

# Kinma

Kinma Newsletter T1 Week 5, Friday 6<sup>th</sup> March, 2015



## WHAT'S ON

10.03.15	Preschool Alumni Afternoon Tea
12.03.15	Group 3 excursion to Reverse Garbage
18-20.03.15	Primary Camp – Yurt Farm
25.03.15	TINKERING & Harmony Day
26.03.15	9:30am - School Tour
31.03.15	Last Swimming Lessons
02.04.15	Last day Term 1 – Poetry Festival, all families encouraged to join
22.04.15	First day Term 2
26.06.15	Last day Term 2
22.07.15	First day Term 3
18.09.15	Last day Term 3
07.10.15	First day Term 4
16.12.15	Last day Term 4

Could we say

all roads lead to Kinma .....

Our new primary path is certainly very inviting.



# Kinma Board

**Pam Webster**, Chairperson

T: 9451 9669

E: [pamwebs@gmail.com](mailto:pamwebs@gmail.com)

**Nick Georges**, Deputy Chair

T: 0412 106 633

E: [nick.georges@gmail.com](mailto:nick.georges@gmail.com)

**Ginny Neighbour**,

Governance (Community Rep.)

T: 9880 2492

E: [ginny.neighbour@gmail.com](mailto:ginny.neighbour@gmail.com)

**Lisa Graaug**, Fundraising

T: 0409 924 630

E: [lisa@yogainstitute.com.au](mailto:lisa@yogainstitute.com.au)

**Bea Pierce**, Marketing

T: 0405 346 018

E: [ninianlif@gmail.com](mailto:ninianlif@gmail.com)

**Stephen Cole**, Treasurer

T: 0432 032 343

E: [stephen.cole1910@gmail.com](mailto:stephen.cole1910@gmail.com)

**Jonathan Kelt**,

Education Committee

T: 0425 225 174

E: [jonathankelt@mac.com](mailto:jonathankelt@mac.com)

**Dylan Forbes**,

Environment & Maintenance

T: 0404 812 854

E: [dylan.forbes@yahoo.com.au](mailto:dylan.forbes@yahoo.com.au)

## Successful Kinma Care Day! Thank you and great work to all who attended!

Hi All

The saying that "small numbers can move mountains" is true! (Actually, is that really a saying? Well, it's true anyway!)

Preschool was humming on Saturday afternoon -- a huge amount achieved in a short space of time... It's like a different place!

Primary was nothing short of miraculous -- thanks to the dedicated teams of parents who came and worked on the big ticket items -- the cleaning of the reed bed (another save of \$2,000!), the whipper-snip tidy up of the year! ...And the entrance path... And oh, that path! Just wait and see when you arrive tomorrow. This has been a project months in the making, not finished yet, but well on the way.

We made such a huge start on the path on Saturday afternoon, but I have to say, I was more than a little worried when I met with a small group of dedicated parents who came back this morning to finish the hard work they had started the day before (they were amazing!). We all need to thank them for coming back today to make the path safe before our children return in the morning. Not just safe, but fabulous!

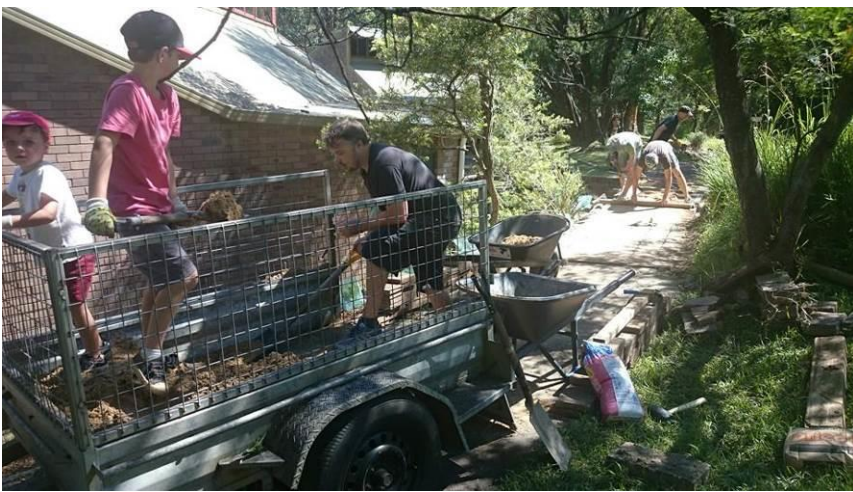
Thank you all again for an amazing Kinma Care Day!

