

Kinma

Kinma Newsletter T2 Week 7 Friday 10th June, 2016

Dear families,

Many of our wonderful violinists are playing their fiddles on **Saturday 18th June** at Pittwater's Music Festival.

They will be rehearsing next week at school.

It would be lovely for them if some of us would be there to hear them play at the festival.

If you should find yourself near **Pittwater High at 10.30am on Saturday June 18th**, do join us in the audience.

Juli G



WHAT'S ON

11.06.16	8-10am Bush Regen meets
13.06.16	Public Holiday - Primary and Preschool closed
15.06.16	Friendship Day
18.06.16	10.30am Violinists performance, Pittwater High 5pm: Kinma Disco - all welcome
23.06.16	Tinkering Day
24.06.16	1-4pm Pop-up Bazaar
26.06.16	10am-2pm: Open Day, 'School on Sunday'
27.06.16	No Primary School, Preschool still on
01.07.16	Term 2 ends
27.07.16	Term 3 starts
23.09.16	Term 3 ends
11.10.16	Term 4 starts
16.12.16	Term 4 ends



Admin

Fees

A gentle reminder that term 2 fees for preschool and primary are now due. (If you are paying by monthly direct debit this does not include you.)

Please forward payment to the office via telephone or direct debit or dropping in.

Roadways and Car parking

Because the road outside the School is narrow and busy with cars and buses, there is a one way system in force between the hours of 8.30am -9.30am and 2.30pm - 3.30pm. Between these times, please enter through the bottom of Coolowie Road and exit up the hill.

Also, it is vital for the safety of our children that there is NO double parking (ie. stopping in the road and drop off or pick up your child). There is parking on the left hand side of the road before coming to the bend and up towards preschool.

Please don't park in the staff carpark at any time.

Please don't park in the bus zone as buses need to park to pick up children.

Growing a beard

Andy is growing his beard to raise money for some oxygen! Every \$2 donated plants a tree from your sponsorship! Make a tax deductible donation (<https://www.beardson.org/dashboard>) and be a part of something great. More info at www.beardson.org

Kinma Care Day

If you were unable to attend the recent working bee can you please let Claire and I know if you want to do any extra jobs, before we do the invoices for maintenance please.

Carin, Claire, and Julie

Kinma Board

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Education Co-ordinator

Around and about at Kinma ...

Gunyah building

Group 2 gather at the gunyah to assess 'state of play' following the weekend storms and figure new jobs that need doing; food collection, gunyah repair and care, material collection. The 'elders' are considering priorities and needs and sharing their thinking with their friends and teachers.

Maths pods

Group 1 children welcomed their transitioning friends from the Pre-school by setting up a series of pods for them while Grace went up to pre-school to collect their friends. All the children were keen to teach their new friends how to count stuff, how to play the exchange game, including thousands!, how to write numbers, how to make assorted patterns with dice and blocks and trapeziums. Their excitement at their friends' arrival was matched only by the delight on their transitioning mates' faces as they stepped into the world created for them.

Interviewing techniques

Group 3 prepares for Friendship Day next week. There is discussion re the questioning of the students from other schools. Staff raise the idea that the questions last year were a little flat and they wonder if there is another way to go. The children sit with staff and role play and come up with a new deeper probing, an improvisational technique which can be supported by friends and scaffolded so that there are some sure-fire questions. There is buzzing excitement as the children mould possibilities around food, super-heroes, languages, types of animals they would like to be, hobbies to explore and what they see as friendship. They finish up with totally bizarre 'would you rathers'. They are a tad dangerous to record here.

It is an incredible privilege to learn with all the children of Kinma, the staff and the families in our community. The fusion of the three this last week was striking. This was bolstered by the connections made, themes covered and experiences shared at the learning forum last week. I believe that the theme of 'praise' and 'reward' is key to learning, parenting and teaching. If you have the chance, do join us for a second run of the rewards are punishments forum on Wednesday 22nd June at 3.15pm. Could you let me know if you are able to join us?

Juli

Group One News

Take a deep breath! We have been so busy and have heaps to share with you!

