

# Kinma

Kinma Newsletter T2 Week 5 Friday 27<sup>th</sup> May, 2016

## Kinma Care Day - this Saturday 28<sup>th</sup> May, 1.30 – 4pm

We would love all hands on deck for this week's Kinma Care Day.

There are so many jobs that need to be done in both the Preschool

and the Primary to get our beautiful School ready for the next

School tour and Sunday Open Day.

Jobs include:

- Cobweb removal
- Sweeping
- Clearing main pathway
- Weeding and mulching
- Clearing side banks around Group 3
- General rubbish cleaning up
- Cleaning hall windows
- Gurneying Preschool – does anyone have a gurney?
- Taking a load to the tip

Please BYO:

Gloves  
Rags  
Gardening tools  
Brooms  
Wheelbarrows

### WHAT'S ON

28.05.16	Kinma Care Day 1.30-4pm
29.05.16	Frenchs Forest Market, 8am
31.05.16	Learning Forum, 6.30 for 6.45pm
02.06.16	Open Morning, 9.30am
03.06.16	Preschool Morning Tea - all welcome
11.06.16	Bush Regen meets 8-10 am
13.06.16	Public holiday school closed
15.06.16	Friendship Day
18.06.16	Kinma disco – all welcome
23.06.16	Tinkering
26.06.16	10am-2pm: Open Day, 'School on Sunday'
27.06.16	No Primary School
01.07.16	Term 2 ends
27.07.16	Term 3 starts
23.09.16	Term 3 ends
11.10.16	Term 4 starts
16.12.16	Term 4 ends



# Admin

## Judgement

I (Julie C) sat down and wrote half a page on some sad information that is going around the community. How people are speaking with half information and blaming others. I then saw this quote and decide to erase it all and leave you with this ...

“Never look down on anybody unless you're helping them up.”

— Jesse Jackson

## Fees

A gentle reminder that term 2 fees for preschool and primary are now due. ( If you are paying by monthly direct debit this does not include you.)

Please forward payment to the office via telephone or direct debit or dropping in.

## Roadways and Car parking

Because the road outside the School is narrow and busy with cars and buses, there is a one way system in force between the hours of 8.30am -9.30am and 2.30pm - 3.30pm. Between these times, please enter through the bottom of Coolowie Road and exit up the hill.

Please don't park in the staff carpark at any time.

Please don't park in the bus zone as buses need to park to pick up children.

Claire, Carin and Julie

# Kinma Board

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## TREASURER'S REPORT - AGM

Kinma is in good financial shape, and our auditors have given our finances a clean bill of health. As at the end of December 2015 our school's assets amounted to \$4.0 million (mainly land and buildings), and our liabilities \$0.75m (mainly the loan and provisioning).

During the year we managed to earn an income of \$1.40m; 62% from fees, 33% from government grants and 5% from building fund contributions, fundraising, cottage rent, etc.

Expenses amounted to \$1.46m, the main contributor to which was staff costs (77%), 10% depreciation and finance costs, 3% teachers resources and excursions, and several other non-material expenses.

We had budgeted for a loss of \$51,000 for the year but ended with an accounting loss of \$61,000. As I have described in previous years, we are a small school and as such our finances find it difficult to 'roll with the punches'. On consideration, exceeding our expected loss by only \$10,000 is a remarkable feat given that we had several unexpected expenses including teacher events and lower government subsidies, higher insurance costs and lower than budgeted student numbers.

Our loss could have been far higher if it were not for our hard working and dedicated management and administrative team who found places to save money and petitioned the government for more funding. For this I thank them, they do an absolutely amazing job behind the scenes; they make my role far easier than it could be.