Fortunately, for those who were not able to attend, there are still LOADS of thing to do! Please contact Julie or Claire at the office to pick up a task so that you can still be included on the list of attendees (i.e. not pay the maintenance levy).

Best wishes,  
Dylan Forbes  
E&M Coordinator

See the photos below of the wonderful path transformation!

There will be another "Mini Working Bee" to complete the path.  
on the 14<sup>th</sup> March, from 1pm!! See you all there 😊



# Administration

We are just over half way through term 1 and what has unfolded:

- Laughter
- Swimming
- Games
- Learning new songs
- Making poetry
- Working out who to catch out in the Zombie game
- Violin
- Some very magical tricks
- Maths that some children did not want to stop
- Fruit salad Fridays
- Breakfast in group 1 - pancakes and kebabs
- The filling of all the spaces in preschool
- Some sad times
- Pre highs heading off to buy hot chips !!
- Lots of graphing and mapping
- Drawing my name
- Learning till my brain hurts
- Wonderful new friendships within the community
- Great snack attack
- Visiting the office and playing with the train set
- Sorting out some friendship issues
- Getting frustrated that it is in time
- Enjoying the games in French at preschool
- Losing my shoes
- Misplacing my hat
- Connections to the land
- Physics in group 1 !
- Parent meetings
- Other meetings

The preschool and primary is feeling vibrant and alive and this is thanks to the children , families and out wonderful staff and the extra magic !

The less magical but essential :

- Fees please
- One way parking and driving between 8.30 and 3.30pm
- Arrive at 9am in primary
- Arrive at 3pm for collection in both Preschool and Primary
- Label the students clothes, hats, shoes

Claire, Carin and Julie

# Preschool

## WELCOME

..... to Chris, in the audience at the magic show



..... to Yasmin, who helped to get more cups and water



.....to Matisse who comes to Preschool with her sister, Anouk

.....to Bronson, who enjoyed the diggers in the sandpit

## EXPECTATIONS OF KINMA

On the enrolment form, there is a section headed "Expectations of Kinma" It is important for us teachers to be aware of parental expectations and interesting to recognise the common expectations and values in the responses.

Here are some examples from our recent new families:

For it to foster imagination, creativity and individuality, give her a sense of community and belonging, to help her learn new skills and ideas and have a positive experience of school.

To provide a safe, nurturing and stimulating environment where he will be able to form mutually respectful friendships with children and carers/teachers

To nurture, encourage and challenge. To develop his joy of learning and belief in himself.

At Preschool level, we hope our daughters will be allowed plenty of opportunities for uninterrupted, self directed play/learning on a daily basis. So, a place that genuinely respects child – led learning, with experienced, knowledgeable staff who are willing and able to make this possible.

We would like Kinma to be a place where our son enjoys to go to filled with enthusiasm and passion for learning, exploring and creativity. A community where he feels respected, supported and his contribution is acknowledged.

To be in an environment that is stimulating and allows free and self regulated activity

I would love for my child to be in a nurturing environment where she can express her individuality while integrating a lifetime love for learning

## RENOVATION

We have been so fortunate to benefit from Kinma families who have offered their time, skills and creativity to renovate some of our furniture and resources.

The Follows family took on the renovation of the dolls house, which has been returned to Preschool refreshed and transformed. Christine was concerned about completely losing the “original” wallpaper. This was circumvented by making pictures with wallpaper that was saved from the renovation.

Before

After



The Steyer family took home a couple of tables and brought them back bright shiny red.



The Mosco family painted some of our small wooden chairs.



Tiano noticed the stool he was sitting on had a broken spindle. Amelie, Josh, Amos and Aisha took the stool away. They decided that the chair was unsafe and needed a sign. They couldn't decide if it was a stool or a chair so we made a sign, DO NOT SIT ON THIS STOOL/CHAIR. Josh said “We have to put a line across to show we can't do it”



The Woodcock family took away a very sad specimen of a cupboard and returned with this. Beautiful and useful.

**Thank you so much. We do have a few more renovation projects, small and large. Please talk to us if you can offer help.**

**CHICKEN NEWS**



Well, Blueberry is now settled in his new home (he turned out to be a rooster) and we have a hen in his place. The children made suggestions of names for the new chicken and the name that was drawn out of the hat was..... Raspberry. Unfortunately Raspberry is not very well at the moment. We had a Preschool meeting to discuss what to do. The children recognised that Raspberry was sick and said she might die. There was a suggestion to take her to the vet. Amoree suggested that we could eat her for Snack Attack next week. We have gone with the first suggestion.



