

Kinma

Kinma Newsletter T2 Week 8 Friday 17th June, 2016

Dear families,

Many of our wonderful violinists are playing their fiddles on **Saturday 18th June** at Pittwater's Music Festival.

They will be rehearsing next week at school.

It would be lovely for them if some of us would be there to hear them play at the festival.

If you should find yourself near **Pittwater High at 10.30am on Saturday June 18th**, do join us in the audience.

Juli G



WHAT'S ON

18.06.16	10.30am Violinists performance, Pittwater High 5pm: Kinma Disco – all welcome
23.06.16	Tinkering Day
24.06.16	1-4pm Pop-up Bazaar
26.06.16	10am-2pm: Open Day, 'School on Sunday'
27.06.16	No Primary School, Preschool still on
01.07.16	Term 2 ends
27.07.16	Term 3 starts
23.09.16	Term 3 ends
11.10.16	Term 4 starts
16.12.16	Term 4 ends

The challenge is on !

to collect 60 toothbrushes by Tuesday PLEASE!

Drop off to the admin office



Admin

Fees

A gentle reminder that term 2 fees for preschool and primary are now due. (If you are paying by monthly direct debit this does not include you.)

Please forward payment to the office via telephone or direct debit or dropping in.

Roadways and Car parking

Because the road outside the School is narrow and busy with cars and buses, there is a one way system in force between the hours of 8.30am -9.30am and 2.30pm - 3.30pm. Between these times, please enter through the bottom of Coolowie Road and exit up the hill.

Also, it is vital for the safety of our children that there is NO double parking (ie. stopping in the road and drop off or pick up your child). There is parking on the left hand side of the road before coming to the bend and up towards preschool.

Please don't park in the staff carpark at any time.

Please don't park in the bus zone as buses need to park to pick up children.

Growing a beard

Andy is growing his beard to raise money for some oxygen! Every \$2 donated plants a tree from your sponsorship! Make a tax deductible donation (<https://www.beardson.org/dashboard>) and be a part of something great. More info at www.beardson.org

Kinma Care Day

If you were unable to attend the recent working bee can you please let Claire and I know if you want to do any extra jobs, before we do the invoices for maintenance please.

Carin, Claire, and Julie

Kinma Board

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Treasurer 2016/17

We welcome Shaun Luttrell onto the Kinma Board for the 2016/2017 year !

The Board agreed that we would like to enlist the support of someone with specialist finance skills to enhance our existing array of expertise.

Shaun and Robyn's daughter Essie attended Kinma a few years ago and they have an intimate understanding of the educational side of the School.

Shaun spent over 20 years as the accountant at NIDA, so comes with great expertise to support the finance and similar workings of the School.

Kinma Board

Education Co-ordinator

Dear Kinma community,

Many of the highlights of the Friendship Day held annually at Kinma are what we may call the Imbetween moments: those special times among children when friendship blossoms in unexpected ways and each child takes steps in their learning. Over the coming weeks you will hear these seep into conversations at home, we will gather them through formal reflections and also listen to the stories as they come into our space.

Our greatest privilege as teachers, is watching some of those little moments as the seeds are laid. These priceless moments are what a gardener sees when that first tiny hint of a seed sprouts, what an artist may feel as a concept or design fuses in mind or body. Today we watched children approach people they did not know and sense the discomfort of silence and wait and move through it; we watched this on a basketball court, making friendship bands, bushwalking, chatting, sharing food and perhaps most boldly and strikingly, from those who tried ad lib interviewing on stage in front of 11 visiting school communities.

How many of you have I spoken to over the years who have sung of one of the greatest joys you have at Kinma being the witnessing of your children find their voice, not only the physical sound it makes but the power to speak what they feel; to be who they are and at some point to do so before others. Firstly, in a safe space where they have built trust, possibly with one friend, one teacher, one class and ever so gradually they spread their wings to newer shores. Many of you have shared over the years that you yourselves do not have some of these skills, how thrilled you are to see your children have the opportunity to live into them at Kinma.

Today was a day when we were gifted many such Imbetween moments. I have watched so many years of these moments and never do I cease to be amazed at the magic being woven. When visiting families, staff and principals comment on our pre highs, all four of them and pinpoint facets of each throughout the day, it is affirming of the spreading wings stage. They point to their confidence, their comfort in being in their shoes, in laughing with abandon at school, in speaking openly with their teachers, of questioning that about which they are unsure, of supporting younger children, even of taking steps to fix that which they see as challenges. We share this with you our families so you too can share in the joy.





Group Two News

"I like solving problems," said Fiona.