**Stephen Cole**

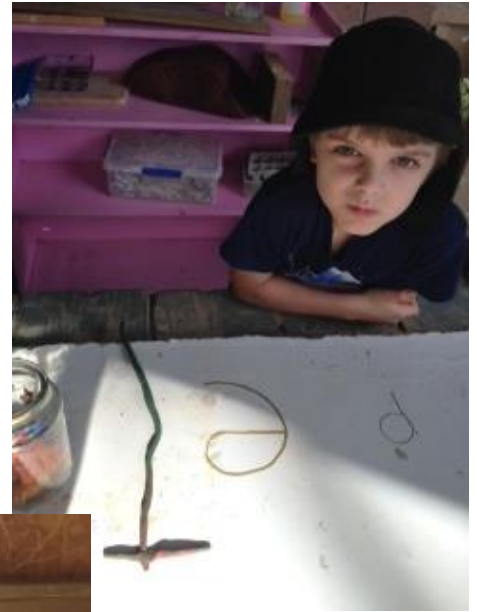
# Group 1



Playing scrabble with the letters in our names



This week we played with vowels, making them out of plasticine and experimenting with sounds at the beginning and end.



Relaxing with a book or two

Group one has been discovering their roots recently as we took a look into all things Australian. It's amazing how many animals we came up with and the list of unique things we can only do in Australia. This coming week we will be adding many of the artefacts we have made and collected, to the souvenir shop.

So much happening in week 6! We have been practicing our dancing in readiness for our South American music spectacular. We will be joined by a few other schools and are very much looking forward to sharing in the experience.

Also our resident artist, Nettie Lodge who will collaborate with the children to create a mural for our classroom, will join us. The children are already contributing by drawing their favourite animals from around the world. Nettie will use these drawings and with the children, she will design our next master piece!

<http://www.annettelodge.com>



Otherwise it's just our usual fun and games!!!

# Learning Forum



## LEARNING FORUM

*PLEASE feel free to chat to any class-teachers before May 30th if you'd like some suggestions for reading or watching on the topic.*

**May 31<sup>ST</sup>  
6.30 for 6.45**

## **WHAT IS A REWARD?**

What is a punishment?

Come join us, share your ideas, listen to other family members and staff share their viewpoints and the Kinma practice and philosophy... come chat & LISTEN

# KINMA DISCO







**Snack attack is a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.**

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 2 Snack Attack.

## **SNACK ATTACK TERM 2, 2016**

- May 25: Helena, Karen & Sam F
- June 1: Rachel, Katerina & Alix
- June 8: Preschool (see Christine and/ or Amy)
- June 15: Beck, Gemma, Nic & Kathleen
- June 22: Lesley & Hayley
- June 29: Elisha & Martin – **+1 experienced Helper needed**

*Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.*

*All expenses for ingredients are reimbursable.*

If you have any questions or want to contribute please email me at [hayleyjl@tpg.com.au](mailto:hayleyjl@tpg.com.au) or call 0435 145 486.

Thanks,  
*Hayley Lewis* (Turiee's mum)

# Extras



**A Call to All Air Ship Enthusiasts, Space Pirates, Time Travellers, Dreamers and Clowns-at-Heart to join The Imaginarium.**

Come and carelessly mix theatre and science, games and steampunk, entrepreneurship and clowning. Age unimportant. Must be young at heart.

We will get started with Improv TV. We will make microphones, remotes and TV sets out of cardboard and come up with ideas for unique shows. By the end, you will:

- 1) Create your own TV / Youtube Channel
- 2) Create your own TV show
- 3) Improvise and take yourself and others less seriously :)

or simply be a spectator and doodle or colorin!

#### WHEN

Saturday, 4 June 2016 from 1:30 PM to 3:00 PM (AEST) - [Add to Calendar](#)

#### WHERE

Berrins Coworking Space & Meeting Rooms Sydney - 40 East Esplanade #2, Manly, NSW 2095 - [View Map](#)

#### TAGS

Manly, NSW Events

Party

Arts

TO BOOK TIX FOR YOUR FAMILY ... <https://www.eventbrite.com.au/e/the-imaginarium-tickets-25147596137>