Coco



Ewan

Most days we are privileged to see the joy and pleasure on the faces of the children as they discover an egg in the coop. One day we quietly and discreetly sat and watched Ice Cube lay an egg. Nothing short of amazing.

**STORY GROUP**

It all started when Levi said he would like to listen to a story – a dinosaur story. We found a new dinosaur book that Pat had brought to Preschool which was about dinosaurs. Rafferty and Marlon joined us. All was calm and quiet for a while.....



As the story progressed, the group swelled. “Start again” said Piper. The story was about dinosaur names and how to say them. The children thought it was hilarious that there was a dinosaur called an A- PAT – OWE – SAW – RUS. We started to count how many syllables were in the names and we named each other – Leviosaurus, Piperadon etc. Amos named Kay “a teacherosaurus”. We also talked about herbivores and carnivores. And when aPATosaurus came to take a photo, we all became tyrannosaurus rex

## ALUMNAE AFTERNOON TEA

In a couple of weeks we will be having an afternoon tea to which we invite all the children who left Preschool in 2014. Preschool children decorated and wrote on the invitations, folded them and put them into envelopes. The KINMA stamp has been used liberally, so anyone receiving one of these letters would be in no doubt of its provenance! Postage stamps were stuck on where needed. A special delivery was made to Kinma Group 1. Other invitations were given by hand to siblings or popped in the post.



## PAIRS



Coco and Kalila grapple with riding a hobby horse, a hobby unicorn as well as a broom each.

Adam noticed there were four of the same shoes on the shoe rack.

“How many pairs of shoes are there?” asked Kay

“Shoes for two people” said Adam and then, after a pause, “or one dog”

**From Nina, Pat, Felicity, Rosie, Christine and Kay**



# Group 2

Hi all! Here is an update from the world of Group 2.

While on our excursion to the museum our guide Jane told us about the different kinds of rocks and some of the ways that rocks and landscapes can be changed over time. We spoke about the power of forces of nature on seemingly unmovable features of the land. This week we put our theories to the test by creating models of natural landscapes and mimicking forces of nature to see how the landscape can be changed.

**“I wonder why it's Mother Nature... I think it should be father nature.”**

**“Maybe it's because girls are more gentle... But actually I can be really rough...”**

**“Nature can be really rough.”**

... Some musings on “Mother Nature” from a pair of Group 2 Wonderers, after unleashing a flood followed closely by a sandstorm upon their landscape...

Mid-way through the experience we were treated to a genuine downpour from above and thus we were able to see the effects of forces of nature in action as the gutters burst forth with a waterfall and subsequent mini-flood in the bottom playground. We recorded our discoveries in our "I wonder why...?" books in before and after diagrams and also discussed why scientists use models to help them understand natural phenomena. Here we are creating our model landscapes:



We have also enjoyed having Sasha (Tanika's mum) join us in Group 2 to make crystals. If you're interested in knowing how to try this at home, here is an explanation from Tiahna:

"We boiled some water and put a whole packet of sugar into the pot until the sugar dissolved. We poured this into a jar that had a skewer in it. There was string tied to the top of the skewer and it fell down into the jar. We added a dye. It could be blue, yellow or red and I chose blue. Now we are waiting for the crystal to grow up the string. At the moment I can see the crystal sitting at the bottom of the jar."

We have been exploring patterns in Maths, number patterns, symbol patterns, patterns that make our brains work really hard! We have included some of Caitlin's to get you thinking

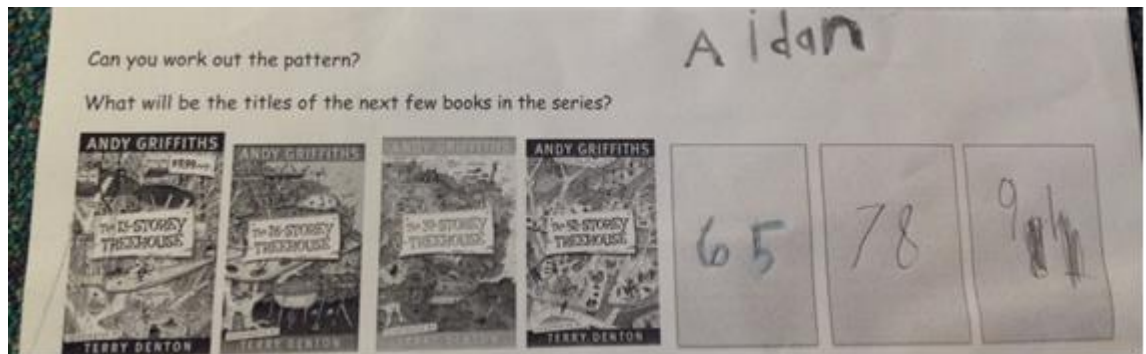
10, 30, 50, 80, 100, 120, 150, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

