015 @ 7.00-9.00pm**

**The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale**

Ticket reservations essential via  
<http://www.eventbrite.com.au/org/4222746751>

Register on 



Facebook: <https://www.facebook.com/BeachesADHDSupport>  
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>  
Email: [nbedhdsupportgroup@hotmail.com](mailto:nbedhdsupportgroup@hotmail.com)  
Website: [www.northernbeachesadhdsupportgroup.com.au](http://www.northernbeachesadhdsupportgroup.com.au)  
We sell the Entertainment Book online via our website



ADHD Guide

Your guide to ADHD information, services & resources in the Northern Sydney region.  
[www.adhdguide.com.au](http://www.adhdguide.com.au)



Venue kindly sponsored by  
Pittwater RSL Club

# JAPANESE FETE 2015



**SATURDAY 31ST OCTOBER**  
**11AM-4PM**



**Sydney Japanese  
International School**  
シドニー日本人学校



**Sunday 1st November 2015**

**[www.barecreektrailrun.com](http://www.barecreektrailrun.com)**

Registrations now open for the 6km  
or 10km course through the lovely  
Garigal National Park for anyone  
over 5 years.

Register Here, NOW!

[www.barecreektrailrun.com](http://www.barecreektrailrun.com)

Online entries open until 26th  
October



Hosted By