"Solving problems eh?" said Mr Brainfright, stroking his chin thoughtfully. "Here's a REAL problem for you! A man has a goat, a wolf and a head of cabbage. He comes to a river but there is one small boat he can use to get across. The boat can only hold only one of the three things he has. If he takes over the wolf first, then the goat will eat the cabbage. If he takes over the cabbage, the wolf will eat the goat. How does he solve the problem?"

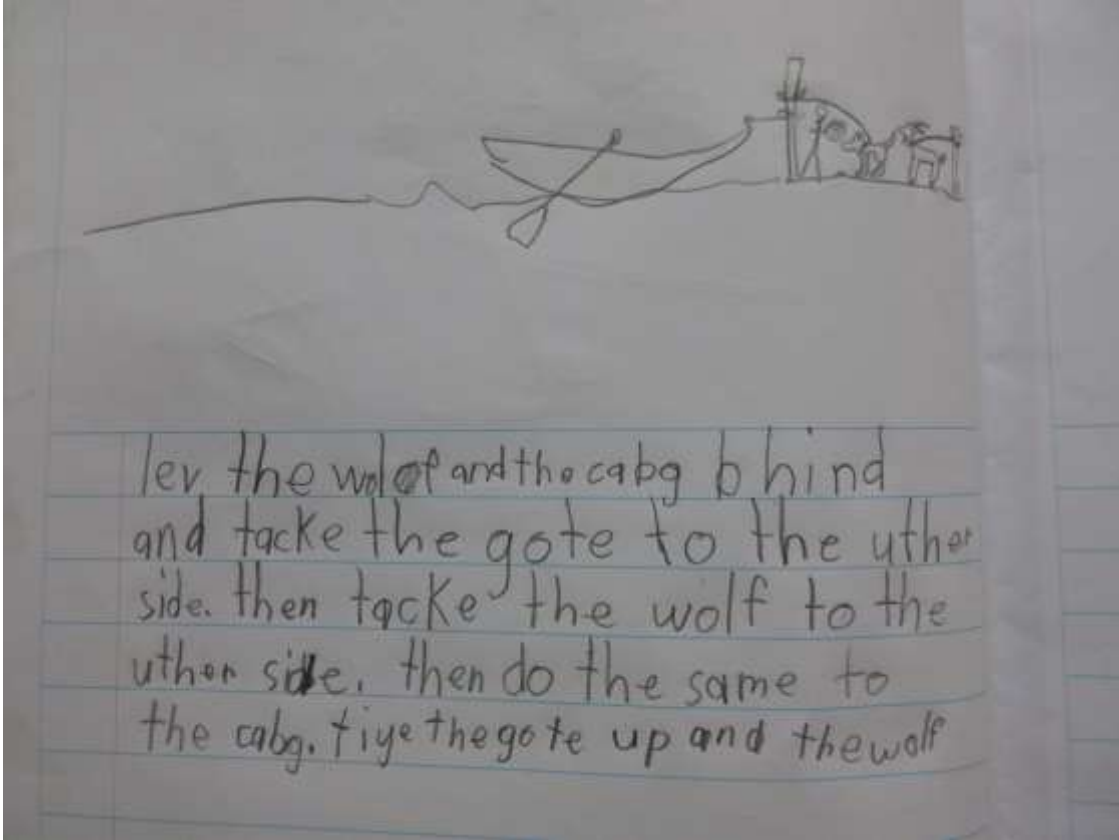
*(Excerpt from *Schooling Around #1 Treasure Fever!* (pages 26 & 27) by Andy Griffiths)

Replace the name 'Fiona' in the excerpt above with 'Group 2' and the name 'Mr Brainfright' with 'Aimelyn, Tristan and Kimberley' and you have a snapshot of a session of Maths Problem Solving in Group 2! Group 2 was presented with this exact brain teasing problem on Tuesday. The children were free to record their solutions to this perplexing puzzle as they wished.