**BY POPULAR DEMAND, YOUR LOCAL BIATHLON EVENTS ARE COMING BACK!**



**THE BIATHLON SERIES**



**WHERE: TERREY HILLS SWIM SCHOOL**  
**WHEN: FRIDAY NIGHTS & SATURDAY AFTERNOONS**

*Friendly, fun event. Everyone welcome including families and children.*



**FRIDAYS 6:00 PM**

**TasteTester Light**  
 300m run + 100m swim  
 (4 laps of 25m pool)

**DATES**  
 29 April  
 6 May  
 13 May  
 20 May  
 27 May  
 3 June

**TasteTester**  
 600m run + 400m swim  
 (16 laps of 25m pool)

Book for all 6 races \$54 (only \$9 each)  
 Or \$15 casual

**SATURDAYS 4:30 PM**

**DATES**  
 17 Sept  
 15 Oct  
 19 Nov  
 17 Dec

**TasteTester & Kids**  
 1km run + 125m swim  
 (5 laps of 25m pool)

**Energizer**  
 (4km run + 425m swim)

**Ultra**  
 (6km run + 525m swim)\*

\*To enter the Ultra, you need to expect that you can finish this distance under 60 minutes.

\$10 adult, \$5 child  
 On the day entry: \$15 adult, \$10 child

Energize and THSS are passionate advocates of active lifestyles and are hosting these biathlons as community events to encourage fun ways of being active.

Limited numbers can enter, so please register your entry by ringing Terrey Hills Swim School on 9486 3941 to secure your spot. Biathlons will start promptly, so please arrive at least 30 minutes prior to get organised!

Some terms & conditions apply. Biathlons will go ahead rain or shine (but not in extreme weather). No refunds. Your overall time will be recorded (no split times). This is a community, not for profit event... Friendly competition is welcomed, but please let it be friendly!

The best person to compete against is yourself



**Terrey Hills Swim School**  
[www.thswim.com.au](http://www.thswim.com.au)



[www.thswim.com.au](http://www.thswim.com.au)  
[www.energizehealthclub.com.au](http://www.energizehealthclub.com.au)

inspire  
tennis

for the lifetime game

Venue: [Terrey Hills Tennis Club](#)



## Junior & Adult Programs

**Based on school calendar!**

- ANZ Tennis Hot Shots Coaching (4-13yrs)
- High Performance & Competition (9-18yrs)
- Ladies & Adult Clinics (Beginnner & Intermediate)
- Private Lessons and more...
- **FREE** After School Bus Pick Up Service



## Holiday Programs

**Every week of school holidays throughout the year!**

- Camps held rain, hail or shine during all school holiday periods
- Casual bookings and excursions available!
- **FREE** Before Care & Racquet Hire

P: 9498 1902  
[www.inspiretennis.com.au](http://www.inspiretennis.com.au)  
Register Online Today!

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly meetings. The group provides a safe & supportive environment to discuss and learn more about ADHD.

**DR MATTHEW BOURKE**  
OPTIMUM HEALTH ESSENTIALS



**“Treating & Managing ADHD with  
Applied Kinesiology & Neuro Emotional Technique”**

Whilst there is a broad range of severity and different underlying causes with ADHD, Applied Kinesiology and Neuro Emotional Technique offer a process to navigate this multifactorial condition and identify the underlying causes in an efficient, cost effective and specific way.

Dr Matthew Bourke (D.C.) is a Chiropractor, Applied Kinesiologist and certified Neuro Emotional Technique practitioner. He is the Director and founder of Optimum Health Essentials in Mona Vale and has been in clinical practice for 19 years. Matthew has been a clinical Board Member and presenter with the Mindd foundation since 2008 and has studied Peak Performance and Positive Psychology at Sydney University.

**Tuesday, 19<sup>th</sup> July 2016 @ 7.00-9.00pm**  
**The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale**

**\$5 CONTRIBUTION ON THE NIGHT**

Ticket reservations essential via the website or  
<http://www.eventbrite.com.au/org/4222746751>



Facebook: <https://www.facebook.com/BeachesADHDSupport>  
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>  
Email: [nbadhdsupportgroup@hotmail.com](mailto:nbadhdsupportgroup@hotmail.com)  
Website: [www.northernbeachesadhdsupportgroup.com.au](http://www.northernbeachesadhdsupportgroup.com.au)  
Entertainment Book available online at: [www.entbook.com.au/219d619](http://www.entbook.com.au/219d619)



ADHD Guide

Your guide to ADHD information,  
services & resources in the Northern  
Sydney region.  
[www.adhdguide.com.au](http://www.adhdguide.com.au)



Venue kindly sponsored by  
Pittwater RSL Club