

#### Term Dates:

Term 1: Weds 31 Jan - Fri 13 Apr Term 2: Wed 2 May – Fri 6 July Term 3: Wed 1 Aug – Fri 28 Sep Term 4: Tues 16 Oct – Fri 14 Dec

#### Preschool Alumni Afternoon Tea

Term 1						
Date	Time	What's On				
09/04/18	3.15pm	Preschool Alumni Afternoon Tea				
13/04/17	<ul><li>12pm Lunch – BYO</li><li>12.45 Start in hall</li><li>1.30 Intermission</li><li>2.30 Finish</li></ul>	Poetry Festival				
13/04/17	2.30pm	Afternoon tea and celebration				
Term 2						
02/05/18		First day Term 2				
11/05/18	6.30-8.30pm	Parent Enrichment Forum				
15/05/18	ТВА	Tinkering *Helpers required				
18/05/18	9.30am	Preschool Open Morning				
21/05/18	All week	Preschool photos begin with Kath				
23/05/18	7pm	AGM				
27/05/18		Kinma Care Day				
28/05/18	All week	Primary photos begin with Kath				
12/06/18	6.30-8.30pm	Open Evening				
13/06/18		Bushlink				
16/06/18	3.00 – 6.00pm	Bush Dance *Helpers required				
21/06/18		Tinkering *Helpers required				
06/07/18		Term 2 finishes				
Term 3						
01/08/18		First day Term 3				
28/09/18		Term 3 finishes				
Term 4						
16/10/18		First day Term 4				
14/12/18		Term 4 finishes				

Wishing everyone a safe and happy holiday – we look forward to welcoming you back to Term 2 on Wednesday 2<sup>nd</sup> May, or your first Preschool day back.

## Kinna

## **Education Leader Position**

Are you an educational leader open to a unique opportunity?

Feel inspired every single day in a leading edge progressive educational environment. Let your love of children sing by leading the education team at our bush primary school, right here in Sydney. Kinma is a perfect place for you to make a real difference to the lives of children, educators and families.

The position has been advertised for the last couple of weeks and we have not had a great number of applicants. Can we ask if you have any 'education' connections let us know and we will send you the advertisement and you could pass it around. The more exposure that we can get, the greater possibilities we may have to choose. If you know anyone, please get them to send us an email at <u>admin@kinma.nsw.edu.au</u>.

## Admin



Our new classroom building is complete and will be ready for Group 1 at the start of Term 2.

Thank you for your patience kids and parents for walking the long way round.

#### LOST PROPERTY

Please check our lost property for any belongings today, any leftovers will be washed and taken to the charity bins. If you buy any new clothes for school in the holidays please mark them with your child's name.

#### LAWNS

Thanks to everyone who has offered to help water our grass, we have the whole of the holidays covered.

Carin, Narelle, Julie, Claire



#### **NOTICE OF 2018 ANNUAL GENERAL MEETING**

Notice is hereby given that the Annual General Meeting of the members of Kinma Limited ABN 12 000 964 081 ("the Company") will be held at 127 Coolowie Road, Terrey Hills NSW 2084 on Wednesday 23<sup>rd</sup> May, 2018 at 7pm.

#### **CALL FOR NOMINATIONS**

On behalf of the Company it is my pleasure to invite members to submit nomination forms for three vacant Parent Director positions on the Board of Kinma Limited.

If you would like to nominate please complete the attached form and forward to the office no later than Friday 20<sup>th</sup> April, 2018.

Additional information regarding the responsibilities and duty of a Parent Director can be obtained at the office.

#### **ELECTION SCHEDULE**

- Date set for the 2018 Annual General Meeting 23<sup>rd</sup> May, 2018
- Closing of nominations 20<sup>th</sup> April, 2018
- Formal notice of meeting with list of nominees will be sent to all members on 1<sup>st</sup> May, 2018

#### **INFORMATION FOR MEMEBERS**

All Members are entitled to attend the Annual General Meeting. 'Members' are defined in rule 7 of the Constitution.

By Order of the Board

Julie CarrSECRETARYSydney, Monday 19th March, 2018

### kinna

## **Kinma Board Members**

Jonathan Kelt	Chairperson	0425 225 058
Ginny Neighbour	Deputy Chair	9880 2492
Shaun Luttrell	Treasurer	
Amy Webster	Marketing and Community Liaison	0434 806 014
Lesley Milbourne	Governance	0408 409 043
Steve Dixon	Fundraising	0412 949 441
Tomas Steyer	Kinma Care – Natural and Built Environment	9450 0738
Anne de Silva	Education Committee	9450 0738

## Preschool



Thanks to everyone who came along to the Alumni Afternoon Tea.

It was lovely to have the opportunity to catch up and hear stories of Primary School.

From Felicity, Karthi, Nina, Christine, Lizzie and Kay

## Group 2

What a term it has been! So many adventures in poetry and drama with maths games and so much more along the way. Enjoy our final words for the term...

#### Group 2 Meditation- Nurturing our minds

We have started meditating in Group 2 and we're loving it. At this stage it is guided meditation but as we move through the year and accumulate some good strategies we hope to become more independent in our practice.

Some things Group Two-ers have said so far:

"I sometimes find it hard to focus and this really helped me".

"I was so relaxed, I almost fell asleep".

"Strangely, I felt calmer than I usually feel".

"Can we do this every day?"