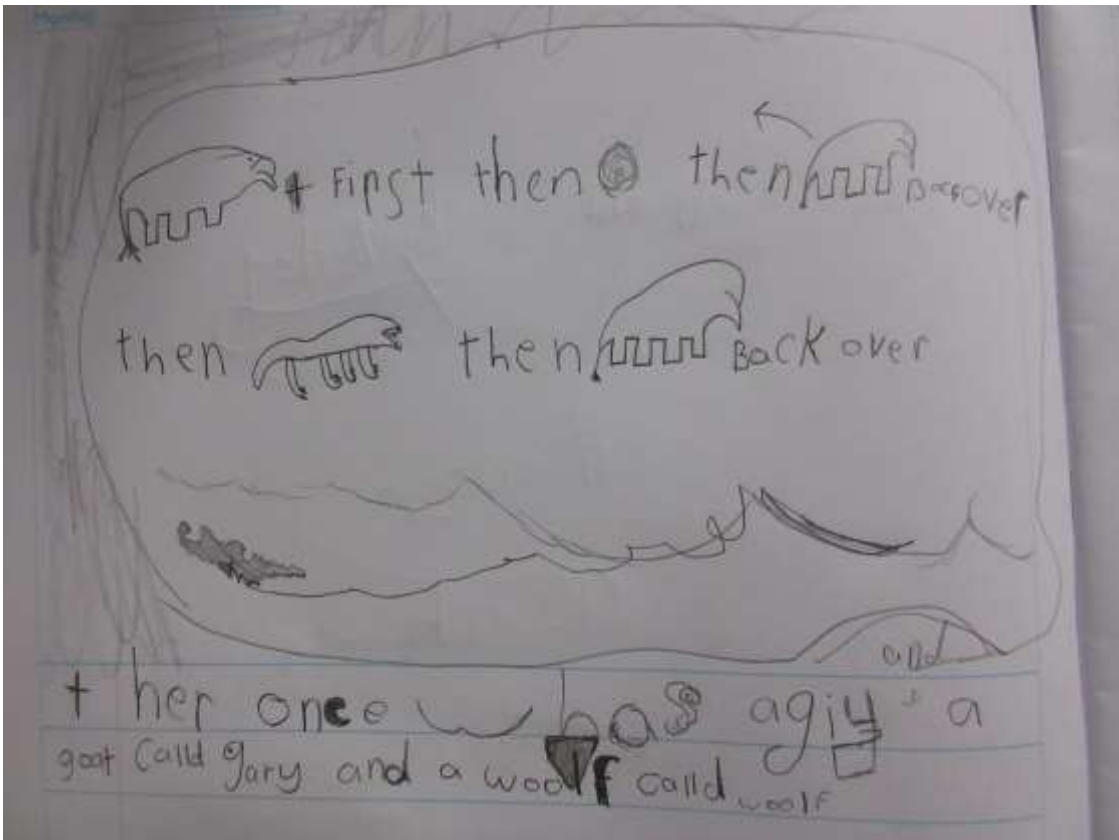
Kate and Isobel chose to record part of their solution through drawing. In their drawing the man is thinking through the combinations of things he can leave together.



Aidan chose to record his solution through both drawing and writing.



Hunter chose to record his solution through symbols and text. He also developed his solution into a narrative.



Some used objects, found around our classroom, to represent each character and model the problem. Fifi and Nate used coloured unifix blocks and Reuben and Toby chose to use plasticine.

Group 2 were not short on creative solutions to this man's problem some included 'tying the animals to a tree' (Ali and Mika), 'building a bridge to cross the river' (Ellie), 'digging a hole for the wolf' (Fitch) and 'throwing the cabbage across to the other side' (Turiee).

The teachers also requested that the children observe their minds at work and were intrigued to know, "What kind of questions or feelings came up when you got stuck in the process? In our discussion these thoughts came up:

- "I don't know where to start?"
- "I don't really understand it? It's confusing."
- "There's too many steps?!"
- "I don't know how to organise my thoughts?"
- "Rethink the problem or start again but don't give up!"

Group 2 should be commended for their enthusiasm and resilience in trying to solve this brainteaser! You too can try to solve this problem and then share what you came up with someone in Group 2. We'll be immersed in more problem solving sessions this term so be prepared for your mind to be boggled!

* Excerpt courtesy of Heath, who recalled he had read this problem in the book *Treasure Fever!* which coincidentally we were able to locate in our Group's book collection at the end of our Problem Solving Session.

Transition in Group 1

Here are a few snapshots from our recent transition visits. It has been wonderful to welcome the children into our space and Group. The current Group 1 children have been leading 'pods' in order to get to know the children as well as model how our sessions work.

This week the transition visit included Morning Tea time with us. That meant finding a hook for lunchboxes after eating and listening out for "Iiiiiiiiin tiiiiiiiime foooooo everyyyyyone!"



Max burrowed in the magnet box and made his name 27 times!



Aleena settled down for a story from the 'Big Bear' chair.



Maya and India-Rose made plasticine letters on the back deck with a huge bunch of Group one-rs!

Looking forward to the next visit already!