10, 20, 30, 31, 41, 51, 61, 62, 72, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Andy Griffiths and Terry Denton are a popular writing and illustrating duo among the Group 2 crowd. We put our patterning skills to the test to work out what will be the next few titles in the "Treehouse" series of books.

Here is

Aidan's work:



We have also been calculating the cost of our excursion to the museum. We worked out the total cost for Group 2's entry. We also worked out how much for admission only and how much for our hands-on rock experience. We used a variety of strategies and discussed how we could be more efficient with our calculations.



Group 2 has been busy creating a cave in the classroom on a suggestion made by Jayden, "My inspiration came from crystal caves and I thought it would look cool if it was really dark." Curtains have been hung, crystals have been sewn, imaginations are taking flight. Here are Will, Ellie and Fifi sewing some "crystals" onto the wall of our cave.

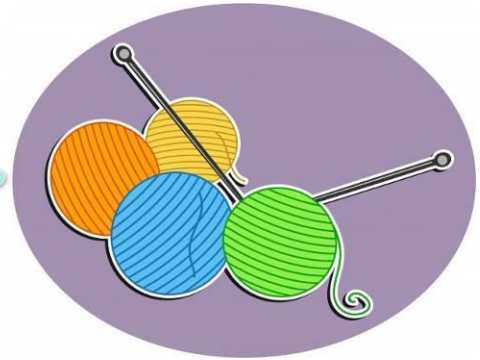
Please remember to send an extra piece of fruit with your child for "Fruit Salad Friday". Over the last few weeks children have had opportunities to try new delicacies, for example, sugar plums, pink grapefruit, pomegranate and coconut water.

Yoga started last Friday and will continue until the end of term. Here are some of Group 2 playing a game and learning about focus, teamwork and breathing.



Parent/teacher meetings are still running. Please book yourself in if you have not yet done so. The sign-up sheet is on the cork board at the entrance to Group 2 (door closest to kitchen).

☺ B, M & G2



Do you have a sewing or yarn project?

Don't know where to start?

From beginner to advanced, we can help!

Rachel P and Renee B are running  
a sewing/crochet/knitting class  
on Saturday 14<sup>th</sup> March from 10-2.

Cost: \$50 for the day. All funds go to Kinma  
fundraising!

Please bring your own materials and a plate of  
nibbles to share for lunch.

Please RSVP and pay in advance to:  
Rachel on 0418 479 209 or Renee 0403 895 058  
so we can discuss your project.



### Snack Attack:

Main Course	\$3.00
Dessert	\$1.50
Drink	50¢ (usually juice)

Snack Attack has been a part of Kinma for a very long time...and how wonderful for the children to have their parents come in and fill the air with a good home-cooked meal. There have been some amazing foods and traditional goodies that parents have become loved and famous for.

There are 68 children in the Primary and 19 in Preschool on Wednesdays.

We have 17 gluten-free, 10 dairy-free children, and 3 vegetarians. If your child is any or all of these 3, please let me know.

Usually we have 2-3 parents that come in on a Wednesday and one makes the Main and the other Dessert and drinks ...or you do it all together on the day. It is a great way to meet and get to know the parents of Kinma and spend the day with the children.

Like everything at Kinma it is a very relaxed easy day. There are not many rules, all we ask is for it not to be too junky and offer vegetarian, dairy-free and gluten-free options.

The kids really enjoy Snack attack, and it's great when we can make Snack Attack happen every week. Below are the dates for Term 1 Snack Attack.