Group 1 have been preparing for an imaginary journey to South America for a while now but in the last week we have been up, up and away!

We had to begin by packing our bags. This meant a trip to Vinnies to choose what clothes we would need. William chose hiking boots as he is keen to visit the Andes, Aisha bought sunglasses as she said it would be sunny in Brazil and Shala water as she thought it important to stay hydrated!

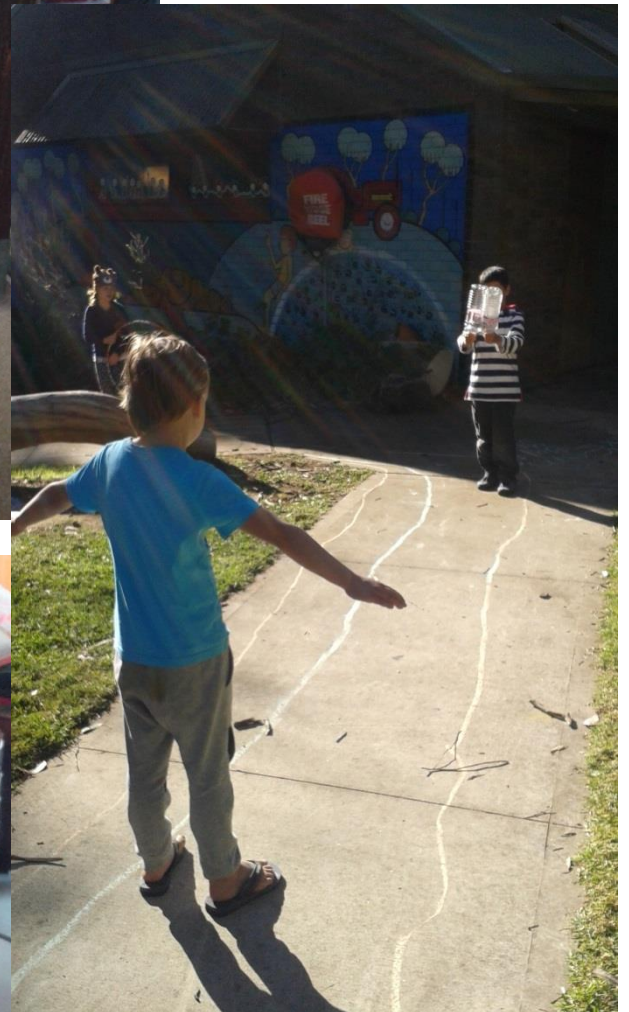
Once the children had chosen their items, they used real coins to help find their total. Here is Maya counting her money.



Once we were all prepared, we wondered how we were going to get there. Tamzin said we needed to go the airport to catch a flight. This idea grew into a huge class project with everyone taking a part in turning our room into an airport. We brainstormed things that you find and got busy implementing them into our space!

Friday became Flyday and as the children arrived, they used their passports to check in, collected boarding passes, weighed and x-rayed their luggage, and then boarded the planes. It was quite incredible because announcements suddenly rang out "Could all passengers to Rio stow their journals in the overhead lockers and make their way to departures." Where were these announcements coming from? The children thought it sounded like Andy but we could see Andy's mouth wasn't moving! These announcements continued throughout the day.

Once seated, the cabin crew ran through a safety demonstration and then we were off! Kayden took on the role of Air Traffic Controller using two bottles to guide the aeroplanes down the runway.





We were greeted on arrival by a Chilean treat: The Music Aviva performance. It was wonderful to watch the musician use traditional instruments and listen to South American inspired music. At the end of the performance, the band accompanied us as we danced to one of their songs.



Whilst all of this was going on, an artist called Nettie was busily creating a mural outside of Group 1's room. Nettie is an author as well as artist and we were lucky enough to have her read one of her books to us. Nettie used all of our pictures in her design. It is ongoing, feel free to come and take a look.



In other news:

We are welcoming our transitioners into our space and into our hearts. The current kids are showing them the ropes and leading pods to help get to know them.