Love Grace ☺

Friendship Seed Day – Group 3

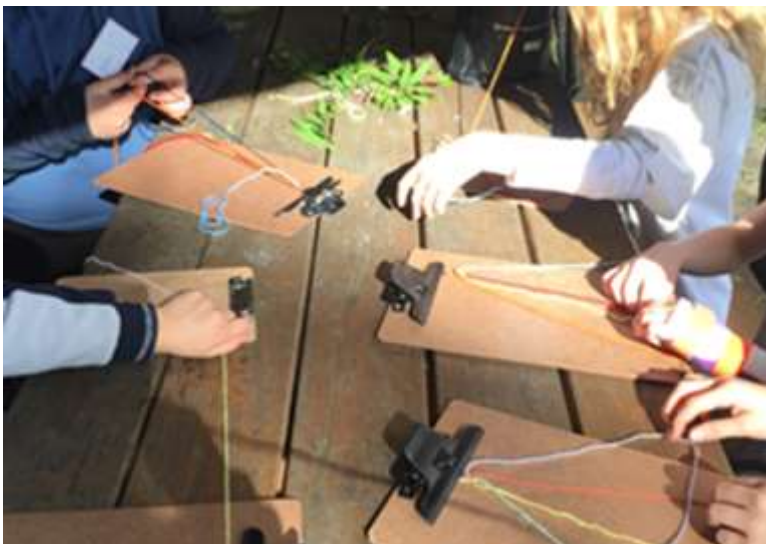
We had 40 children and 10 schools attend Friendship Seed Day this year. There were a few nervous faces in the morning but by the afternoon the feeling of friendship was growing throughout the school. These tentative seeds flourished into rainbow coloured friendship bands!

At the beginning of the day when asked what friendship means, Mia said, “It is about making connections.” This is exactly what we saw, heard and felt today.

Some of the children in Group 3 made lovely connections with children from other schools. A few even swapped email addresses in order to extend these newfound friendships outside of school.

Group 3 were confident and warm hosts. The pre highs welcomed the other school with greeting from languages around the globe. The visiting schools were excited to take part in answering questions created by the Group 3 children. We then headed out for a bushwalk followed by making friendship bands in the sunshine– a great time was had by all!

There were lots of hungry mouths to feed. We would like to send out a big thank you to Nic, Kathleen, Gemma and Sally for the delicious, plentiful food and all their help in the kitchen.



PRESCHOOL NEWS

TRANSITION TO KINMA PRIMARY SCHOOL

The transition programme is in full swing for children who will be going to Kinma Primary in Term 3. For the last few weeks, Andy or Grace arrive at Preschool around 11.15am on Tuesdays and Thursday to accompany the group to the Group 1 classroom. Christine or Kay have gone along too. The aim of the programme is to familiarise the children with the Primary and Group 1 environment, people and routines. This works towards a smooth start to Primary next term.

Here is information about the transition from the perspective of the Group 1 and Grace and Preschool and Kay



First of all we gather at the gate wearing shoes and hat. Then Andy or Grace talk about what we are going to do on this visit.



Andy reminded us to wait at the waiting tree



Then we mosey, saunter and meander down to Primary together



Zoe – We got a journal and can do one page a day. I did a rainbow.

Josh – I drew on the mat

Mia – I liked playing a game with Amelie when we were twin sisters

Max – I liked the singing part – ground control to Major Tom

India – Rose – I liked seeing Harry and Tamzin

Aleena – We read a book with Willow and Aisha. I guessed what the words said and the first one said mat

Diesel – I liked building the blocks and playing the games there

We have explored and learned about the outside environment including:



.....the lower playground



..... the triangle area where we can play with sticks



.....where we can go at morning tea and lunch

We also found out about the library.....



.....and the kitchen where we can get ourselves a drink of water



Then we arrived at the Group 1 classroom and joined the Group Oners in all sorts of activities and experiences





.....we explored the loft areas



.....and had fun joining in group time

We also took our lunchboxes and had both morning tea and lunch at the Primary School

HOLIDAY MEET UP

Families will be gathering for a social meet up during the holidays.

Wednesday 20th July at 10am

Flying Fox Park, Winnererremy Bay, Mona Vale

Contact Amy (mother of Ella and Josh) for more information

DATES

23rd June – Tinkering – Preschool will be having a tinkering pod for the first session in the morning and one in the afternoon.

26th June – School on Sunday Preschool will be open so come along and you are welcome to bring friends and family.