### SNACK ATTACK TERM 4

Feb 4	Lisa, Holly
Feb 11	Isobel, Karen, Trudy & Claire
Feb 18	Liz, Nic, Sam F
Feb 25	Trudy, Helena & Karen
Mar 4	Gemma & Rachel
Mar 11	Karen, Isobel & Trudy
Mar 18	YURT FARM- NO SA
Mar 25	Preschool
Apr 1	Katerina, Renee B, Michelle D & Gloria

*Some examples of successful meals have included Chicken wings/ drumsticks and salad, tacos, nachos, pasta dishes, pizza, sushi, quiche, fruit and yoghurt, baked apples with cream/yoghurt, natural ice blocks... and much more.*

*All expenses for ingredients are reimbursable.*

If you have any questions or want to contribute please email me at hayleyjl@tpg.com.au or call 0435 145 486.

Thanks,  
Hayley Lewis (Turiee's mum)



FORESTVILLE MONTESSORI SCHOOL

# Secondary Campus OPEN DAY



**SATURDAY 7th MARCH 2015**

**10am - 2pm**

3 Myoora Road, Terrey Hills 2084

*Forestville Montessori provides an environment that develops self-confidence, independence, concentration and a love of learning.*

**[www.forestvillemontessori.nsw.edu.au](http://www.forestvillemontessori.nsw.edu.au)**

Phone: 9452 2044

## 30 DAYS UNLIMITED FREE PILATES CLASSES!

From March 7th - April 6th enjoy your first group Mat or Booty Barre® Class FREE!

Sign up for any of our Auto Pay Packs afterwards and get your next 30 days of classes absolutely FREE\*!

Call 0431 250 897 for more information

\*Valid from March 7th - April 6th, for NEW Clients Only



**Belrose Studio**

Suite 8A, 25 Ralston Ave, Belrose

M: 0431 250 897 | E: belrose@villagepilates.com.au

[www.villagepilates.com.au](http://www.villagepilates.com.au)



# Go4Fun family fun day



Free activities for primary school aged children.

Come and try the Go4Fun program at this FREE Family Fun Day which includes a range of sports and fun activities for kids.

Find about this free program which helps children and families develop healthy eating habits, build self-confidence and become more active. Meet other families and have an exciting and enjoyable family fun day!



## Details

**When:** Sunday 8 March from 9.00am – 11.00am  
**Where:** Ruddock Park  
 Coral Heath Avenue, Westleigh  
**Cost:** Free  
**Bookings:** Bookings Essential  
 Book online at [trybooking.com/GMRR](http://trybooking.com/GMRR)

### What to bring:

- Drinks, hats and sun protection
- Chairs or picnic blankets
- Suitable sports footwear
- A healthy snack for your child

**Children must be supervised by an adult for the duration of the session.**

This event will be cancelled if raining – please check Councils facebook page and website.



## Northern Beaches



## Support Group

*A problem shared is a problem halved*

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD via regular meetings. The group is run aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

**Speaker Evening: DR RANDY BECK**  
**Institute of Functional Neuroscience**  
**"Learning and Attention: The Plot Thickens"**

This presentation will cover the latest research and what it tells us about attention and lack of attention and how this impacts how we learn. New treatment options and some case studies will also be presented. All in all a presentation you will not want to miss.

Dr Randy Beck is a Chiropractor/Neuroscientist and Director of the Institute of Functional Neuroscience. Dr Beck is currently an Associate Professor in Clinical Neurology at the Carrick Institute for Graduate Studies in Florida, USA. He was previously Senior Lecturer in Neurology and Clinical Diagnosis at Murdoch University in Perth from 2006 to 2014. Dr. Beck is the past President of the Australasian Academy of Functional Neurology and has served as a director since 2006.

Dr Beck is currently working on two international collaborative projects with The Department of Psychiatric Medicine, Harvard Medical School, USA and the Department of Psychiatry and Clinical Neuroscience University of Western Australia School of Medicine, Perth.

**Monday 9<sup>th</sup> March 2015 @ 7.00-9.00pm**  
**The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale**

Ticket reservations essential via  
<http://www.eventbrite.com.au/org/4222746751>

Register on 



Facebook: <https://www.facebook.com/BeachesADHDSupport>  
 Facebook Forum: <https://www.facebook.com/groups/BeachesADHDSupportGroup/>  
 Email: [nbadhdsupportgroup@hotmail.com](mailto:nbadhdsupportgroup@hotmail.com)  
 Website: [www.northernbeachesadhdsupportgroup.com.au](http://www.northernbeachesadhdsupportgroup.com.au)



Venue kindly sponsored by Pittwater RSL Club