Aaaaand Suz is back! Suz will be in to cover Grace's rest day on Thursdays ☺



Calling for your donations for Winter Care Kits

Kinma is putting together some of these kits and we would love your donations. Also seeking knitted scarves and beanies - all to help make life a little more comfortable for some homeless people this winter.

A collections box is in the office for any of these items you can give.



Kindness is Catching
is catching®

WINTER CARE KITS

Kindness Packs for Homeless People

Kindness is Catching is organising an initiative to help make this winter a little more comfortable for some homeless people. We are seeking your donation for items to give to Sydney City's people who are sleeping rough.

When you are at the supermarket, please consider buying the following items for a Winter Care Kit and pop them in a large zip lock bag.

▪ Facewasher	▪ Refillable water bottle
▪ Comb	▪ Travel sized shampoo & conditioner
▪ Pair of socks	▪ Small box of band aids
▪ Travel sized hand disinfectant	▪ A small packet of tissues

Kindness is Catching is also seeking donations of scarves and beanies. If you are a knitter or know anyone who loves to knit, please spread the word. Sydney winters are cold and these new Winter Warmies will be appreciated!

Many thanks for your thoughtfulness and kindness towards those people who are less fortunate than ourselves. Please let your friends and family know about this Homeless project. The more Care Kits we collect the better it will be for all and you will soon see that Kindness really *is* Catching!

Linda ♥

For more info email kindnessiscatching@gmail.com

www.facebook.com/icaughtkindness www.feelgoodfeb.org

DROP-OFF LOCATIONS

3 MAY - 3 JULY 2016

- **COSMIC SMILE LASER DENTAL**
Suite 212/40 Yeo Street, Neutral Bay
- **KENNARDS SELF STORAGE**
 - > 25-29 Winbourne Road, Brookvale
 - > 866 Bourke Street, Waterloo
 - > 409 Great Western Highway, Wentworthville
 - > 26 Endeavour Road, Caringbah
- **MANLY COMMUNITY CENTRE**
12 Wentworth Street, Manly
- **MONA VALE LIBRARY**
1 Park Street, Mona Vale
- **NEWTOWN NEIGHBOURHOOD CENTRE**
1 Bedford Street, Newtown
- **SEAFORTH MEDICAL CENTRE**
6/470 Sydney Road, Balgowlah