30th June – Leavers Celebration 2.30pm – saying goodbye to the children who will be going to Kinma Group 1 in Term 3

1st July – Last day of Term 2

27th July – First day of Term 3

Calling for your donations for Winter Care Kits

Kinma is putting together some of these kits and we would love your donations. Also seeking knitted scarves and beanies - all to help make life a little more comfortable for some homeless people this winter.

A collections box is in the office for any of these items you can give.

Kindness is catching®

WINTER CARE KITS

Kindness Packs for Homeless People

Kindness is Catching is organising an initiative to help make this winter a little more comfortable for some homeless people. We are seeking your donation for items to give to Sydney City's people who are sleeping rough.

When you are at the supermarket, please consider buying the following items for a Winter Care Kit and pop them in a large zip lock bag.

▪ Facewasher	▪ Refillable water bottle
▪ Comb	▪ Travel sized shampoo & conditioner
▪ Pair of socks	▪ Small box of band aids
▪ Travel sized hand disinfectant	▪ A small packet of tissues

Kindness is Catching is also seeking donations of scarves and beanies. If you are a knitter or know anyone who loves to knit, please spread the word. Sydney winters are cold and these new Winter Warmies will be appreciated!

Many thanks for your thoughtfulness and kindness towards those people who are less fortunate than ourselves. Please let your friends and family know about this Homeless project. The more Care Kits we collect the better it will be for all and you will soon see that Kindness really *is* Catching!

Linda ♥

For more info email kindnessiscatching@gmail.com

www.facebook.com/icaughtkindness www.feelgoodfeb.org

DROP-OFF LOCATIONS

3 MAY - 3 JULY 2016

- **COSMIC SMILE LASER DENTAL**
Suite 212/40 Yeo Street, Neutral Bay
- **KENNARDS SELF STORAGE**
 - > 25-29 Winbourne Road, Brookvale
 - > 866 Bourke Street, Waterloo
 - > 409 Great Western Highway, Wentworthville
 - > 26 Endeavour Road, Caringbah
- **MANLY COMMUNITY CENTRE**
12 Wentworth Street, Manly
- **MONA VALE LIBRARY**
1 Park Street, Mona Vale
- **NEWTOWN NEIGHBOURHOOD CENTRE**
1 Bedford Street, Newtown
- **SEAFORTH MEDICAL CENTRE**
6/470 Sydney Road, Balgowlah

Kinma Bazaar

It's just 14 sleeps until the next Kinma Pop Up Bazaar - And We Need You to Bring and Buy!!

Bring your preloved stuff - clothes, toys, artwork, books and household items. We would also love your homemade cakes and savouries to sell.

Tables can be set up the day before (you just need to remove everything left over on Friday as it's the school Open Day on Sunday).

Book your table now - details on poster below.





Snack attack is a flat \$5 regardless of what bits your child is having, and we are no longer serving juice. Parents making Snack Attack - please put out water for the kids to drink.

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 64 children in the Primary and 28 in Preschool, approx. 10 adults on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 2 Snack Attack.

SNACK ATTACK TERM 2, 2016

- June 15: Beck, Gemma, Nic & Kathleen
- June 22: Lesley & Hayley
- June 29: Elisha, Martin & Amy

Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.

All expenses for ingredients are reimbursable.

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,
Hayley Lewis (Turiee's mum)

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD via monthly meetings. The group provides a safe & supportive environment to discuss and learn more about ADHD.

DR MATTHEW BOURKE
OPTIMUM HEALTH ESSENTIALS



“Treating & Managing ADHD with Applied Kinesiology & Neuro Emotional Technique”

Whilst there is a broad range of severity and different underlying causes with ADHD, Applied Kinesiology and Neuro Emotional Technique offer a process to navigate this multifactorial condition and identify the underlying causes in an efficient, cost effective and specific way.

Dr Matthew Bourke (D.C.) is a Chiropractor, Applied Kinesiologist and certified Neuro Emotional Technique practitioner. He is the Director and founder of Optimum Health Essentials in Mona Vale and has been in clinical practice for 19 years. Matthew has been a clinical Board Member and presenter with the Mindd foundation since 2008 and has studied Peak Performance and Positive Psychology at Sydney University.

Tuesday, 19th July 2016 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

\$5 CONTRIBUTION ON THE NIGHT

Ticket reservations essential via the website or
<http://www.eventbrite.com.au/org/4222746751>



Facebook: <https://www.facebook.com/BeachesADHDSupport>
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>
Email: nbadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
Entertainment Book available online at: www.entbook.com.au/219d619



Your guide to ADHD information, services & resources in the Northern Sydney region.
www.adhdguide.com.au



Venue kindly sponsored by
Pittwater RSL Club