#### **Emotions**

We are also looking deeper into ourselves and identifying our emotions whilst noticing what happens to our bodies when we feel different things. Creating common language around these feelings is important when we find ourselves challenged in daily life.

To start things off we wrote poems about different emotions and linked them to our senses. These poems are on display in our classroom, please come in and check them out!

Then, earlier this week we read a book called 'Happy'. This book, simply showed us pictures of evocatively illustrated fish and labelled their emotions. We then created our own fish that embodied emotions that we had felt recently.





Some of our fish...



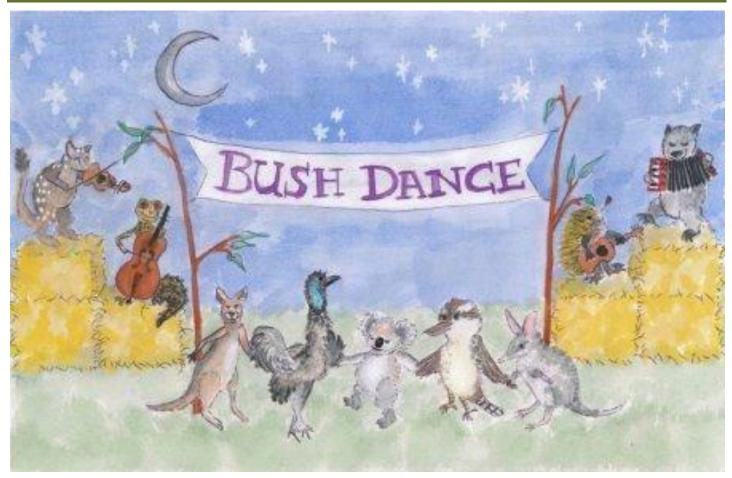
Kinma News Term 1 Week 11 Tel: 9450 0738 Admin | 9486 3018 Preschool | Email <u>claire@kinma.nsw.edu.au</u> Julie: <u>admin@kinma.nsw.edu.au</u>

## Kinna



We hope you have a beautiful holiday and we'll see you back in Term 2 for more learning fun!

Love from Deepika, Tristan and all of Group 2! x



We invite everyone to dress up for Bush Dance on Saturday 16<sup>th</sup> June!



We would also like to invite you to be part of the team to make it happen. No experience required; we can offer fun, meeting new and old parents, and lots of cuppas as we plan and organise.

We need help with decorations, sourcing equipment, helping with games, helping serve food, setting up, selling tickets, being part of the clean-up team.

See these parents if you can help, or reply below:

Stephany Lees:	Preschool (Elodie and Jonah's mum)		
Georgie Hannon:	Group 1 (Darcy and Rafferty's mum)		
Sam Hall	Group 2 (Joe and Eloise's mum)		
Nic Woodcock:	Group 3 (Ivy, Isobel and Astrid's mum)		

## Extras

# UPCOMING PARENTING COURSES

Course	Dates	Time	Location	Investment
How to support your Anxious Child (5-12y) 2 sessions	Monday night, May 14 & 28	7.00 – 8.30pm	BeCentre, Warriewood	\$ 65 p.p. \$ 100 per couple
How to raise and Emotionally Intelligent Child (3-12y) 1 session	Monday night 4 <sup>th</sup> June	7.30 – 8 pm	Kamaroi Rudolph Steiner School, Belrose	Free event
Tuning into Kids (3-12y) 6 sessions	Thursday night June 14,21,28 & August 2,9, 16	7-9pm	Kamaroi Rudolph Steiner School, Belrose	\$ 210 p.p. \$ 360 per couple
Personalised Parenting Program (children & teenagers) 3 sessions	Week days and evenings	flexible	BeCentre, Warriewood	\$ 360
Personalised Anxiety Program (children & teenagers) 5 sessions for parent & child	Weekdays	flexible	Your own home	\$ 795
Tuning into Teens (teenagers) 5 sessions	Tuesdays night, May 22, 29, June 5,12,19	6.30 – 9pm	In partnership with Headspace Brookvale	TBA

### All these courses are facilitated by Godelieve Hofman-Verkuyl



 Godelieve is an accredited and highly experienced Parent and Youth

 Educator with over 15 years experience in assisting families in creating

 respectful, understanding and supportive relationships between parents

 and their children. For more information contact Godelieve at 0425 256

 989 or visit
 www.goodfamilylife.com.au

## Child Restraint do's and don'ts

## It is **ILLEGAL** to have a child under 7



In the front seat unless all middle row seats are taken by younger children, in restraints. Out of a booster unless the child has physically outgrown their booster seat-unusual.

## It is also **ILLEGAL**



To share seatbelts.

To have an unrestrained child in the car.

To carry more children than you have seatbelts

Both the NRMA and RMS strongly recommend you NEVER



Allow a child under 12 in the front. Tuck the seatbelt under the arm or behind the back.



## Call anytime for advice Ph 9997 4602

www.pearceschildrestraints.com.au

## Booster do's and don'ts

## RMS, NRMA and KIDSAFE all recommend boosting your child until they are <u>145cms tall</u> (For most kids, this is 10-12 yrs old) The reason is that cars are built for adult size bodies. Studies show that more than half of the children aged 8-12 killed in car crashes have the seatbelt under their arm or behind their back. This is because they do not fit the car. It is also STRONGLY RECOMMENDED that children under 12 avoid the front seat if there are airbags present.



## Call anytime for advice Ph 9997 4602

www.pearceschildrestraints.com.au