Kennards Self Storage

KINMA DISCO



Kinma Bazaar

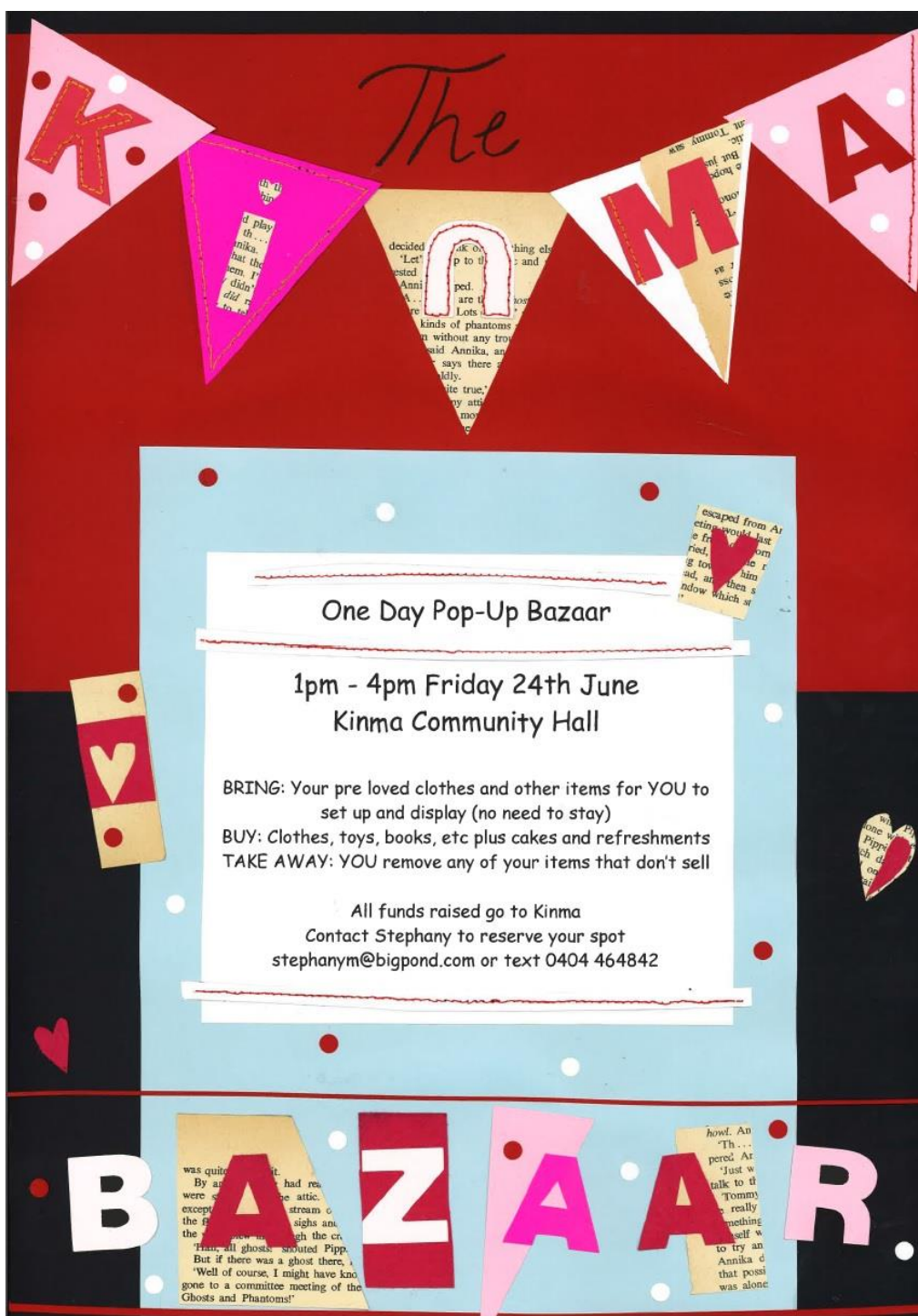
It's just 14 sleeps until the next Kinma Pop Up Bazaar - And We Need You to Bring and Buy!!

Bring your preloved stuff - clothes, toys, artwork, books and household items.

We would also love your homemade cakes and savouries to sell.

Tables can be set up the day before (you just need to remove everything left over on Friday as it's the school Open Day on Sunday).

Book your table now - details on poster below.





Snack attack is a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 2 Snack Attack.

SNACK ATTACK TERM 2, 2016

- June 15: Beck, Gemma, Nic & Kathleen
- June 22: Lesley & Hayley
- June 29: Elisha, Martin & Amy

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly meetings. The group provides a safe & supportive environment to discuss and learn more about ADHD.

DR MATTHEW BOURKE
OPTIMUM HEALTH ESSENTIALS



“Treating & Managing ADHD with Applied Kinesiology & Neuro Emotional Technique”

Whilst there is a broad range of severity and different underlying causes with ADHD, Applied Kinesiology and Neuro Emotional Technique offer a process to navigate this multifactorial condition and identify the underlying causes in an efficient, cost effective and specific way.

Dr Matthew Bourke (D.C.) is a Chiropractor, Applied Kinesiologist and certified Neuro Emotional Technique practitioner. He is the Director and founder of Optimum Health Essentials in Mona Vale and has been in clinical practice for 19 years. Matthew has been a clinical Board Member and presenter with the Mindd foundation since 2008 and has studied Peak Performance and Positive Psychology at Sydney University.

Tuesday, 19th July 2016 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

\$5 CONTRIBUTION ON THE NIGHT

Ticket reservations essential via the website or
<http://www.eventbrite.com.au/org/4222746751>



Facebook: <https://www.facebook.com/BeachesADHDSupport>
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>
Email: nbadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
Entertainment Book available online at: www.entbook.com.au/219d619



ADHD Guide

Your guide to ADHD information, services & resources in the Northern Sydney region.
www.adhdguide.com.au



Venue kindly sponsored by
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